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SWIM

CANADA

OCTOBER 1984

Dave Churchill, University of Toronto SC

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CALENDAR

October
25-28 CSCA/CASA Coaches Conference Banff, Alberta
27-28 McMaster Coca Cola Inv. Hamilton
November
2-4 Pickering Invitational
Dartmouth Invitational
9-11 Fredericton Invitational
Goldfin Invitational, Saskatoon
Keyano Senior, Edmonton
16-18 Ontario Cup 1, Sudbury
Brantford Invitational
CAMO Age Group, Montreal
23-25 Nigel Kemp Invitational, Halifax
Kilarney Invitational, Calgary
December
30-2 Canada Cup 1, Etobicoke
6-9 NYAC Youth Cup,Etobicoke
7-9 DDO Age Group, Dollard
January
3-6 USS Invitational,Univ.Ark.
11-13 Esso Youth Championships New Westminster, BC
18-20 Codiac Viking Inv. Moncton
Alberta Senior Champs, Calgary
Quebec Cup 1, Pointe Claire
25-27 Pickering Invitational
27 Dalhousie Classic, Halifax
February
2-5 WINTER NATIONALS, Calgary
Junior Nationals, Brantford
22-24 East Coast Champs, Saint John
Ontario A Champs, Nepean
Ontario AA Champs, Toronto
Ontario AAA Champs, Brantford
Alberta AG Champs. Edmonton
March
1-3 Quebec AG Champs. Montreal
28-2 CIAU Championships, Brock
8-10 Canada vs GDR, Montreal
22-24 Quebec Senior Champs, Sherbrooke
29-31 Ontario Cup 2, Thunder Bay
April
12-14 Ontario 4A Champs, Sudbury
19-21 Canada Cup 2, Montreal
Trojan Invitational, Halifax
May
2-5 Keyano AG Invitational, Edmonton
4-5 Chinook Invitational, Calgary
10-12 Quebec Cup 2, Quebec City
17-20 Canadian Masters Champs, Winnipeg
24-26 Canada Cup 3, Vancouver
Thunder Bay Invitational
June
8-9 Alberta Senior Champs, Edmonton
12-14 East Coast Champs. Halifax
20-23 Speedo/Dupont, Mission Viejo
July
5-7 Esso Youth Championships,Montreal
UCSC Invitational, Calgary
12-14 Quebec Cup 3, Olympic Pool, Mtl.
19-21 Alberta AG Champs, Calgary
Quebec AG Team Championships
August
31-3 Esso Cup/SUMMER NATIONALS Edmonton
Junior Nationals, Thunder Bay
15-18 Pan Pacific Meet, Tokyo
20-23 Canada Games, St.John,NB
24-4 World Student Games, Kobe,Japan

Appologies are in order for the lateness of the last two issues.

A major computer problem developed in late August. In short, all the data for the long course season was endangered and had to be re-entered.

Three weeks were lost in attemting to salvage four months of work.

The final outcome is that all the data has been re-created, and everyone best swim is recorded. We did lose the chronological history of all swims for the approximately 3,000 swimmers data is being kept.

Thanks for your patience and understanding.

SWIM CANADA

N.J.Thierry, *Editor & Publisher*
Contributors: Terry Holmes, Cecil Colwin, Nancy Lee, Dan Thompson, David Seabrook
Computer Programs: Advantage Software, Greg Hemstreet
Photography: Tony Duffy, All-Sport

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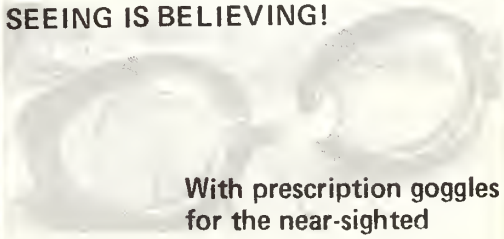

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TWO MEET, FOUR NAG RECORDS

UCSC WINS IN THE WEST, PCSC IN THE EAST

The Junior Nationals ended the 1984 long course season in Canada with a modest tally of good swims.

Meet records were harder to come by than a year ago when seven were bettered to only two this summer.

Participation was down from the 700 it reached a year ago to 584.

As always, the Junior Nationals provides an end of season peak experience for many of the best young swimmers in the country.

For 12-year-old Nicolas Richards of Pointe Claire, it certainly was a memorable meet. He bettered NAG records in his age class for the 400-800-1500 free with near record swims in the 200 fly and 400 i.m. Richard's 1500 free is perhaps the most impressive swim, as he bettered his own mark set earlier in the summer by over 20 seconds with a 17:05.50. The former record was 17:30.80 set by Alex Baumann in 1976!

The other NAG record setting swim came in the women's 400 free, where 12-year-old Nancy Birchenough in winning the 400 free at the Eastern meet bettered the old mark by 3 seconds, lowering it to 4:31.48.

At the Western meet, held Aug 1-3 in Edmonton with 252 participants the University of Calgary SC held on to its team title from last year.

One of the top performers in the women's events was Hayley Spratt, of Moose Jaw, winning the 200-400 free, adding a second in the 800 free.

Brandee Alexander, 13, of Manta won both breaststrokes while the Kelly sisters of Regina accounted for three firsts. Kelley, 15, took the 100 free while Kristen, 14, won the 200 fly and 400 i.m.

The Clarks battled it out for the high point award. Kristen edged out Kelley 15 to 14 points.

MANTA took the women's team title winning five golds, two silvers and two bronzes for 548 points.

The men's high point award ended in a three way tie with 10 points for Corey Bernard, EKSC; Liam Donnelly, HYACK and John Billy, of SJS.

Billy was the only swimmer in the western meet to better a meet record. It came in one of the two events he won — the 100 fly with 58.79 to better the old mark of 59.14 set in 1981 by John Waring.

Hyack won the men's team title with 343.5 points with four golds, and one silver and bronze.

Hyack's 14-year-old Paul Block settled the rank order of the top 200 flyer in the country for this age class in battling it out with Chris Johnston, 14, of Moose Jaw. Block won by a second. They were two of the youngest medal winners of the meet.

Of note are the two winning sprint free relays from Nanaimo. Both relays were helped by 12-year-old sprinter Greg Reinhart, who is ranked first in TAG for 1984. The other team members were older brother Lee Reinhart, Steve McKay and Steve Lavigne.

In the combined team race, the University of Calgary held off with 794 the challenge from Regina Optimist Dolphins with 729. Manta finished third with 601, most of the points coming from the girls team.

In the eastern meet held Aug. 2-3, in Montreal, Nancy Birchenough of PCSC not only set a NAG record but won the high point award on the strength of winning the 400-800 free, a second in the 100 and a third in the 200 free.

Kathy Josey, 15, of the Charlottetown Y was the top sprinter winning the 50-100 free. Quite an accomplishment for the PEI swimmer as she trains mostly in a 20 yard pool.

Other double winners were Candace Yustin, 13, of TOMAC in the 100 fly and 200 i.m. and Etobicoke's Adrienne Kovacs, 14 taking the 200 fly and 400 i.m.

Muskoka Aquatic Club won the two sprint relays for the best team effort by a small club.

Etobicoke won the women's team title over Pointe Claire, 408 to 323.5 points.

Oakville's Peter Lightbody, 16, won the high scoring award with wins in the 50-100-200 free and a second in the 400 free.

Trois-Riviere's Chris Bellefeuille won both i.m's and got medals in both backs to be the other men's event standout.

The only meet record setting swim in the east was by Kamal Shah, 16, of Guelph Marlins in winning the 100 breast with 1:08.36 bettering the four-year-old mark of Todd Gray of 1:09.35.

Pointe Claire won all three relays as well as the men's team title with three golds, two silvers and five bronzes.

PCSC easily won the combined title with 731.5 to runner-up Etobicoke with 467.

The future of Junior Nationals is under review. The Canadian Swimming Coaches Association has recommended to CASA that this meet be dropped in favour of an expanded Youth Championships.

The Youth meet would be expanded with an older age category, girls 15 and under and boys 17 and under.

However the plan has met with some resistance. A decision will be made during the annual meeting of both the CASA and the CSCA in Banff Alberta, later in October. □

LONG COURSE JUNIOR NATIONALS MEET RECORDS

MEN		EVENT	WOMEN	
24.97	John Waring, LYAC,81	50 fr	27.99	Andrea Nugent, UCSC,83
54.03	John Waring, LYAC,81	100 fr	1:00.74	Denise Gereghty, LUSC,82
1:57.81	John Waring, LYAC,81	200 fr	2:10.09	Martine Lamarre, FSC,77
4:09.89	Ron Melnyk, LYAC,82	400 fr	4:31.40	Gabe Sponheimer, CASC,78
16:30.95	Dean DeKoster,HYACK,79	1500/800	9:13.90	Sophie Lebeau, PCSC,83
1:01.92	Bruce Baird, PCSC,78	100 bk	1:08.92	Lyne Royer, CNS,78
2:15.19	Mark Tewskbury,UCSC,82	200 bk	2:27.91	Kelly Ursan, HYACK,81
1:08.36	Kamal Shah,GMAC,84	100 br	1:17.72	Anne deRepentigny, OK,78
2:30.64	Darren Hanvey,TOMAC,81	200 br	2:46.18	Jill Rann, WAC,83
58.79	John Billy, SJS,84	100 bu	1:05.99	Gabe Sponheimer, CASC,78
2:08.80	Peter Ward, ETOB,78	200 bu	2:23.04	Suann Palmer,OSC,77
2:14.15	Alec Main, NYAC,81	200 im	2:28.31	Mich MacPherson,ETOB,78
4:45.21	Dick Heerema, FSC,78	400 im	5:10.79	Marie-C.Saumure, CAS,82
4:07.57	Glouc-Ott Kingfish, 83	400 MR	4:39.21	Etobicoke SC,79
1:41.01	Nepean SC, 83	200 FR	1:52.82	Etobicoke SC,78
3:41.47	Glouc-Ott Kingfish, 83	400 FR	4:05.28	Etobicoke SC,78

[illegible] NATIONALS
[illegible].1-3 (50 m pool)
Natl.record

WOMEN'S EVENTS
50 M FREE
[illegible].56 G.Lorentz,EKSC
[illegible].34 B.[illegible]hill,OSC
[illegible].15 L.Pagnucco,UCSC
[illegible].31 E.Murphy,MANTA
[illegible] D.Lane,COHO
[illegible].10 T.Lewis,OSC
[illegible].32 J.Roddie,UCSC
[illegible].30 M.McGinnis,OSC
[illegible].19 [illegible].O'Bray,SKSC
100 M FREE
1:01.68 1:03.63 K.Clark,ROD
1:0[illegible].71 1:03.52 K.Dyke,COHO
1:03.[illegible] 1:03.52 S.Pfleger,MANTA
1:03.03 1:03.05 H.Spratt,MJKFF
1:03.44 1:03.40 J.Hayden,UCSC
1:03.54 1:03.86 M.Milicevic,CD
1:03.60 1:03.55 L.Pagnucco,UCSC
1:03.[illegible] 1:03.97 J.Roddie,UCSC
C:1:03.73 G.Lorentz,EKSC
200 M FREE
2:12.69 2:14.74 H.Spratt,MJKFF
2:13.09 2:15.50 K.Clark,ROD
2:13.44 2:15.58 S.Barnes,UCSC
2:13.93 2:15.98 N.Rodenbush,ROD
2:14.70 2:14.57 C.Driftz,MANTA
2:15.92 2:16.49 S.Cunningham,CD
2:16.40 2:16.53 L.Woods,CHENA
2:18.58 2:16.27 M.McGinnis,OSC
C:2:13.85 S.McGill,UCSC
400 M FREE
4:34.34 4:38.21 H.Spratt,MJKFF
4:34.55 4:43.40 S.Cunningham,CD
4:38.09 4:38.98 N.Rodenbush,ROO
4:38.23 4:40.45 S.Barnes,UCSC
4:41.34 4:42.70 H.Wurmann,OSC
4:41.45 4:42.66 O.Chwyl,CASC
4:43.63 4:44.86 G.Ansell,UCSC
4:50.45 4:45.51 O.Berg,CASC
C:4:44.22 T.Lowe,VICO
800 M FREE
9:21.80 Sharon Cunningham,CDSC
9:23.85 Hayley Spratt,MJKFF
9:27.33 Nicole Rodenbush,ROO
9:35.03 Hannelore Wurmann,OSC
9:36.41 Susan Barnes,UCSC
9:44.24 Annette Manning,EKSC
9:47.12 Grace Ansell,UCSC
9:47.60 Delanie Berg,CASC
C:9:48.13 Laura Pagnucco,UCSC
100 M BACK
1:11.02 1:10.63 J.Roddie,UCSC
1:11.12 1:12.03 K.Clark,ROD
1:11.52 1:12.30 S.Madison,UCSC
1:12.46 1:12.58 M.Toldy,HYACK
1:12.52 1:13.18 M.Oixon,UNATT
1:12.65 1:13.06 K.Williams,SKSC
1:13.14 1:13.42 K.Brennan,SJS
1:13.29 1:13.03 D.Trapp,SO
C:1:12.40 A.Barnes,VICO
200 M BACK
2:30.43 2:33.17 S.Madison,UCSC
2:32.17 2:35.01 K.Clark,ROO
2:33.18 2:33.67 K.Williams,SKSC
2:35.35 2:34.22 M.Toldy,HYACK
2:36.75 2:36.57 P.Backman,MM
2:37.55 2:36.99 A.Barnes,VICO
2:38.32 2:36.68 O.Trapp,SO
2:40.26 2:36.87 L.Paton,COSC
C:2:35.83 D.Berg,CASC
100 M BREAST
1:18.88 1:21.12 B.Alexander,MAN
1:19.80 1:20.98 K.Thomson,CDSC
1:20.37 1:22.35 M.Winniski,EKSC
1:20.40 1:21.98 K.Ewashko,FMSC
1:21.08 1:21.51 C.O'Bray,SKSC
1:21.93 1:22.43 S.Martel,ROD
1:22.30 1:22.55 J.Wilson,CASC
1:22.74 1:22.59 H.MacFarlane,PP
C:1:21.89 L.Maruk,GOLD
200 M BREAST
2:51.39 2:54.24 B.Alexander,MAN
2:51.86 2:55.58 S.Martel,ROD
2:52.09 2:52.30 C.Driftz,MANTA
2:53.97 2:56.87 L.Maruk,GOLD
2:55.96 2:54.17 M.Winniski,EKSC
2:56.51 2:57.46 K.Thomson,COSC
2:56.59 2:55.93 H.MacFarlane,PP
2:58.27 2:56.64 S.Copsey,MANTA
C:2:58.06 K.Snatenchuk,SJAK
100 M FLY
1:07.60 1:09.13 C.Laliberte,MAN
1:07.74 1:08.25 S.McGill,UCSC
1:07.91 1:09.53 K.Clark,ROD
1:08.24 1:08.05 M.Veitch,HYACK
1:09.80 1:10.47 E.Murphy,MANTA
1:10.02 1:10.28 D.Gaudin,EKSC
1:10.56 1:09.96 L.Woods,CHENA
1:10.86 1:10.14 J.Roddie,UCSC
C:1:10.30 J.Wilson,CDSC
200 M FLY
2:25.07 2:30.24 K.Clark,ROD
2:28.07 2:30.68 C.Laliberte,MAN
2:28.90 2:30.96 S.McGill,UCSC
2:30.27 2:33.38 T.Lowe,VICO
2:30.40 2:31.31 M.Veitch,HYACK
2:34.52 2:35.84 D.Gaudin,EKSC
2:35.43 2:35.48 K.Brennan,SJS
2:41.22 2:35.77 S.Pfleger,MANTA
C:2:34.21 D.Hasker,MAN
200 M INO.MEOLEY
2:30.49 2:31.18 S.Pfleger,MANTA
2:31.00 2:32.48 K.Clark,ROO
2:31.13 2:33.00 S.McGill,UCSC
2:33.78 2:34.32 L.Woods,CHENA
2:35.32 2:34.14 C.Laliberte,MAN
2:35.64 2:34.37 O.Chwyl,CASC
2:35.80 2:32.32 C.Driftz,MANTA
2:38.26 2:34.92 S.Copsey,MANTA
C:2:32.30 G.Lorentz,EKSC
400 M IND.MEDLEY
5:16.07 5:21.67 K.Clark,ROO
5:16.13 5:25.19 T.Lowe,VICO
5:19.45 5:28.40 S.Cunningham,CD
5:23.77 5:24.85 S.Copsey,MANTA
5:24.93 5:25.32 S.Pfleger,MANTA
5:25.70 5:30.25 D.Chwyl,CASC
5:26.97 5:30.49 N.Rodenbush,ROD
5:29.15 5:29.61 O.Berg,CASC
C:5:24.78 H.Wurmann,OSC
4x100 MEOLEY RELAY
4:43.67 4:51.81 MANTA A
4:44.48 4:49.99 Regina Opt.Ool
4:46.73 4:49.86 Edm.Keyano B
4:47.29 4:48.54 Univ.Calgary A
4:50.60 4:53.16 Cdn.Dolphin SC
4:52.24 4:56.54 Vict.Olympians
4:52.32 4:52.04 Univ.Calgary B
disq 4:58.10 Edm.Keyano B
4x50 FREE RELAY
1:56.32 1:56.88 Olympian SC
1:56.34 1:56.95 MANTA A
1:56.56 1:58.08 Univ.Calgary A
1:56.65 1:57.29 Edm.Keyano A
1:57.25 1:56.99 West Van Otters
1:58.22 1:57.38 COHO A
1:58.80 1:59.40 Regina Opt.Dol
2:00.61 1:58.95 Cdn.Oolphin A
4x100 FREE RELAY
4:10.78 4:16.64 Univ.Calgary A
4:13.87 4:16.71 MANTA B
4:14.15 4:19.40 Olympian SC
4:15.51 4:17.41 Regina Opt.Dol
4:18.48 4:18.55 Edm.Keyano A
4:22.28 4:17.41 Univ.Calgary B
4:23.13 4:21.19 COHO A
4:26.19 4:21.12 Cdn.Oolphin A

MEN'S EVENTS
50 M FREE
25.52 25.66 L.Reinhart,NRST
25.59 25.69 D.Adams,CTSC
25.80 26.28 S.MacKay,NRST
25.81 25.98 T.Geddes,VICO
25.97 26.33 S.Lavigne,NRST
26.04 26.08 C.Bernard,EKSC
26.25 26.11 P.Schnare,OTTER
26.31 26.33 B.Summers,CASC
C:26.10 R.Fox,AMAC
100 M FREE
55.36 56.77 C.Bernard,EKSC
55.95 56.03 S.Lavigne,NRST
56.42 56.23 L.Reinhart,NRST
56.42 57.09 L.Donnelly,HYACK
56.53 56.82 R.Jubenvill,CASC
57.64 57.16 B.Summers,CASC
58.23 57.51 P.Schnare,OTTER
58.56 57.54 R.Page,HYACK
C:57.33 S.McKay,NRST
200 M FREE
2:00.39 2:03.11 L.Donelly,HYACK
2:01.67 2:03.87 R.Jubenvill,CAS
2:02.25 2:03.17 S.Lavigne,NRST
2:02.69 2:04.13 M.Oldham,UCSC
2:03.41 2:04.05 B.deJourdan,SSC
2:04.38 2:04.39 C.Johnston,MJK
2:07.90 2:05.40 K.Purvis,CDSC
2:08.39 2:05.55 T.O'Hare,CDSC
C:2:04.37 R.PAGE,HYACK
400 M FREE
4:15.62 4:21.99 L.Donelly,HYACK
4:16.50 4:19.88 R.Jubenvill,CAS
4:19.76 4:21.15 R.Lowthian,ROO
4:19.95 4:24.35 T.Meulenbeld,UC
4:21.51 4:23.21 B.Hobbs,VICO
4:22.81 4:21.68 K.Purvis,CDSC
4:24.43 4:21.87 P.Block,HYACK
4:24.89 4:24.18 S.Lavigne,NRST
C:4:20.51 J.Hayden,UCSC
1500 M FREE
16:42.22 Rob Lowthian,ROD
17:01.09 Keith Purvis,CDSC
17:02.59 Todd Meulenbeld,UCSC
17:08.40 Chris Read,UCSC
17:12.89 Oan Finch,ROO
17:19.17 Oave Block,HYACK
17:22.62 Todd Isaac,CASC
17:22.71 Randy Lyseng,UCSC
C:17:26.57 Brent Hobbs,VICO
100 M BACK
1:02.93 1:03.89 J.Billy,SJS
1:03.76 1:04.16 S.Bicknell,COHO
1:04.32 1:04.31 L.Dean,ROD
1:04.80 1:05.10 C.McCarthy,COHO
1:05.69 1:06.07 B.Martin,SJAK
1:05.83 1:05.83 R.Martin,MM
1:07.18 1:06.14 J.Bayley,CDSC
1:07.42 1:06.14 J.Bayley,CDSC
1:07.42 1:06.95 O.Southern,PGB
C:1:06.86 P.Oubb,CASC
200 M BACK
2:18.07 2:21.17 L.Dean,ROD
2:18.35 2:19.84 C.McCarthy,COHO
2:18.53 2:18.46 R.Martin,MM
2:18.83 2:21.45 F.Campbell,EKSC
2:18.88 2:21.59 S.Bicknell,COHO
2:21.73 2:21.67 P.Robbie,MANTA
2:23.21 2:23.32 D.Southern,PGB
2:23.29 2:23.36 C.Hirst,CHENA
C:2:19.54 L.Donnelly,HYACK
100 M BREAST
1:09.57 1:10.46 P.Rimek,VICO
1:10.25 1:11.33 C.Bernard,EKSC
1:11.50 1:11.54 D.Schultz,EKSC
1:11.67 1:13.23 S.Koeller,CASC
1:11.82 1:11.94 C.Grant,SSC
1:12.24 1:13.08 A.McKee,FMSC
1:13.03 1:13.38 M.Atwood,MM
1:15.73 1:13.14 A.Harper,CASC
C:1:13.13 T.Isaac,CASC

200 M BREAST
2:31.73 2:32.12 T.Isaac,CASC
2:32.29 2:34.31 O.Schultz,EKSC
2:33.72 2:36.90 C.Bernard,EKSC
2:34.52 2:35.49 A.Harper,CASC
2:34.56 2:36.99 S.Koeller,CASC
2:35.56 2:36.96 C.Grant,SSC
2:36.38 2:35.58 P.Rimek,VICO
2:36.50 2:37.46 D.Finch,ROD
C:2:37.74 A.McKee,FMSC
100 M FLY
58.79*1:01.20 J.Billy,SJS
59.60 1:00.99 M.Herndl,HYACK
1:00.31 1:00.47 B.Martin,SJAK
1:00.44 1:01.24 L.Schulhauser,F
1:00.62 1:01.55 P.Block,HYACK
1:01.10 1:01.85 C.Kerkhoff,SSC
1:01.27 1:01.98 M.Perchinsky,FM
1:01.81 1:02.01 C.Johnston,MJK
C:1:01.97 C.Hirst,CHENA
200 M FLY
2:11.01 2:11.93 P.Block,HYACK
2:12.03 2:14.57 C.Johnston,MJK
2:14.75 2:16.30 L.Schulhauser,F
2:15.73 2:16.23 R.Lyseng,UCSC
2:16.48 2:16.97 J.Bayley,COSC
2:16.49 2:16.34 M.Flegel,GOLD
2:16.91 2:16.47 C.Kerkoff,SSC
2:18.12 2:17.60 C.Hirst,CHENA
C:2:17.20 B.Martin,SJAK
200 M INO.MEOLEY
2:15.80 2:17.32 L.Schulhauser,F
2:16.30 2:18.14 C.Hirst,CHENA
2:16.46 2:17.61 D.Finch,ROO
2:18.16 2:18.99 C.Johnston,MJK
2:18.33 2:19.85 B.deJourdan,SSC
2:19.73 2:20.72 C.Bernard,EKSC
2:20.52 2:20.96 M.Oldham,UCSC
2:24.20 2:21.05 S.Bicknell,COHC
C:2:19.12 L.Donnelly,HYACK
400 M INO.MEDLEY
4:48.66 4:52.16 O.Finch,ROD
4:52.68 4:58.90 T.Meulenbeld,UC
4:53.21 4:58.39 P.Robbie,MANTA
4:53.85 4:56.67 L.Dean,ROD
4:53.96 4:54.50 L.Harper,CASC
4:58.45 5:00.33 R.Lyseng,UCSC
5:02.10 5:02.65 B.Martin,SJAK
5:03.70 4:57.27 C.Hirst,CHENA
C:5:00.13 P.Block,HYACK
4x100 MEOLEY RELAY
4:15.11 4:20.11 Edm.Keyano A
4:15.68 4:18.89 Ft.McMurray SC
4:17.03 4:18.97 COHO A
4:19.25 4:21.99 Stettler SC
4:19.35 4:26.74 HYACK A
4:22.77 4:25.75 Univ.Calgary A
4:31.04 4:26.83 Sask Goldfins
disq 4:21.95 Cascade SC
4x50 FREE RELAY
1:43.75 1:44.25 Nanaimo Riptide
1:44.24 1:44.55 Vict Olympians
1:44.61 1:45.66 HYACK A
1:44.65 1:44.80 Cascade SC
1:44.75 1:45.73 Edm.Keyano A
1:45.64 1:45.51 West Van Otters
1:48.03 1:48.12 Stettler SC
1:48.56 1:47.55 Edm.Keyano B
4x100 FREE RELAY
3:47.54 3:50.15 Nanaimo Riptide
3:48.71 3:51.60 Vict.Olympians
3:49.07 3:50.98 Edm.Keyano A
3:49.48 3:54.40 HYACK A
3:50.49 3:51.86 Cascade SC
3:53.49 3:57.15 Univ.Calgary A
3:56.36 3:58.10 West Van Otters
4:01.43 3:57.67 Cdn.Dolphin

COMBINED TEAM POINTS
794 University of Calgary SC
729 Regina Opt.Oolphins
601 Manta AC

EASTERN JUNIOR NATIONALS
Montreal, Aug.2-4 (50 mts)

WOMEN'S EVENTS
50 METRES FREE
28.00 28.16 K.Josey,YBSC
28.16 28.71 N.8irchenough,PCSC
28.46 28.78 L.Howard,MUSAC
28.72 28.96 C.Brndiar,MAC
28.75 28.85 E.Anderson,ESC
28.92 29.08 C.Miklosi,CAMO
29.09 28.92 L.Judd,CASE
29.19 29.11 N.Hebert,LORN
C:28.73 L.Pratt,MUSAC
100 M FREE
1:01.03 1:01.60 K.Josey,YBSC
1:01.46 1:02.77 N.Birchenough,P
1:01.46 1:01.92 L.Howard,MUSAC
1:01.99 1:02.30 J.MacOonald,TC
1:02.04 1:02.29 E.Gyuran,ESC
1:02.19 1:02.85 K.Hickson,ESC
1:02.22 1:02.26 C.Miklosi,CAMO
1:02.95 1:02.72 E.Anderson,ESC
C:1:02.53 S.Kelly,HWAC
200 M FREE
2:11.07 2:12.58 C.Miklosi,CAMO
2:11.85 2:12.63 K.Josey,YBSC
2:12.18 2:13.01 N.Birchenough,P
2:12.29 2:13.26 J.MacDonald,TC
2:13.05 2:12.26 T.Barber,TBT
2:13.89 2:15.84 T.Manryk,SELCT
2:14.03 2:15.39 J.Mederak,8RANT
2:14.34 2:15.17 K.Hickson,ESC
C:2:13.35 L.Howard,MUSAC
400 M FREE
4:31.48 4:37.80 N.Birchenough,P
4:32.49 4:34.60 C.Miklosi,CAMO
4:34.99 4:36.60 N.Cassivi,SAMAK
4:35.71 4:43.57 P.Tadgell,BBF
4:36.90 4:37.66 S.Tamme,OOO
4:39.99 4:41.75 L.Howard,MUSAC
4:40.20 4:38.12 A.Kovacs,ESC
4:41.95 4:40.71 B.Moore,PCSC
C:4:40.40 K.Josey,YBSC
800 M FREE
9:21.97 Nancy 8irchenough,PCSC
9:23.44 Chantal Miklosi,CAMO
9:23.61 Natasha Cassivi,SAMAK
9:24.65 Brenda Moore,PCSC
0:24.81 Sylvia Tamme,OOO
9:41.76 Gisele Roy,CNS
9:42.24 Shawn Hunter,NSC
9:42.58 A.Lidster,SSAC
C:9:43.76 Nancy Labonte,POM
100 M BACK
1:10.48 1:11.13 N.Henderson,OAK
1:10.70 1:10.64 M.Turner,NSC
1:11.09 1:11.30 C.Moore,OOO
1:11.15 1:11.08 T.Manryk,SELCT
1:11.72 1:12.14 M.Tardiff,MTMY
1:11.99 1:11.98 N.Mitchell,NYAC
1:12.42 1:12.31 C.Szendrovits,R
1:12.62 1:12.28 J.Fenton,COBRA
C:1:11.64 J.O'Brien,DDO
200 M BACK
2:30.75 2:28.85 T.Manryk,SELCT
2:31.53 2:32.66 M.Tardiff,MTMY
2:33.21 2:32.70 N.Henderson,OAK
2:33.82 2:34.71 C.Ousovich,SAMA
2:33.82 2:34.35 K.Aitken,TRENT
2:34.27 2:34.60 C.Szendrovits,R
2:34.67 2:33.64 N.Mitchell,NYAC
2:35.08 2:34.04 C.Moore,OOO
C:2:33.00 T.Barber,TBT
100 M BREAST
1:18.35 1:18.57 C.Waxler,NYAC
1:19.06 1:20.00 N.Patry,LAVAL
1:19.20 1:19.89 S.Latour,SAMAK
1:19.26 1:20.00 M.Deveau,OCSC
1:19.31 1:19.90 M.Potvin,SAMAK
1:19.93 1:20.86 A.Oavis,HTAC
1:20.77 1:20.06 S.McIntyre,CAJ
1:21.16 1:20.90 C.Yustin,TOMAC
C:1:19.94 A.Mason,WTSC
200 M BREAST
2:46.92 2:49.71 P.Pelley,CVAC
2:49.51 2:52.67 C.Murdoch,PCSC
2:49.93 2:50.15 C.Waxler,NYAC
2:50.87 2:52.27 N.Patry,LAVAL
2:52.13 2:52.65 J.Norrie,TCSC
2:52.24 2:52.44 M.Deveau,DCSC
2:52.28 2:53.19 G.Picard,LEV1S
2:53.87 2:52.26 M.Potvin,SAMAK
C:2:50.00 C.Yustin,TOMAC
100 M FLY
1:06.66 1:07.29 C.Yustin,TOMAC
1:07.38 1:08.60 W.Farrelly,HWAC
1:08.16 1:08.51 E.Gyuran,ESC
1:08.27 1:09.57 M.Chouinard,CNB
1:08.39 1:09.32 J.Hutchison,PC
1:08.48 1:09.44 K.Sanders,LYAC
1:09.58 1:09.73 N.Cleroux,CNSL
1:09.87 1:09.61 C.Powell,SSAC
C:1:08.48 A.Kovacs,ESC
200 M FLY
2:26.50 2:28.23 A.Kovacs,ESC
2:27.98 2:31.21 W.Farrelly,HWAC
2:28.63 2:30.03 E.Gyuran,ESC
2:28.67 2:30.10 K.Sanders,LYAC
2:28.94 2:31.29 K.Samel,ESC
2:30.13 2:32.16 A.Mercure,LAVAL
2:32.04 2:31.26 J.Mederak,BRANT
2:32.51 2:31.58 N.Cox,ESC
C:2:28.48 J.Raymond,LAVAL
200 M INO.MEDLEY
2:28.61 2:32.71 C.Yustin,TOMAC
2:30.45 2:32.55 T.Manryk,SELCT
2:32.19 2:32.13 A.Mason,WTSC
2:32.37 2:33.19 A.Kovacs,ESC
2:33.24 2:31.57 S.Tamme,DDO
2:33.64 2:32.86 E.Anderson,ESC
2:34.80 2:32.99 J.Norrie,TCSC
2:34.93 2:31.60 W.Johnston,MAC
C:2:32.76 C.Moore,DDO
400 M INO.MEOLEY
5:15.37 5:18.49 A.Kovacs,ESC
5:16.30 5:20.00 N.Cassivi,SAMAK
5:16.35 5:19.50 S.Tamme,DDO
5:19.68 5:19.68 T.8arber,TBT
5:19.81 5:23.16 A.Mason,WTSC
5:23.10 5:24.43 S.Kilmer,MAC
5:23.31 5:20.80 E.Anderson,ESC
5:27.35 5:23.70 C.Yustin,TOMAC
C:5:20.16 M.Tardif,MTMY
4x100 MEOLEY RELAY
4:43.14 4:48.85 Laval
4:46.40 4:52.18 Pointe Claire
4:46.57 4:50.43 Samak A
4:47.32 4:49.28 North York
4:48.00 4:46.96 Etobicoke A
4:48.10 4:49.92 Oartmouth
4:49.74 4:49.71 Etobicoke B
4:55.73 4:51.68 Samak B
4x50 FREE RELAY
1:53.67 1:55.53 MUSAC A
1:55.22 1:55.43 Etobicoke A
1:55.44 1:56.20 Dollard A
1:55.86 1:58.20 Samak 8
1:57.95 1:59.51 Pointe Claire
1:56.96 1:59.01 Dartmouth
1:58.92 1:59.70 Scarboro
2:00.34 1:59.65 Samak A
4x100 FREE RELAY
4:08.78 4:14.11 MUSAC A
4:09.61 4:12.44 Etobicoke A
4:14.25 4:17.15 Pointe Claire
4:17.18 4:19.03 CAMO
4:17.41 4:17.74 Samak A
4:18.68 4:19.24 Laval
4:19.02 4:19.25 Etobicoke B
4:21.86 4:20.66 Markham AC

MEN'S EVENTS
50 M FREE
25.30 25.44 P.Lightbody,OAK
25.44 25.50 J.Seawright,TOMAC
25.65 25.93 E.Kerasiotis,DCSC
25.69 25.66 M.Carnegie,HWAC
25.78 25.67 A.Moir,CAJ
25.81 25.58 S.Oliva,NSC
25.97 26.00 J-F.Goulet,POM
26.60 26.06 R.Godfrey,DCSC
c:25.90 M.Durocher,SAMAK
100 M FREE
55.00 54.69 P.Lighthody,OAK
55.52 56.00 T.Pawlowsky,PCSC
55.84 55.85 J-F.Goulet,POM
55.97 55.32 S.Oliva,NSC
55.98 55.70 J-P.Goulet,CAMO
56.28 56.58 J.Seawright,TOMAC
56.92 56.33 A.Moir,CAJ
57.55 56.55 D.Haddow,ESC
c:56.33 C.Meklensek,PCSC
200 M FREE
1:59.08 1:58.71 P.Lightbody,OAK
1:59.12 2:01.12 C.Fenton,COBRA
2:00.84 2:01.44 C.Meklensek,PC
2:01.50 2:02.78 I.Cripps,COBRA
2:01.61 2:02.56 J.Duncan,HTAC
2:01.75 2:02.25 M.Thoms,OCSC
2:02.35 2:01.55 D.Christian,PBO
2:04.74 2:02.69 R.Godfrey,OCSC
c:2:01.83 T.Pawlowski,PCSC
400 M FREE
4:11.48 4:13.93 C.Fenton,COBRA
4:11.51 4:13.82 P.Lighthody,OAK
4:13.55 4:18.68 T.Pawlowsky,PC
4:14.84 4:15.20 C.Meklensek,PC
4:14.86 4:14.20 E.Blouin,LAVAL
4:15.23 4:15.15 J.Duncan,HTAC
4:16.07 4:17.86 P.Gagnon,SAMAK
4:24.00 4:19.87 M.Thoms,DCSC
c:4:15.68 M.Giroux,DDO
1500 M FREE
16:41.73 Eric Blouin,LAVAL
16:43.47 Patrick Gagnon,SAMAK
16:45.37 Martin Giroux,DDO
16:58.62 Ian Cripps,COBRA
17:01.66 Joe Thwaites,COBRA
17:04.85 Chris Fenton,COBRA
17:05.13 John Ouncan,HTAC
17:05.50 Nicolas Richards,PCSC
c:17:09.32 John Vadeika,GMAC
100 M BACK
1:02.19 1:02.73 R.Godfrey,DCSC
1:03.74 1:04.68 C.Bellef'lle,ME
1:03.91 1:04.00 Y.Szoghy,SL
1:04.34 1:04.58 W.8eerman,SL
1:04.37 1:04.61 J.Bertrand,SEL
1:04.82 1:04.59 A.Moir,CAJ
1:04.91 1:04.60 P.Gariepy,UM
1:05.51 1:04.86 N.Harrington,SS
c:1:03.82 M.Durocher,SAMAK
200 M 8ACK
2:16.03 2:16.54 D.Foster,TOMAC
2:16.48 2:17.22 B.Squires,LYAC
2:16.65 2:19.01 C.Bellef'lle,ME
2:16.87 2:16.40 R.Godfrey,DCSC
2:17.22 2:17.90 J.8ertrand,SEL
2:17.28 2:18.39 N.Harrington,SS
2:18.74 2:18.56 M.Thoms,DCSC
2:19.75 2:19.70 W.8eerman,SL
c:2:18.24 D.Smith,KA
100 M 8REAST
1:08.36*1:10.45 K.Shah,GMAC
1:09.64 1:10.56 P.Stratford,PC
1:09.70 1:11.45 L.Walker,DCSC
1:10.44 1:10.68 D.Tapin,CNS
1:10.70 1:11.56 C.Bellef'lle,ME
1:11.07 1:10.72 M.Tamme,DDO
1:11.33 1:12.19 M.McKenna,DCSC
1:11.64 1:12.15 K.O'Connell,DDO
c:1:11.18 J-P.Emond,CAMO
200 M BREAST
2:30.81 2:33.18 D.Tapin,CNS
2:31.91 2:33.70 K.Shah,GMAC
2:32.06 2:33.59 P.Stratford,PC
2:32.09 2:34.26 M.Tamme,DDO
2:32.73 2:32.84 K.O'Connell,DDO
2:32.96 2:33.39 D.Richards,PCSC
2:33.75 2:36.17 L.Walker,DCSC
2:36.87 2:36.29 B.Gosselin,SAM
c:2:36.58 A.Gedye,UNATT
100 M FLY
59.53 1:00.26 K.Milne,LYAC
1:00.04 1:00.93 D.Christian,PBD
1:00.06 1:00.71 D.Richards,PCSC
1:00.26 1:00.86 M.Carnegie,HWAC
1:00.57 1:01.62 T.Pawlowsky,PC
1:00.58 1:01.17 M.Pliuskaitis,E
1:00.60 1:00.96 D.Thompson,COBR
1:00.73 1:01.43 M.Moreau,CNMN
c:1:00.73 E.Blouin,LAVAL
200 M FLY
2:09.46 2:13.38 L.Chantelois,SA
2:10.00 2:11.28 E.Blouin,LAVAL
2:12.33 2:13.40 J.Duncan,HTAC
2:13.22 2:15.34 D.Thompson,CO8R
2:13.56 2:13.65 K.Milne,LYAC
2:13.57 2:16.10 D.Richards,PCSC
2:14.39 2:15.42 M.Pliuskaitis,E
2:18.93 2:13.61 M.Braaten,COBRA
c:2:14.18 M.Drouin,CAS
200 M INO.MEOLEY
2:15.44 2:16.46 C.Bellef'lle,ME
2:16.21 2:18.05 J-P.Emond,CAMO
2:16.53 2:16.90 C.Fenton,COBRA
2:16.66 2:17.88 D.Christian,PBD
2:17.09 2:19.18 B.Squires,LYAC
2:17.44 2:18.26 D.Haddow,ESC
2:18.44 2:18.73 G.Pye,LYAC
2:18.64 2:19.39 P.Labbe,SAMAK
c:2:17.58 P.Anderson,BRANT
400 M INO.MEDLEY
4:50.38 4:51.64 C.Bellef'lle,ME
4:51.76 4:53.69 B.Hedley,GMAC
4:52.09 4:56.63 C.Fenton,COBRA
4:52.50 4:54.33 G.Pye,LYAC
4:53.98 4:56.92 O.Smith,KA
4:54.04 4:53.96 P.Labbe,SAMAK
4:55.82 4:53.90 M.Giroux,DDO
4:56.45 4:55.60 D.Antonacci,POM
c:4:52.47 1.Cripps,COBRA
4x100 MEOLEY RELAY
4:10.06 4:16.70 Pointe Claire A
4:12.13 4:15.91 Dartmouth A
4:14.97 4:20.43 Samak
4:15.47 4:21.13 London Y
4:18.25 4:19.11 Mississauga
4:20.51 4:23.37 Dollard
4:23.51 4:21.22 Dartmouth B
4:24.04 4:22.70 Cobra
4x50 FREE RELAY
1:43.09 1:43.66 Pointe Claire
1:43.15 1:44.61 Nepean
1:43.80 1:43.95 Mississauga
1:43.86 1:44.40 Cobra
1:44.15 1:45.45 Dartmouth A
1:46.31 1:46.99 Samak
1:46.62 1:47.78 Pointe Claire B
1:47.82 1:48.23 Oakville
4x100 FREE RELAY
3:45.57 3:47.31 Pointe Claire A
3:47.79 3:48.00 Cobra
3:47.96 3:48.44 Nepean
3:49.71 3:51.56 Oartmouth
3:54.26 3:53.98 Pointe Claire B
3:54.47 3:54.52 London Y
3:54.62 3:54.04 Samak
3:55.10 3:58.30 Oakville

COMBINED TEAM SCORE
731.5 Pointe Claire SC
467 Etobicoke SC
450.5 Samak de Brossard

CANADIANS WIN 11 GOLDS

BOWIE BETTERS DISTANCE MARK

MELBOURNE — After travelling half-way around the world, the 24-member Canadian team won almost half of the events at the Australian Winter (short course) championships.

A number of top performances were turned in by the Aussie's fresh from their successful Olympics.

Sprinter Mark Stockwell is rapidly establishing a reputation as truly world class. His wins in the 50 and 100 free were near world sc best with 22.33 and 48.93. The record times being 22.09 and 48.52.

The other top prospect from 'down-under' Anna McVann, dominated all the freestyle events sweeping from the 100 to the 800 free. The Adelaide schoolgirl of 15, didn't quite equal her feat of winning five titles at Open championships last February.

Canada's top female performer was breaststroker Dominique Roussy with easy wins in her specialty. She was the only double winner among the Canadian women's team.

Particulary encouraging was the big improvement among the Canadian distance contingent. The 800 free is a good example. Our three best performers, Anne Posno, Debbie Wurzburger and Danielle Lebrun dropped on the average 20 seconds from their best time last winter.

The improvement in the 400 was also substantial. It augurs well for the future.

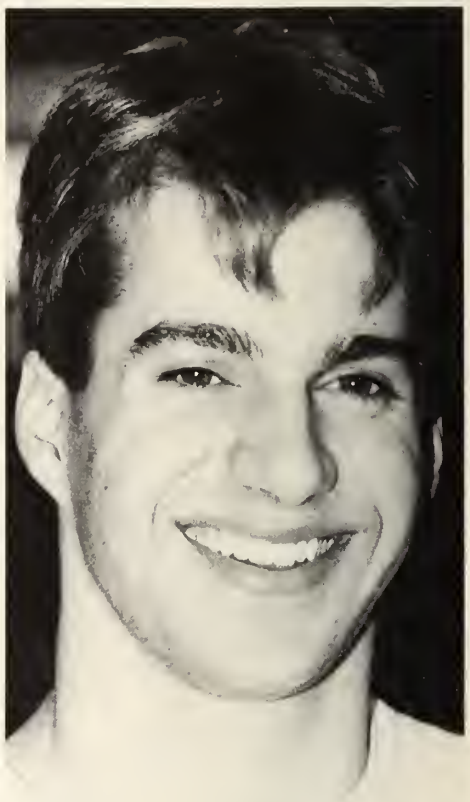
Sean Murphy was one of two double winners in men's events. His two backstroke firsts produced a life-time best of 1:58.56 in the 200, while his 55.99 was just a tenth off his fastest.

Rod Archibald, with firsts in the 400 free and 400 i.m. producing life-time bests, was another double winner.

The one Canadian record bettered was by 17-year old Chris Bowie of Vancouver. His 7:57.54 was a three second improvement over Benoit Clement's old mark of 8:00.84. Bowie added a second in the 1500 with a 15:19.25 (previous best being 15:49.13).

RECORD PROGRESSION
Men's 800 free (25 m pool) 1958-84

9:51.50	Bill Slater, Canadian Dolphin SC	1958
9:11.20	Sandy Gilchrist, Ocean Falls ASC	1963
8:44.80	Ralph Hutton, unattached BC	1969
8:31.35	Michael Ker, Canadian Dolphin SC	1975
8:18.20	Michael Ker, Canadian Dolphin SC	1976
8:17.35	Stephen Badger, Cardinal SC	1977
8:08.64	Rob Baylis, Canadian Dolphin SC	1978
8:07.43	Alex Baumann, Laurentian Univ.SC	1980
8:01.05	Peter Szmidt, Edmonton Keyano	1981
8:00.84	Benoit Clement, Club Nat.Laval	1984
7:57.54	Chris Bowie, Canadian Dolphin SC	1984



DOUBLE WINNER ROD ARCHIBALD

DOMINIQUE ROUSSY, WINS BOTH 100-200 BREAST AT AUSTRALIAN SC NATIONALS

Other men's winners were Reggie Lacoursiere in the 200 free with 1:50.70 (best previous time 1:52.11), Vlastimil Cerny in the 200 fly and Jon Kelly in the 200 im with 2:03.03 (best previous of 2:05.54).

The meet provided an excellent opportunity for the 24 swimmers to gain valuable experience in long distance travel and top-level competition.

The total medal take was 14 gold, 17 silver and 16 bronze.

Following the meet in Melbourne the team travelled to New Zealand.

The competition was planned to be a dual meet with potential New Zealand Commonwealth Games team members. However the meet was considerable less than anticipated. Few potential 1986 team members showed up as another meet was scheduled elsewhere in New Zealand.

Although this meet was long course, none of the Canadians had to extend themselves, as the local opposition was quite weak. Chalk it up as experience. □

AUSTRALIAN SC CHAMPIONSHIPS
Melbourne, Aug.24-26 (25 mts)
Results for top three and all Canadians. *=Cdn.record

WOMEN'S EVENTS
50 M FREE
26.95 27.59 J.Grant,AUS
26.96 27.23 S.Thorpe,AUS
27.07 27.27 J.Promislow,CAN
27.34 27.55 P.Choquet,CAN
28.33 Kt.Ward,CAN
100 M FREE
58.24 58.59 A.McVann,AUS
58.36 58.84 S.Thorpe,AUS
58.37 59.21 J.Grant,AUS
58.48 58.42 Kt.Ward,CAN
58.77 58.59 J.Campbell,CAN
58.54 1:00.49 R.Ruggiero,CAN
58.62 1:00.50 J.Promislow,CAN
59.98 D.Wurzburger,CAN
200 M FREE
2:01.33 2:03.71 A.McVann,AUS
2:02.15 2:03.56 D.Procter,AUS
2:02.25 2:05.04 C.Randall,AUS
2:02.39 2:02.87 Kt.Ward,CAN
2:02.88 2:03.28 D.Wurzburger,CA
2:05.60 2:07.29 J.Promislow,CAN
2:08.41 2:08.06 K.Milne,CAN
400 M FREE
4:09.07 4:16.63 A.McVann,AUS
4:15.04 4:15.78 D.Proctor,AUS
4:15.17 4:18.41 L.Brafield,CAN
4:16.59 4:18.62 D.Wurzburger,CA
4:19.62 4:18.38 A.Posno,CAN
4:18.42 4:19.07 D.Lebrun,CAN
4:20.47 K.Milne,CAN
4:24.56 Kt.Ward,CAN
800 M FREE
8:28.10 Anna McVann,AUS
8:36.34 Donna Proctor,AUS
8:40.32 Anne Posno,CAN
8:48.88 Debbie Wurzburger,CAN
8:49.61 Danielle Lebrun,CAN
8:52.06 Kim Milne,CAN
1500 M FREE
16:38.83 Kayleen Collins,AUS
16:40.16 Anne Posno,CAN
16:46.29 Kim Milne,CAN
16:55.75 Danielle Lebrun,CAN
100 M BACK
1:04.47 1:06.11 P.Choquet,CAN
1:04.83 1:06.38 K.Gasch,AUS
1:05.25 1:06.42 J.McGibbon,AUS
1:07.95 1:07.82 J.Campbell,CAN
1:09.36 R.Ruggiero,CAN
200 M BACK
2:18.15 2:21.43 J.McGibbon,AUS
2:18.79 2:20.84 J.Campbell,CAN
2:19.83 2:22.24 P.Choouet.CAN
100 M BREAST
1:11.79 1:13.75 D.Roussy,CAN
1:12.58 1:13.43 C.Fitzpatrick,A
1:13.88 1:14.12 C.Dullo,AUS
200 M BREAST
2:32.35 2:36.54 D.Roussy,CAN
2:32.74 2:36.30 C.Fitzpatrick,A
2:35.56 2:39.12 J.Whitford,AUS
2:37.45 2:38.19 N.Deschamps,CAN
100 M FLY
1:02.16 1:03.20 R.Ruggiero,CAN
1:03.06 1:04.17 K.Muir,AUS
1:03.07 1:03.56 C.Hardy,AUS
1:03.64 1:03.69 N.Deschamps,CAN
1:03.19 1:05.90 L.Brafield,CAN
200 M FLY
2:12.63 2:16.08 C.Hardy,AUS
2:15.46 2:17.39 L.Brafield,CAN
2:15.73 2:16.44 N.Deschamps,CAN
2:19.21 2:19.51 R.Ruggiero,CAN
2:21.18 2:22.56 K.Milne,CAN
200 M IND.MEDLEY
2:17.16 2:20.90 C.Hardy,AUS
2:18.89 2:20.73 J.Campbell,CAN
2:19.77 2:20.45 N.Deschamps,CAN
2:26.00 2:27.78 J.Promislow,CAN
400 M IND.MEDLEY
4:47.36 4:57.55 C.Hardy,AUS
4:49.74 4:55.51 N.Deschamps,CAN
4:49.92 4:54.86 J.Campbell,CAN
5:04.70 K.Milne,CAN
5:06.70 J.Promislow,CAN
5:16.24 A.Posno,CAN
4x100 MEDLEY RELAY
4:18.91 4:28.12 Canada A
4:21.12 4:24.37 Canada B
4:27.20 4:32.07 Marion/SA
4x100 FREE RELAY
3:53.60 3:59.23 Canada A
3:53.73 3:59.25 Canada B
3:57.99 4:01.41 Hunter/NSW
4x200 FREE RELAY
8:18.60 8:32.51 Canada
8:26.16 8:33.45 Hunter/NSW
8:41.56 8:44.49 Marion/SA

MEN'S EVENTS
50 M FREE
22.33 22.65 M.Stockwell,AUS
22.49 22.51 N.Brooks,AUS
23.63 23.83 M.Morgan,AUS
23.77 23.97 V.Cerny,CAN
23.81 24.29 R.Lacoursiere,CAN
24.36 24.39 L.Schroeder,CAN
100 M FREE
48.93 50.55 M.Stockwell,AUS
49.09 51.17 N.Brooks,AUS
50.71 51.63 V.Cerny,CAN
51.90 51.98 R.Lacoursiere,CAN
52.30 53.50 R.Archibald,CAN
53.41 L.Schroeder,CAN
53.57 C.Chalmers,CAN
53.85 S.Murphy,CAN
54.49 M.Tewksbury,CAN
55.06 A.Cole,CAN
200 M FREE
1:50.70 1:52.88 R.Lacoursiere,C
1:50.74 1:54.20 C.Wilson,AUS
1:50.90 1:51.51 R.Archibald,CAN
1:52.52 1:53.26 C.Chalmers,CAN
400 M FREE
3:52.31 3:56.63 R.Archibald,CAN
3:52.37 3:55.90 C.Chalmers,CAN
3:53.51 3:59.10 M.McKenzie,AUS
3:54.41 3:58.50 C.Bowie,CAN
800 M FREE
7:57.31 8:13.46 M.McKenzie,AUS
7:57.54*8:09.40 C.Bowie,CAN
7:59.11 8:10.40 C.Chalmers,CAN
1500 M FREE
15:13.57 Michael McKenzie,AUS
15:19.25 Chris Bowie,CAN
15:19.30 Chris Chalmers,CAN
15:43.79 Rod Archibald,CAN
100 M BACK
55.99 57.42 S.Murphy,CAN
56.98 58.20 M.Tewskbury,CAN
57.20 58.09 K.Terrell,AUS
58.54 58.96 D.Botsford,CAN
58.79 59.24 L.Schroeder,CAN
1:00.49 J.Kelly,CAN
200 M BACK
1:58.56 2:02.24 S.Murphy,CAN
2:02.53 2:04.22 M.Tewskbury,CAN
2:04.92 2:07.18 K.Terrell,AUS
2:10.41 D.Botsford,CAN
100 M BREAST
1:01.66 1:03.33 B.Stocks,AUS
1:03.72 1:04.00 S.Score,CAN
1:04.02 1:04.24 G.Beringen,AUS
1:04.64 1:04.25 A.Cole,CAN
200 M BREAST
2:14.66 2:19.18 B.Stocks,AUS
2:15.17 2:21.08 G.Beringen,AUS
2:19.23 2:20.51 S.Score,CAN
2:20.75 2:26.99 A.Cole,CAN
100 M FLY
54.97 55.77 A.McDonald,AUS
55.09 55.34 V.Cerny,CAN
55.14 55.64 L.Schroeder,CAN
56.33 57.80 J.Kelly,CAN
58.23 58.86 D.Botsford,CAN
200 M FLY
1:59.23 2:00.05 V.Cerny,CAN
2:01.24 2:02.18 J.Kelly,CAN
2:01.85 2:06.05 A.McDonald,AUS
2:02.60 2:01.59 L.Schroeder,CAN
2:06.63 2:06.43 D.Botsford,CAN
2:14.02 S.Score,CAN
200 M IND.MEDLEY
2:03.03 2:04.30 J.Kelly,CAN
2:04.11 2:05.68 R.Archibald,CAN
2:04.45 2:06.01 M.Roberts,AUS
2:06.17 2:09.87 S.Murphy,CAN
2:06.57 2:10.10 L.Schroeder,CAN
2:10.15 D.Botsford,CAN
2:10.27 M.Tewskbury,CAN
2:15.28 S.Score,CAN
disq A.Cole,CAN
400 M IND.MEDLEY
4:23.93 4:26.56 R.Archibald,CAN
4:24.42 4:29.93 M.Roberts,AUS
4:24.50 4:33.02 M.Brown,AUS
4:30.32 S.Murphy,CAN
disq D.Botsford,CAN
disq J.Kelly,CAN
4x100 MEDLEY RELAY
3:44.86 3:54.31 Westn.Australia
3:45.33 3:49.05 Canada A
3:45.37 3:51,63 Canada B
4x100 FREE RELAY
3:25.05 3:33.24 Westn.Australia
3:25.64 3:32.74 Canada A
3:28.48 3:33.37 New South Wales
3:32.63 3:33.65 Canada B
4x200 FREE RELAY
7:28.67 7:35.94 Canada B
7:30.20 7:32.01 Canada A
7:40.61 7:52.27 New South Wales

WAIKATO INVITATIONAL
Waikato,NZE Aug.29-30 (50 m)

WOMEN'S EVENTS
50 M FREE
28.24 P.Choquet,CAN
28.79 D.Wurzburger,CAN
29.31 M.Pentecost,NZE
100 M FREE
59.80 Kt.Ward,CAN
1:00.57 D.Wurzburger,CAN
1:00.60 J.Promislow,CAN
1:00.90 R.Ruggiero,CAN
1:01.64 L.Chamberlain,NZE
200 M FREE
2:07.43 Kt.Ward,CAN
2:09.50 D.Wurzburger,CAN
2:11.09 K.Milne,CAN
2:12.05 J.Promislow,CAN
2:14.38 P.Croad,NZE
400 M FREE
4:24.04 D.Lebrun,CAN
4:24.17 D.Wurzburger,CAN
4:27.72 K.Milne,CAN
4:29.69 A.Posno,CAN
100 M BACK
1:06.04 P.Choquet,CAN
1:07.07 S.Hume,NZE
1:08.27 J.Campbell,CAN
200 M BACK
2:23.89 J.Campbell,CAN
2:23.95 P.Choquet,CAN
2:23.62 K.Torrance,NZE
100 M BREAST
1:15.29 D.Roussy,CAN
1:17.17 S.Mahon,NZE
1:17.57 N.Deschamps,CAN
200 M BREAST
2:41.34 D.Roussy,CAN
2:46.55 S.Mahon,NZE
100 M FLY
1:04.28 R.Ruggiero,CAN
1:05.69 N.Deschamps,CAN
1:06.01 L.Brafield,CAN
1:06.13 K.Torrance,NZE
200 M FLY
2:18.76 L.Brafield,CAN
2:21.40 N.Deschamps,CAN
2:28.47 F.McLay,NZE
200 M IND.MEDLEY
2:23.58 J.Campbell,CAN
2:24.69 N.Deschamps,CAN
2:32.96 S.Mahon,NZE
disq L.Brafield,CAN
400 M IND.MEDLEY
5:02.24 J.Campbell,CAN
5:07.80 N.Deschamps,CAN
5:10.53 A.Posno,CAN
5:11.42 D.Lebrun,CAN

MEN'S EVENTS
50 M FREE
25.23 V.Cerny,CAN
25.44 R.Lacoursiere,CAN
25.57 R.Wells,NZE
26.04 L.Schroeder,CAN
100 M FREE
53.82 V.Cerny,CAN
54.37 R.Wells,NZE
54.98 R.Lacoursiere,CAN
200 M FREE
1:57.55 R.Lacoursiere,CAN
1:57.89 R.Wells,NZE
1:58.24 C.Chalmers,CAN
1:58.61 R.Archibald,CAN
2:00.42 C.Bowie,CAN
400 M FREE
4:03.74 R.Archibald,CAN
4:04.14 C.Chalmers,CAN
4:04.87 C.Bowie,CAN
4:16.97 B.Foster,NZE
100 M BACK
59.66 M.Tewksbury,CAN
1:00.98 D.Botsford,CAN
1:01.15 G.Mason,NZE
1:02.49 L.Schroeder,CAN
disq S.Murphy,CAN
200 M BACK
2:04.49 S.Murphy,CAN
2:11.86 M.Tewksbury,CAN
2:13.98 G.Mason,NZE
100 M BREAST
1:07.04 S.Score,CAN
1:07.31 A.Cole,CAN
1:07.49 R.Lockhart,NZE
200 M BREAST
2:23.83 S.Score,CAN
2:26.84 A.Cole,CAN
2:27.13 R.Lockhart,NZE
100 M FLY
58.09 V.Cerny,CAN
58.45 R.Anderson,NZE
58.49 L.Schroeder,CAN
59.08 J.Kelly,CAN
1:00.70 D.Botsford,CAN
200 M FLY
2:03.26 V.Cerny,CAN
2:06.12 J.Kelly,CAN
2:06.28 L.Schroeder,CAN
200 M IND.MEDLEY
2:09.97 R.Archibald,CAN
2:11.02 J.Kelly,CAN
2:12.27 D.Botsfof,CAN
2:12.47 D.Foster,NZE
400 M IND.MEDLEY
4:35.25 J.Kelly,CAN
4:37.74 D.Botsford,CAN
4:39.32 R.Archibald,CAN

Becoming a champion doesn't happen overnight.

Just ask Alex Baumann or any other member of Canada's swim team. It takes years and years of hard work.

And all the help you can get.

But it's worth every second.

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You make us better.

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1984 SUMMER TAG®

Top 50 age group times

Janna Promislow, 13, EKSC

Nicolas Richards, 12, PCSC

Lori Melien, 12, AAC

Guylaine Cloutier, 12, MTMY

Bernhard Volz, 16, NYAC

Brad Creelman, 14, TOMAC

TOP SCORING SWIM CLUBS

Rank	Pts	Club	Prov	Coach	84 sc
1	1220	Pointe Claire SC	PQ	McKinnon / Hawes	1
2	1095	Edmonton Keyano SC	AB	Dave Johnson	2
3	883	Etobicoke Swim Club	ON	Paul Bergen	4
4	738	Samak de Brossard	PQ	Alain Lefebvre	7
5	734	North York AC	ON	Mark Temple	3
6	624	Canadian Dolphin SC	BC	Tom Johnson	5
7	534	Region of Waterloo	ON	Cliff Barry	11
8	516	Hyack Swim Club	BC	Ron Jacks	8
9	438	London Y Aquatic Club	ON	Brian Cartlidge	17
10	436	University of Calgary	AB	Deryk Snelling	6
11	366	Mississauga AC	ON	Bill Barton	12
12	340	Dollard Swim Team	PQ	Tom Arusoo	9
13	329	Laurentian Univ.SC	ON	Jeno Tihanyi	14
14	325	Cascade Swim Club	AB	Stu Stuart	21
15	313	Hamilton-Wentworth AC	ON	Gaye Stratten	10
16	227	Richmond Aquanaut SC	BC	Mae Beattie	34
17	226	Red Deer Catalina SC	AB	Art Mellom	22
18	224	Ajax Aquatic Club	ON	Paul Meronen	16
	224	Dorado Stars	ON	Jim Snow	19
20	167	Sault Ste-Marie AC	ON	Robert Toupin	45
21	165	Kenora Aquatics	ON	Blair Tucker	21
	165	Goldfin Swim Club	SK	Kerry Mummery	31
23	157	Beaconsfield Bluefins	PQ	Eric Kremer	26
24	154	Cambridge Aquajets	ON	Rainer Goltzsche	13
25	136	Darmouth Crusader SC	NS	David Fry	28
26	134	Nanaimo Riptide SC	BC	Mike Blondal	62
27	120	Select Univ.Laval	PQ	J-M.DeKoninck	29
	120	Piscine Olympique Mtl	PQ	P. Lafontaine	20
29	116	Club Natation Ste-Foy	PQ	Frederic Pare	40
30	111	Club Natation Laval	PQ	Pierre Bedard	15

Scoring is done for top 15 places as follows: 20-18-16-14-12-10-9-8-7-6-5-4-3-2-1, double for relays.

Nancy Birchenough, 12, PCSC

Debbie Wurzburger, 14, LYAC

GIRLS 11–12

50 METRES FREE/L18RE
Rec:0:27.39 L.Melien,AAC,84
0:27.39 Lori Melien,12,AAC
0:27.82 Janna Promislow,12,EKSC
0:28.16 Nancy Birchenough,12,PCSC
0:28.66 Gail Lorentz,12,EKSC
0:29.10 Nancy Lovrinic,12,AQUA
0:29.16 Johanne Begin,12,SFOY
0:29.29 Catherin McQueen,11,GOLO
0:29.30 Debbie Paterson,12,HWAC
0:29.30 Renee Altmann,12,MAC
0:29.43 Geneviev Gauthier,12,CAMO
0:29.50 Ashley Hexamer,12,BRANT
0:29.55 Jennifer Hutchison,12,PCSC
0:29.58 Tracy Jarvis,12,AQUA
0:29.60 Alyson Hulme,12,OAK
0:29.60 Allison Higson,11,ESC
0:29.73 Sophie Solinas,12,SAMAK
0:29.74 Julie Valiquette,12,SAMAK
0:29.91 Jessica Walker,12,UNATT
0:30.00 Lucie Sylvestre,12,ICI
0:30.00 Melinda Toldy,12,HYACK
0:30.01 Glenda Fok,11,EKSC
0:30.41 Lisa Legge,12,CASC
0:30.20 Heather Armitage,12,WISC
0:30.27 Sue Fewster,12,GMAC
0:30.30 Kim Rapp,12,STARS
0:30.30 NicoleKutchenr'ter,12,TOMAC
0:30.40 Tami White,12,TNT
0:30.44 Elize Gershater,12,NYAC
0:30.50 Krista Brennan,12,SJS
0:30.50 Brandee Alexander,12,MANTA
0:30.50 Yvonne Jones,12,GCO
0:30.58 Susan Swing,12,KEETA
0:30.60 Jill Skorochod,12,ESC
0:30.62 Kristin Silbernagel,12,YLSC
0:30.70 Candace Yustin,12,TOMAC
0:30.70 Dawn Schultz,12,BLUE
0:30.70 Kathleen Hearn,12,ROW
0:30.71 Leagh Turner,12,NYAC
0:30.73 Heather Anderson,12,MANTA
0:30.75 Suzi Iro,12,LYAC
0:30.80 Victoria Coffin,12,ESC
0:30.80 Nancy Labrecque,12,LMRL
0:30.82 Kris Bruglemans,12,BLUE
0:30.82 Michelle Woods,11,CHENA
0:30.83 Michelle Goulet,11,PCSC
0:30.90 Whitney Ross,12,MUSAC
0:30.93 Heather Braaten,12,COBRA
0:30.92 Isabelle Pelland,11,LAVAL
0:30.95 Catherin Smith,12,ROCSC
0:30.97 Janice VanderGraaf,12,HYACK

100 METRES FREE/L18RE
Rec:0:59.78 L.Melien,AAC,84
0:59.78 Lori Melien,12,AAC
1:00.04 Janna Promislow,12,EKSC
1:01.46 Nancy Birchenough,12,PCSC
1:01.76 Nancy Lovrinic,12,AQUA
1:02.94 Johanne Begin,12,SFOY
1:03.43 Julie Valiquette,12,SAMAK
1:03.60 Gail Lorentz,12,EKSC
1:03.92 Tracy Jarvis,12,AQUA
1:03.96 Jennifer Hutchison,12,PCSC
1:04.14 Catherin McQueen,11,GOLO
1:04.31 Kim Rapp,12,STARS
1:04.32 Suzie Iro,12,LYAC
1:04.41 Renee Altmann,12,MAC
1:04.56 Debbie Paterson,12,HWAC
1:04.73 Ashley Hexamer,12,BRANT
1:05.03 Lucie Sylvestre,12,ICI
1:05.56 Krista Brennan,12,SJS
1:05.64 Tami White,12,TNT
1:05.65 Isabelle Nadeau,12,LAVAL
1:05.82 Geneviev Gauthier,12,CAMO
1:05.83 NicoleKutchenr'ter,12,TOMAC
1:05.87 Isabelle Pelland,11,LAVAL
1:05.88 Whitney Ross,12,MUSAC
1:05.99 Oeanna OePaoli,12,CASC
1:06.07 Sophie Solinas,12,SAMAK
1:06.08 Debbie Zwicker,12,OAK
1:06.09 Allison Higson,11,ESC
1:06.13 Alyson Hulme,12,OAK
1:06.17 Hilary Penner,12,KA
1:06.19 Melinda Toldy,12,HYACK
1:06.36 Michelle Woods,12,CHENA
1:06.60 Petra Martin,12,HTAC
1:06.82 Jill Skorochod,12,ESC
1:06.82 Kristi Boettcher,12,BSCC
1:06.92 Susan Swing,12,KEETA
1:07.05 Leagh Turner,12,NYAC
1:07.10 Brenda Martin,12,LUSC
1:07.10 Wendy Farrelly,12,HWAC
1:07.20 Lenise Kerr,12,MJKFF
1:07.21 Paige Backman,12,MM
1:07.21 Elissa Purvis,12,COSC
1:07.30 Kristin Silbernagel,11,YLSC
1:07.34 Rosemari Neroutsos,12,COHO
1:07.37 Carolyn Kerr,12,ESC
1:07.37 Sue Fewster,12,GMAC
1:07.40 Julie Oemers,12,CNSL
1:07.44 Glenda Fok,11,EKSC
1:07.51 Heather Braaten,12,COBRA
1:07.53 Louise Venne,12,PCSC
1:07.54 Caroline Beaudry,12,ICI

200 METRES FREE/L18RE
Rec:2:10.03 S.Smith,VanPks,74
2:12.18 Nancy Birchenough,12,PCSC
2:12.37 Janna Promislow,12,EKSC
2:12.79 Tracy Jarvis,12,AQUA
2:12.88 Nancy Lovrinic,12,AQUA
2:13.11 Lori Melien,12,AAC
2:16.99 Alyson Hulme,12,OAK
2:17.31 Suzi Iro,12,LYAC
2:17.32 Johanne Begin,12,SFOY
2:18.29 Gail Lorentz,12,EKSC
2:18.55 Paige Backman,12,MM
2:18.80 Jennifer Hutchison,12,PCSC
2:19.80 Lucie Sylvestre,12,ICI
2:19.81 Ashley Hexamer,12,BRANT
2:19.86 Krista Brennan,12,SJS
2:20.24 Kim Rapp,12,STARS
2:20.45 Elissa Purvis,12,COSC
2:20.53 Anne Gallop,12,ODO
2:20.69 Kristi Boettcher,12,8SCC
2:21.03 Tami White,12,TNT
2:21.13 Brenda Martin,12,LUSC
2:21.27 Michelle Woods,11,CHENA
2:21.36 Hilary Penner,12,KA
2:21.37 Isabelle Nadeau,12,LAVAL
2:21.61 Catherin McQueen,11,GOLO
2:21.78 Jessica Walker,12,WAC
2:22.11 Melinda Toldy,12,HYACK
2:22.20 Nancy Bedard,12,LAVAL
2:22.32 Renee Altmann,12,MAC
2:22.34 Corinne Liedtke,12,VICO
2:22.40 Oanielle Russell,12,WVOSC
2:22.46 Jackie McCall,12,UCSC
2:22.53 Cindy Orummond,12,TRENT
2:22.70 Julie Valiquette,12,SAMAK
2:22.82 Michelle Goulet,11,PCSC
2:22.85 Oina OePaoli,12,CASC
2:23.10 Rosemari Neroutsos,12,COHO
2:23.20 Caroline Morin,12,POM
2:23.71 Lorelei Paton,12,COSC
2:23.78 Miriam O'Neil,11,CYBF
2:23.80 Caroline Beaudry,12,ICI
2:24.00 Louise Venne,12,PCSC
2:24.16 Kim Reich,12,YLSC
2:24.16 Liisa Palmer,12,SSMAC
2:24.24 Kathleen Hearn,12,ROW
2:24.27 Annie Chantelois,11,SAMAK
2:24.30 Wendy Farrelly,12,HWAC
2:24.35 Susan Swing,12,FFA
2:24.62 Jennifer Sparks,12,GOLO
2:24.77 Petra Martin,12,HTAC
2:25.10 Anne Stacey,12,NAAC

400 METRES FREE/L18RE
Rec:4:31.48 N.Birchenough,PCSC,84
4:31.48 Nancy Birchenough,12,PCSC
4:41.80 Janna Promislnw,12,EKSC
4:42.18 Nancy Lovrinic,12,AQUA
4:42.47 Elissa Purvis,12,COSC
4:42.51 Lucie Sylvestre,12,ICI
4:45.61 Tracy Jarvis,12,AQUA
4:46.41 Suzi Iro,12,LYAC
4:47.29 Anne Gallop,12,DOO
4:48.13 Michelle Woods,12,CHENA
4:48.61 Corinne Liedtke,12,VICO
4:49.61 Gail Lorentz,12,EKSC
4:50.84 Tami White,12,TNT
4:51.37 Johanne Begin,12,SFOY
4:52.62 Michelle Goulet,11,PCSC
4:52.72 Nancy Bedard,12,LAVAL
4:53.03 Caroline Morin,12,POM
4:53.56 Kim Rapp,12,STARS
4:53.84 Hilary Penner,12,KA
4:54.25 Paige Backman,12,MM
4:54.43 Alyson Hulme,12,OAK
4:54.55 Kristi Boettcher,12,8SCC
4:54.97 Brenda Martin,12,LUSC
4:55.01 Lorelei Paton,12,COSC
4:55.58 Krista Brennan,12,SJS
4:55.63 Jennifer Hutchison,12,PCSC
4:57.12 Caroline Beaudry,12,ICI
4:57.35 Cindy Drummond,12,TRENT
4:57.38 Kim Reich,12,YLSC
4:57.40 Ashley Hexamer,12,BRANT
4:58.18 Heather Anderson,12,MANTA
4:58.40 Liisa Palmer,12,SSMAC
4:58.73 Louise Venne,12,PCSC
4:58.75 Shannon Bailey,12,SSAC
4:59.06 Lori Melien,12,AAC
4:59.64 Catherin McQueen,11,GOLO
4:59.65 Lenise Kerr,12,MJKFF
4:59.90 Julie Valiquette,12,SAMAK
5:00.00 Wendy Farrelly,12,HWAC
5:00.00 Candice Copenace,12,KA
5:00.23 Oanielle Russell,12,WVOSC
5:00.30 Jennifer Sparks,12,GOLO
5:00.81 Renee Altmann,12,MAC
5:01.30 Chantal Bertrand,12,CAS
5:01.37 Miriam O'Neil,11,CYBF
5:02.43 Kim Anderson,11,BROCK
5:02.65 Christin Verhille,12,FYA
5:03.12 Jennifer Tinson,12,HWAC
5:03.30 Catherin Schier,11,CHENA
5:03.34 Kate Robinson,12,WAC
5:03.57 Shelly Chanas,11,COSC

800 METRES FREE/L18RE
Rec:9:12.83 S.Smith,VanPks,74
9:21.97 Nancy Birchenough,12,PCSC
9:44.71 Nancy Lovrinic,12,AQUA
9:46.28 Lucie Sylvestre,12,ICI
9:47.65 Tracy Jarvis,12,AQUA
9:47.70 Elissa Purvis,12,COSC
9:51.36 Corinne Liedtke,12,VICO
9:51.66 Anne Gallop,12,OOO
9:51.70 Isabelle Nadeau,12,LAVAL
9:55.71 Suzi Iro,12,LYAC
9:56.06 Carolin Morin,12,POM
9:56.08 Lorelei Paton,12,COSC
9:58.39 Paige Backman,12,MM
9:59.36 Michelle Woods,12,CHENA
9:59.99 Carolyn Beaudry,12,ICI
10:01.53 Alyson Hulme,12,OAK
10:02.98 Jennifer Hutchison,12,PCSC
10:03.50 Nancy Bedard,12,LAVAL
10:04.64 Michelle Goulet,11,PCSC
10:07.60 Chantal Bertrand,12,CAS
10:07.68 Tami White,12,TNT
10:07.92 Heather Anderson,12,MANTA
10:08.05 Kim Rapp,12,STARS
10:08.76 Kate Robinson,13,WAC
10:09.63 Louise Venne,12,PCSC
10:10.44 Brenda Martin,12,LUSC
10:12.69 Shannon Bailey,12,SSAC
10:13.24 Oanielle Russell,12,WVOSC
10:13.74 Cindy Orummond,12,TRENT
10:15.60 Johanne Begin,12,SFOY
10:16.19 Kathleen Hearn,12,ROW
10:16.85 Rosemari Neroutsos,12,COHO
10:17.38 Krista Brennan,12,SJS
10:18.80 Kim Reich,12,YLSC
10:18.94 Candice Copenace,12,KA
10:19.00 Jennifer Sparks,12,GOLO
10:22.00 Brandee Alexander,12,MANTA
10:22.17 Gail Lorentz,12,EKSC
10:22.29 Renee Altmann,12,MAC
10:23.69 Melanie Pearson,11,BROCK
10:23.90 Kim Anderson,11,BROCK
10:24.70 Julie Valiquette,12,SAMAK
10:25.99 Andrea Hodgson,12,CAJ
10:26.64 Carolyn Flam,11,PCSC
10:27.00 Anne Stacey,12,NAAC
10:27.40 Liisa Palmer,12,SSMAC
10:27.63 Miriam O'Neil,11,CYBF
10:27.68 Chris Polomark,12,TSC
10:28.10 Lenise Kerr,12,MJKFF
10:28.12 Laurie OeMorest,12,MAC
10:28.30 Pam Gray,12,CHENA

100 METRES BACK/OOS
Rec:1:07.93 N.Garapick,HTAC,74
1:08.89 Lori Melien,12,AAC
1:11.48 Melinda Toldy,12,HYACK
1:11.80 Janna Promislow,12,EKSC
1:12.28 Keltie Byrne,12,EKSC
1:13.31 Debbie Paterson,12,HWAC
1:13.49 Jennifer Hutchison,12,PCSC
1:13.97 Nancy Bedard,12,LAVAL
1:13.98 Heather Braaten,12,COBRA
1:14.59 Krista Brennan,12,SJS
1:14.83 Oeanna OePaoli,12,CASC
1:15.32 Paige Backman,12,MM
1:15.34 Jennifer Thompson,12,COBRA
1:15.44 Kim Stobbs,11,GOLO
1:15.50 Liisa Palmer,12,SSMAC
1:15.66 Oana Labrie,12,NYAC
1:15.86 Nancy Lovrinic,12,AQUA
1:15.96 Kris Bruglemans,12,BLUE
1:15.96 Shannon Loughran,11,MMSC
1:16.18 Kia Puhm,12,ESC
1:16.24 Cindy Orummond,12,TRENT
1:16.32 Kari Robertson,12,SKSC
1:16.57 Rosemari Neroutsos,12,COHO
1:16.70 Jill Skorochod,12,ESC
1:16.79 Lorelei Paton,12,CDSC
1:16.93 Kerry Lemieux,12,TOMAC
1:16.95 Sophie Solinas,12,SAMAK
1:16.96 Carolyn Holt,12,ROCSC
1:17.18 Donyne Lane,12,COHO
1:17.27 Isabelle Vincent,11,SAMAK
1:17.27 Kathy Koopmans,12,TOMAC
1:17.43 Tiffany Sturgeon,11,NSC
1:17.43 Gail Lorentz,12,EKSC
1:17.48 Petra Martin,12,HTAC
1:17.52 Jane Smyth,12,LOSC
1:17.64 Erin Clark,12,ROO
1:17.74 Carolyn Kerr,12,ESC
1:17.84 Susan Swing,12,FFA
1:17.94 Isabelle Pelland,11,LAVAL
1:18.10 Janet Norris,12,BRANT
1:18.17 Oonna Phelan,11,NAAC
1:18.17 Allison Higson,11,ESC
1:18.18 Sonya Lewis,12,CFST
1:18.30 Catherin McQueen,11,GOLO
1:18.33 Susan Smith,12,ROW
1:18.55 Nancy Houle,12,CRY
1:18.69 Laurie OeMorest,12,MAC
1:18.72 Julie Leswick,12,WISC
1:18.82 Kristen Hinton,12,LYAC
1:18.82 Melissa Churcher,12,SJS
1:18.90 Anne-M. Anderson,12,ESC

200 METRES BACK/OOS
Rec:2:24.88 N.Garapick,HTAC,74
2:28.88 Lori Melien,12,AAC
2:32.87 Melinda Toldy,12,HYACK
2:36.26 Janna Promislow,12,EKSC
2:36.57 Paige Backman,12,MM
2:38.45 Krista Brennan,12,SJS
2:38.80 Lorelei Paton,12,COSC
2:38.84 Petra Martin,12,HTAC
2:38.88 Nancy Bedard,12,LAVAL
2:39.40 Liisa Palmer,12,SSMAC
2:39.75 Nancy Lovrinic,12,AQUA
2:40.08 Jennifer Hutchison,12,PCSC
2:40.49 Kia Puhm,12,ESC
2:41.40 Rosemari Neroutsos,12,COHO
2:42.10 Shannon Loughran,11,MMSC
2:42.65 Kari Robertson,12,SKSC
2:42.70 Kerri Lemieux,12,TOMAC
2:42.90 Kim Stobbs,11,GOLO
2:42.99 Jane Smyth,12,LOSC
2:43.63 Jennifer Thompson,12,COBRA
2:43.84 Kris Bruglemans,12,BLUE
2:43.84 Heather Braaten,12,COBRA
2:43.96 Jackie McCall,12,UCSC
2:44.29 Isabelle Pelland,11,LAVAL
2:44.48 Nancy Houle,12,CRY
2:44.56 Cindy Orummond,12,TRENT
2:45.09 Isabelle Vincent,11,SAMAK
2:45.09 Hilary Penner,12,KA
2:45.24 Janet Norris,12,BRANT
2:45.24 Gail Lorentz,12,EKSC
2:45.43 Guylaine Cloutier,12,MTMY
2:45.72 Elissa Purvis,12,COSC
2:45.78 Annie Chantelois,12,SAMAK
2:45.86 Kristine Stortini,12,SSMAC
2:45.91 Kim Jahner,12,HYACK
2:45.97 Chantal Bertrand,12,CAS
2:45.99 Oonna Phelan,11,NAAC
2:46.33 Tracie Stockie,12,ROW
2:46.35 Julie Leswick,12,WISC
2:46.69 Laurie OeMorest,12,MAC
2:46.90 Oonyne Lane,12,COHO
2:47.34 Sophie Solinas,12,SAMAK
2:47.50 Kim Reich,12,YLSC
2:47.74 Catherin McQueen,11,GOLO
2:47.79 Naomi Klein,12,YORK
2:47.91 Tracy Jarvis,12,AQUA
2:47.95 Tiffany Sturgeon,11,NSC
2:48.12 Nancy Birchenough,12,PCSC
2:48.36 Heather Armitage,12,WISC
2:48.65 Allison Higson,11,ESC
2:48.70 Anne-M. Anderson,12,ESC

100 METRES BREAST/BRASSE
Rec:1:14.95 G.Cloutier,MTMY,84
1:14.95 Guylaine Cloutier,12,MTMY
1:19.04 Susan Malcolm,12,CASC
1:20.63 Michelle Hastings,12,UCSC
1:20.66 Isabelle Nadeau,12,LAVAL
1:22.03 Leanne Maruk,12,GOLD
1:22.13 Candace Yustin,12,TOMAC
1:22.45 Julie Demers,12,CNSL
1:22.59 Celia Waxler,12,NYAC
1:22.60 Lisa Flood,12,PBD
1:22.68 Kristine Stortini,12,SSMAC
1:22.79 Karyn Thomson,12,CDSC
1:23.02 Susan Smith,12,ROW
1:23.02 Teresa Condello,12,OAK
1:23.43 Nancy Lovrinic,12,AQUA
1:23.98 Chantal Bertrand,12,CAS
1:24.02 Brandee Alexander,12,MANTA
1:24.22 Allison Higson,11,ESC
1:24.33 Gillian Fraser,12,OAK
1:24.57 Lianne Crawford,12,KYBM
1:24.70 Susan Swing,12,FFA
1:24.72 Catherin McQueen,11,GOLD
1:25.02 Tracy Jarvis,12,AQUA
1:25.06 Caroline Beaudry,12,ICI
1:25.28 Andrea Hodgson,12,CAJ
1:25.38 Julie Anderson,12,OSHAC
1:25.46 Gail Lorentz,12,EKSC
1:25.66 Janice VanderGraaf,12,HYACK
1:25.71 Sara Oesch,12,KWY
1:25.84 Ninon Lafontaine,12,SAMAK
1:26.32 Jennifer Tinson,12,HWAC
1:26.40 Anita Brown,12,CAJ
1:26.40 Donyne Lane,12,COHO
1:26.48 Dana Labrie,12,NYAC
1:26.60 Louise Venne,12,PCSC
1:26.62 Lauri Burgel,12,STARS
1:26.64 Olwyn Bruce,12,OST
1:26.64 Shannon Bailey,12,SSAC
1:26.71 Kristin Silbernagel,12,YLSC
1:26.76 Suzi Iro,12,LYAC
1:26.84 Andrea Ferris,12,OSPA
1:26.87 Kristen Midgley,12,YBAC
1:26.95 Cathy Eccles,12,SJAK
1:27.00 Isabel Meunier,12,CAG
1:27.01 Lilla Molnar,12,NYAC
1:27.08 Wendy Brookes,12,ROW
1:27.22 Nicole Servos,12,SJAK
1:27.43 Anne Laboisson're,12,NES
1:27.49 Kathy Ratcliffe,11,GO
1:27.60 Astrid Lange,11,TOMAC
1:27.61 Julie Leswick,12,WISC

200 METRES BREAST/BRASSE
Rec:2:40.50 G.Cloutier,MTMY,84
2:40.50 Guylaine Cloutier,12,MTMY
2:53.15 Kristine Stortini,12,SSMAC
2:53.40 Julie Demers,12,CNSL
2:53.63 Susan Smith,12,ROW
2:53.89 Leanne Maruk,12,GOLD
2:55.84 Caroline Beaudry,12,ICI
2:55.96 Michelle Hastings,12,UCSC
2:56.01 Candace Yustin,12,TOMAC
2:56.41 Isabelle Nadeau,12,LAVAL
2:57.70 Celia Waxler,12,NYAC
2:58.00 Nancy Lovrinic,12,AQUA
2:58.11 Lianne Crawford,12,KYBM
2:58.74 Karyn Thomson,12,CDSC
3:00.06 Teresa Condello,12,OAK
3:00.67 Ninon Lafontaine,12,SAMAK
3:00.81 Louise Venne,12,PCSC
3:00.84 Shannon Bailey,12,SSAC
3:00.92 Anita Brown,12,CAJ
3:01.38 Lisa Flood,12,PBO
3:01.51 Gillian Fraser,12,OAK
3:01.81 Andrea Hodgson,12,CAJ
3:02.04 Brandee Alexander,12,MANTA
3:02.85 Allison Higson,11,ESC
3:03.07 Suzi Iro,12,LYAC
3:03.08 Chantal Bertrand,12,CAS
3:03.23 Susan Swing,12,FFA
3:03.65 Jennifer Tinson,12,HWAC
3:03.75 Dana Labrie,12,NYAC
3:04.32 Julie Anderson,12,OSHAC
3:04.78 Sara Oesch,12,KWY
3:05.01 Cathy Eccles,12,SJAK
3:05.51 Lilla Molnar,12,NYAC
3:06.07 Tracy Jarvis,12,AQUA
3:06.31 Kristin Silbernagel,12,YLSC
3:06.38 Carrie Harse,11,HWAC
3:06.89 Catherin McQueen,11,GOLD
3:07.04 Donyne Lane,12,COHO
3:07.16 Isabel Meunier,12,CAG
3:07.78 Kathy Ratcliffe,11,GO
3:08.07 Karina Collie,12,MAC
3:08.15 Andrea Ferris,12,OSPA
3:08.24 Karen Lynch,12,LUSC
3:08.37 Pam Thomas,12,CAJ
3:08.70 Julie Durward,11,VPSC
3:08.84 Bernarda Gras,12,BROCK
3:09.87 Carol-A. Skulj,12,BROCK
3:09.90 Olwyn Bruce,12,OST
3:10.11 Michelle Woods,11,CHENA
3:10.20 Cathy Beaulieu,12,CNRH
3:10.28 Corinne Liedtke,12,VICO

100 METRES FLY/PAPILLON
Rec:1:06.08 M.MacPherson,Etob,79
1:08.39 Jennifer Hutchison,12,PCSC
1:08.69 Candace Yustin,12,TOMAC
1:08.81 Tracy Jarvis,12,AQUA
1:09.10 Krista Brennan,12,SJS
1:09.77 Lori Melien,12,AAC
1:10.11 Janna Promislow,12,EKSC
1:10.40 Gail Lorentz,12,EKSC
1:10.56 Louise Venne,12,PCSC
1:10.67 Alyson Hulme,12,OAK
1:10.97 Tracy Oarling,12,GOLO
1:11.10 Wendy Farrelly,12,HWAC
1:11.34 Jennifer Thompson,12,COBRA
1:11.48 Nancy Lovrinic,12,AQUA
1:11.55 Geneviev Gauthier,12,CAMO
1:11.55 Jackie McCall,12,UCSC
1:11.60 Anne-M. Therrien,12,CAG
1:11.65 Suzi Iro,12,LYAC
1:11.80 Caroline Beaudry,12,ICI
1:11.89 Stacy Wall,11,NYAC
1:11.90 Michelle Hastings,12,UCSC
1:12.15 Susan Smith,12,ROW
1:12.47 Kristi Boettcher,12,BSCC
1:12.48 Laurie DeMorest,12,MAC
1:12.98 Kim Rapp,12,STARS
1:13.01 Julie Valiquette,12,SAMAK
1:13.14 Isabelle Pelland,11,LAVAL
1:13.38 Rosemari Neroutsos,12,COHO
1:13.74 Catherin Ostiguy,11,CRY
1:13.92 Carolyn Flam,11,PCSC
1:14.08 Jennifer Sparks,12,GOLD
1:14.11 Julie Leswick,12,WISC
1:14.18 Hilary Penner,12,KA
1:14.27 Shelly Chanas,11,COSC
1:14.29 Keri Walker,12,DCSC
1:14.33 Michelle Robichaud,12,GOLD
1:14.44 Shay McNicol,12,BRANT
1:14.54 Glenda Fok,11,EKSC
1:14.56 Sue Fewster,12,GMAC
1:14.63 Nathalie Belanger,11,NSC
1:14.78 Nancy Houle,12,CRY
1:14.80 Dana Labrie,12,NYAC
1:14.89 Andrea Hodgson,12,CAJ
1:15.09 Ninon Lafontaine,12,SAMAK
1:15.12 Candice Copenace,12,KA
1:15.14 Carolyn Holt,12,ROCSC
1:15.18 Pam Gray,12,CHENA
1:15.28 Jill Johnston,12,ESC
1:15.30 Marie-C. Beauchamps,12,CNNG
1:15.39 Laurie Blank,12,DCSC
1:15.45 Sophie Solinas,12,SAMAK

200 METRES FLY/PAPILLON
Rec:2:22.47 M.Coulombe,CNMN,77
2:30.39 Krista Brennan,12,SJS
2:30.59 Jennifer Hutchison,12,PCSC
2:32.87 Tracy Jarvis,12,AQUA
2:34.10 Louise Venne,12,PCSC
2:34.60 Wendy Farrelly,12,HWAC
2:34.96 Nancy Lovrinic,12,AQUA
2:35.17 Alyson Hulme,12,OAK
2:35.87 Caroline Morin,12,POM
2:36.12 Rosemari Neroutsos,12,COHO
2:36.19 Suzi Iro,12,LYAC
2:37.65 Carolyn Beaudry,12,ICI
2:38.46 Anne-M. Therrien,12,CAG
2:38.57 Laurie DeMorest,12,MAC
2:38.80 Jackie McCall,12,UCSC
2:38.92 Carolyn Flam,11,PCSC
2:39.11 Jennifer Sparks,12,GOLD
2:39.65 Kristi Boettcher,12,BSCC
2:39.66 Isabelle Pelland,11,LAVAL
2:40.13 Hilary Penner,12,KA
2:40.71 Kim Jahner,12,HYACK
2:40.82 Shay McNicol,12,BRANT
2:41.63 Candice Copenace,12,KA
2:42.13 Anita Brown,12,CAJ
2:42.79 Shelly Chanas,11,COSC
2:42.97 Lorelei Paton,12,CDSC
2:43.00 Marie-C. Beauchamps,12,CNNG
2:43.24 Elissa Purvis,12,CDSC
2:43.37 Brenda Martin,12,LUSC
2:43.85 Andrea Hodgson,12,CAJ
2:43.98 Geneviev Gauthier,12,CAMO
2:44.17 Keri Walker,12,OCSC
2:44.36 Yukiko Toda,12,POM
2:44.77 Jennifer Fleming,12,SKSC
2:44.87 Anne Gallop,12,DOO
2:45.40 Michelle Woods,11,CHENA
2:45.89 Heidi Wurmann,12,OSC
2:45.91 Michelle Robichaud,12,GOLO
2:46.30 Sue Fewster,12,GMAC
2:47.59 Jennifer Thompson,12,COBRA
2:48.23 Lisa Jansen,12,ESC
2:48.38 Susan Smith,12,ROW
2:48.56 Kim Stobbs,11,GOLD
2:48.57 Elize Gershater,12,NYAC
2:48.66 Kristi Peters,12,TOMAC
2:48.72 Carolyn Holt,12,RDCSC
2:49.11 Nancy Houle,12,CRY
2:49.16 Pam Gray,12,CHENA
2:49.35 Shannon Bailey,12,SSAC
2:49.88 Catherin Ostiguy,11,CRY
2:49.96 Laurie Blank,12,OCSC

200 METRES I.M./QUATRE NAGES
Rec:2:26.37 A.Dozzo,NYAC,80
2:28.32 Janna Promislow,12,EKSC
2:30.12 Lori Melien,12,AAC
2:33.20 Nancy Lovrinic,12,AQUA
2:33.25 Gail Lorentz,12,EKSC
2:34.81 Guylaine Cloutier,12,MTMY
2:35.73 Jennifer Hutchison,12,PCSC
2:35.82 Candace Yustin,12,TOMAC
2:35.96 Suzi Iro,12,LYAC
2:36.39 Tracy Jarvis,12,AQUA
2:36.44 Isabelle Nadeau,12,LAVAL
2:37.20 Susan Smith,12,ROW
2:37.30 Caroline Beaudry,12,ICI
2:37.33 Michelle Hastings,12,UCSC
2:37.41 Catherin McQueen,11,GOLO
2:37.50 Krista Brennan,12,SJS
2:37.82 Alyson Hulme,12,OAK
2:38.39 Kim Rapp,12,STARS
2:38.94 Isabelle Pelland,11,LAVAL
2:40.24 Elissa Purvis,12,COSC
2:40.38 Dana Labrie,12,NYAC
2:40.81 Paige Backman,12,MM
2:40.96 Louise Venne,12,PCSC
2:41.20 Susan Swing,12,FFA
2:41.21 Geneviev Gauthier,12,CAMO
2:41.43 Nancy Bedard,12,LAVAL
2:41.44 Anita Brown,12,CAJ
2:41.59 Lorelei Paton,12,COSC
2:41.62 Ninon Lafontaine,12,SAMAK
2:41.73 Michelle Woods,12,CHENA
2:41.77 Leane Maruk,12,GOLD
2:42.10 Allison Higson,11,ESC
2:42.25 Sophie Solinas,12,SAMAK
2:42.27 Teresa Condello,12,OAK
2:42.46 Melinda Toldy,12,HYACK
2:42.88 Ashley Hexamer,12,BRANT
2:42.91 Jackie McCall,12,UCSC
2:42.96 Andrea Hodgson,12,CAJ
2:43.33 Chantal Bertrand,12,CAS
2:43.41 Kathleen Hearn,12,ROW
2:43.53 Jennifer Thompson,12,COBRA
2:43.66 Keri Walker,12,DCSC
2:44.48 Lisa Flood,12,PBD
2:44.50 Nancy Houle,12,CRY
2:44.61 Johanne Begin,12,SFOY
2:44.69 Heather Anderson,12,MANTA
2:44.72 Carol-A. Skulj,12,BROCK
2:44.78 Laurie Vincent,12,LUSC
2:44.83 Rosemari Neroutsos,12,COHO
2:44.98 Carolyn Kerr,12,ESC
2:45.03 Brandee Alexander,12,MANTA

400 METRES I.M./QUATRE NAGES
Rec:5:10.95 S.Smith,VanPks,74
5:22.90 Janna Promislow,12,EKSC
5:23.78 Isabelle Nadeau,12,LAVAL
5:24.64 Lori Melien,12,AAC
5:26.33 Caroline Beaudry,12,ICI
5:27.19 Nancy Lovrinic,12,AQUA
5:28.10 Suzi Iro,12,LYAC
5:29.77 Tracy Jarvis,12,AQUA
5:31.83 Lorelei Paton,12,COSC
5:32.05 Elissa Purvis,12,COSC
5:32.32 Krista Brennan,12,SJS
5:34.49 Susan Smith,12,ROW
5:34.85 Isabelle Pelland,11,LAVAL
5:35.71 Gail Lorentz,12,EKSC
5:36.03 Michelle Woods,11,CHENA
5:36.25 Louise Venne,12,PCSC
5:37.50 Paige Backman,12,MM
5:38.60 Leane Maruk,12,GOLD
5:39.28 Jennifer Hutchison,12,PCSC
5:39.47 Shannon Bailey,12,SSAC
5:39.65 Chantal Bertrand,12,CAG
5:40.14 Caroline Morin,12,POM
5:40.92 Kim Rapp,12,STARS
5:41.08 Rosemari Neroutsos,12,COHO
5:42.51 Jackie McCall,12,UCSC
5:44.92 Andrea Hodgson,12,CAJ
5:45.07 Jennifer Sparks,12,GOLD
5:45.09 Jennifer Thompson,12,COBRA
5:45.42 Susan Swing,12,FFA
5:45.67 Nancy Bedard,12,LAVAL
5:45.93 Anita Brown,12,CAJ
5:46.19 Allison Higson,11,ESC
5:46.44 Cindy Drummond,12,TRENT
5:46.45 Hilary Penner,12,KA
5:46.46 Brenda Martin,12,LUSC
5:46.52 Nancy Houle,12,CRY
5:46.80 Laurie DeMorest,12,MAC
5:47.30 Pam Gray,12,CHENA
5:48.13 Candice Copenace,12,KA
5:48.63 Kari Robertson,12,SKSC
5:48.96 Brandee Alexander,12,MANTA
5:49.74 Keri Walker,12,OCSC
5:49.92 Corinne Liedtke,12,VICO
5:50.57 Heather Anderson,12,MANTA
5:51.33 Jane Smyth,12,LOSC
5:51.66 Lisa Flood,12,PBO
5:53.17 Kristin Silbernagel,12,YLSC
5:53.57 Kim Anderson,11,BROCK
5:53.84 Heidi Wurmann,12,OSC
5:54.20 Catherin McQueen,11,GOLO
5:54.70 Julie Demers,12,CNSL

4x50 M MEDLEY REL QUATRE NAGES
Rec:2:13.00 Etobicoke,79
2:16.16 Edm Keyano,EKSC
2:18.33 Waterloo,ROW
2:18.93 Goldfin,GOLO
2:19.20 Halifax,HTAC
2:20.54 Brossard,SAMAK
2:21.24 Mississauga,TOMAC
2:21.59 Etobicoke,ESC
2:22.08 Brampton,COBRA
2:22.30 Pt-Claire,PCSC
2:23.89 North York,NYAC
2:24.01 Brantford,BRANT
2:24.19 Cdn.Oolphin,CDSC
2:25.67 Nepean,NSC
2:25.92 Oakville,OAK
2:26.55 Cascade,CASC
2:26.55 Whitby,WISC
2:26.90 Univ.Calgary,UCSC
2:27.01 Slt.S.Marie,SSMAC
2:27.50 Burlington,BSCC
2:27.51 Markham,MAC
2:27.90 St.James,SJS
2:27.98 Oartmouth,DCSC
2:28.30 Opt.Sprites,OSPA
2:28.32 Windsor,WAC
2:28.51 Hamilt-Went,HWAC
2:28.64 London,LYAC
2:28.64 Chena SC,CHENA
2:28.85 Ajax,AAC
2:28.85 Surrey Knigh,SKSC
2:29.04 Guelph,GMAC
2:29.04 Okanagan,OST
2:29.20 YMCA Laser,YLSC
2:29.58 Regina,ROO
2:29.86 Victoria,COHO
2:29.96 Manta AC,MANTA
2:30.24 St.John's,SJAK
2:30.42 Laurentian,LUSC
2:30.64 Laval,LAVAL
2:31.79 Man Marlin,MM
2:31.91 Olympian,OSC
2:32.93 Kenora,KA
2:33.40 Trent SC,TRENT
2:33.84 Pr.George,PGB
2:34.00 Lethbridge,LASC
2:34.00 Scarboro,SSAC
2:35.30 Selkirk,SD
2:35.70 Charlott'n,YBAC
2:36.01 Richm.Hill,RHAC
2:36.36 Edm Bluefin,BLUE
2:37.42 Montreal,POM

4x50 M FREE REL LIBRE
Rec:1:56.66 Edm Keyano,83
1:56.92 Edm Keyano,EKSC
2:04.04 Hyack SC,HYACK
2:04.10 Etobicoke,ESC
2:05.50 Waterloo,ROW
2:05.53 Brantford,BRANT
2:05.79 Brossard,SAMAK
2:06.28 Goldfin,GOLD
2:07.79 North York,NYAC
2:08.16 Mississauga,TOMAC
2:08.60 Brampton,COBRA
2:08.69 Whitby,WISC
2:08.84 Chena SC,CHENA
2:09.24 Dollard,DOO
2:09.28 Markham,MAC
2:09.37 Cdn.Dolphin,CDSC
2:09.47 Cascade SC,CASC
2:09.74 Burlington,BSCC
2:10.44 Manta AC,MANTA
2:10.45 Laval,LAVAL
2:10.47 Oakville,OAK
2:10.70 Shawinigan,ICI
2:10.77 Pt-Claire,PCSC
2:11.14 YMCA Laser,YLSC
2:11.40 Gatineau,CAG
2:11.43 Scarboro,SSAC
2:11.45 London,LYAC
2:11.45 Hamilt-Went,HWAC
2:11.64 Opt.Sprites,OSPA
2:11.70 Dartmouth,OCSC
2:11.73 Windsor,WAC
2:11.80 Victoria,COHO
2:12.48 St.James,SJS
2:12.54 Montreal,CAMO
2:13.04 Univ.Calgary,UCSC
2:13.12 Olympian,OSC
2:13.40 Ajax,AAC
2:13.42 Nepean,NSC
2:13.86 Loups Marins,LMRL
2:14.20 St.Laurent,CNSL
2:14.25 Oakanagan,OST
2:14.27 Laurentian,LUSC
2:14.28 Trent SC,TRENT
2:14.57 Slt.S.Marie,SSMAC
2:14.73 Kenora,KA
2:15.06 Surrey,SKSC
2:15.13 Pr.George,PGB
2:15.73 Montreal,POM
2:15.89 St.John's,SJAK
2:15.95 Dectenat,UM
2:16.03 Man Marlin,MM

GIRLS 13–14

50 METRES FREE/LIBRE

Rec:0:27.11 P.Rai,Hyack,BO
0:27.53 Janna Promislow,13,EKSC
0:27.90 Kim Paterson,14,HWAC
0:27.98 Miriam Ticktin,14,PCSC
0:28.00 Pascale Choquet,14,CNB
0:28.05 Patricia Noall,14,BBF
0:28.06 Debbie Wurzburger,14,LYAC
0:28.29 Chantal Ourocher,14,SAMAK
0:28.34 Carolyn Ager,13,NSC
0:28.39 Gail Lorentz,13,EKSC
0:28.40 Lois Mare,14,KA
0:28.46 Leighann Howard,13,MUSAC
0:28.53 Lesley Horton,14,ROW
0:28.60 Whitney Ross,13,MUSAC
0:28.65 Liane Shields,14,000
0:28.70 Lara Bohatyretz,14,ESC
0:28.75 Erin Anderson,14,ESC
0:28.75 Sophie Oufour,13,CRY
0:28.80 Deanna Lane,14,COHO
0:28.84 Jennifer McElroy,14,ROW
0:28.86 Wendy Trempe,14,AAC
0:28.87 Marie-C. Potvin,14,SAMAK
0:28.87 Tara Terins,14,COSC
0:28.87 Sylvia Tamme,14,ODO
0:28.90 Chris Hashimoto,13,CHENA
0:28.92 Chantal Miklosi,14,CAMO
0:28.95 Robyn Gyrlevich,14,MJKFF
0:28.95 Malaika B-Bowes,13,BBF
0:28.97 Geneviev Biron,14,SELCT
0:28.99 Kelly Andrews,14,YBAC
0:29.00 Chris Lessard,14,CNS1
0:29.06 Keltie Byrne,13,EKSC
0:29.08 Erin Murphy,14,MANTA
0:29.10 Tanya Lewis,14,OSC
0:29.13 Debbie Paterson,13,HWAC
0:29.15 Laura Pagnucco,14,UCSC
0:29.20 Jill Rann,14,WAC
0:29.20 Carolyn Reeder,13,WVOSC
0:29.21 Margo McGregor,14,BOSC
0:29.23 Renee Altmann,13,MAC
0:29.23 Anna Jensen,14,COBRA
0:29.23 Pamela Tadgell,14,BBF
0:29.23 Jennifer Raymond,14,LAVAL
0:29.26 Chris Gerencser,14,LASC
0:29.30 Shannon Kelly,14,HWAC
0:29.30 Jennifer Smith,14,BROCK
0:29.30 Marty Roberts,14,CVAC
0:29.30 Kelly Quick,14,OST
0:29.31 Allyson Smith,14,NEW
0:29.32 Alanna Mason,14,WTSC
0:29.35 Nancy Lovrinic,13,AQUA

100 METRES FREE/LIBRE

Rec:0:58.25 D.Clarke,TBT,76
0:59.23 Debbie Wurzburger,14,LYAC
0:59.27 Janna Promislow,13,EKSC
0:59.37 Jennifer McElroy,14,ROW
0:59.65 Miriam Ticktin,14,PCSC
0:59.74 Patricia Noall,14,BBF
1:00.33 Chantal Durocher,14,SAMAK
1:00.42 Liane Shields,14,ODO
1:01.35 Kim Paterson,14,HWAC
1:01.46 Leighann Howard,13,MUSAC
1:01.50 Lara Bohatyretz,14,ESC
1:01.50 Sophie Dufour,13,CRY
1:01.63 Serena Copenace,14,KA
1:01.84 Lesley Horton,14,ROW
1:02.05 Robyn Gyrlevich,14,MJKFF
1:02.09 Carolyn Ager,13,NSC
1:02.12 Chris Hopkyns,14,CASC
1:02.22 Chantal Miklosi,14,CAMO
1:02.27 Sylvia Tamme,14,000
1:02.31 Jennifer McPherson,14,ROW
1:02.37 Wendy Trempe,14,AAC
1:02.38 Chris Hashimoto,13,CHENA
1:02.39 Erin Anderson,14,ESC
1:02.50 Nancy Lovrinic,13,AQUA
1:02.58 Whitney Ross,13,MUSAC
1:02.73 Marie-A.Lafontaine,14,SAMAK
1:02.81 Kim Exelby,14,KYBM
1:02.81 Septembe McGill,14,UCSC
1:02.85 Gail Lorentz,13,EKSC
1:03.00 Pascale Choquet,14,CNB
1:03.00 Lois Mare,14,KA
1:03.16 Hannelor Wurmann,14,OSC
1:03.22 Anna Jensen,14,COBRA
1:03.26 Michelle Vratnick,14,ESC
1:03.26 Paula Neufeld,14,CHENA
1:03.38 Tanya Lewis,13,OSC
1:03.39 Laura Pagnucco,14,UCSC
1:03.44 Tara Terins,14,COSC
1:03.45 Jennifer Smith,14,BROCK
1:03.49 Kim Milne,14,LYAC
1:03.49 Tammy Apperley,14,UNATT
1:03.50 Lisa Woods,14,CHENA
1:03.50 Pamela Tadgell,14,BBF
1:03.51 Alanna Mason,14,WTSC
1:03.56 Jenny Mederak,14,BRANT
1:03.59 Keltie Byrne,13,EKSC
1:03.63 Natasha Cassivi,14,SAMAK
1:03.74 Kaili Salmon,14,GO
1:03.74 Carolyn Leeder,13,WVOSC
1:03.78 Jennifer Raymond,14,LAVAL
1:03.79 Susan Barnes,14,UCSC

200 METRES FREE/LIBRE

Rec:2:03.42 S.Smith,Hyack,76
2:06.01 Debbie Wurzburger,14,LYAC
2:06.83 Jennifer McElroy,14,ROW
2:06.96 Miriam Ticktin,14,PCSC
2:07.03 Janna Promislow,13,EKSC
2:08.30 Patricia Noall,14,BBF
2:10.27 Chantal Ourocher,14,SAMAK
2:10.27 Sophie Oufour,13,CRY
2:10.44 Kim Milne,14,LYAC
2:11.07 Chantal Miklosi,14,CAMO
2:11.91 Serena Copenace,14,KA
2:12.16 Marty Roberts,14,CVAC
2:12.21 Liane Shields,14,000
2:12.25 Sara Frisby,14,COSC
2:12.51 Elissa Purvis,13,COSC
2:12.64 Jennifer Smith,14,BROCK
2:13.03 Lara Bohatyretz,14,ESC
2:13.07 Kati Veghely,14,PCSC
2:13.35 Leighann Howard,13,MUSAC
2:13.44 Susan Barnes,14,UCSC
2:13.50 Lucie Lafond,14,POM
2:13.58 Nancy Lovrinic,13,AQUA
2:13.79 Setpembe McGill,14,UCSC
2:13.89 Tina Manryk,14,SELCT
2:14.00 Sylvia Tamme,14,000
2:14.01 Pamela Tadgell,14,BBF
2:14.13 Lesley Horton,14,ROW
2:14.15 Jennifer McPherson,14,ROW
2:14.20 Adrienne Kovacs,14,ESC
2:14.39 Terry Moore,14,GO
2:14.58 Wendy Trempe,14,AAC
2:14.67 Carolyn Ager,13,NSC
2:14.85 Chris Hashimoto,13,CHENA
2:15.09 Hannelor Wurmann,14,OSC
2:15.26 Kim Paterson,14,HWAC
2:15.32 Jill Rann,14,WAC
2:15.48 Robyn Gyrlevich,14,MJKFF
2:15.86 Carolyn Reeder,13,WVOSC
2:16.06 Whitney Ross,13,MUSAC
2:16.14 Laura Pagnucco,14,UCSC
2:16.18 Paula Neufeld,14,CHENA
2:16.40 Tammy Apperley,14,UNATT
2:16.46 Kristen Clark,14,ROO
2:16.49 Janet O'Brien,14,000
2:16.58 Natasha Cassivi,14,SAMAK
2:16.79 Brenda Moore,13,PCSC
2:17.04 Mojca Cater,14,NYAC
2:17.18 Gail Lorentz,13,EKSC
2:17.22 Tracey Pennefather,14,000
2:17.53 Tanya Lewis,13,OSC
2:17.68 Erin Anderson,14,ESC

400 METRES FREE/LIBRE

Rec:4:14.60 S.Smith,Hyack,76
4:21.10 Debbie Wurzburger,14,LYAC
4:23.10 Kim Milne,14,LYAC
4:24.75 Sophie Dufour,13,CRY
4:24.90 Miriam Ticktin,14,PCSC
4:27.43 Sara Frisby,14,COSC
4:28.41 Jennifer McElroy,14,ROW
4:29.46 Jennifer Smith,14,BROCK
4:29.71 Serena Copenace,14,CASC
4:31.96 Chantal Ourocher,14,SAMAK
4:32.49 Chantal Miklosi,14,CAMO
4:32.93 Lara Bohatyretz,14,ESC
4:33.16 Patricia Noall,14,BBF
4:34.47 Lucie Lafond,14,POM
4:34.99 Natasha Cassivi,14,SAMAK
4:35.71 Pamela Tadgell,14,BBF
4:36.17 Sylvia Tamme,14,000
4:37.23 Kati Veghely,14,PCSC
4:37.64 Elissa Purvis,13,COSC
4:38.03 Susan Barnes,14,UCSC
4:38.12 Adrienne Kovacs,14,ESC
4:38.26 Leighann Howard,13,MUSAC
4:40.11 Chris Hashimoto,13,CHENA
4:40.48 Nancy Lovrinic,13,AQUA
4:40.71 Brenda Moore,13,PCSC
4:41.04 Lesley Horton,14,ROW
4:41.32 Hannelor Wurmann,14,OSC
4:41.43 Septembe McGill,14,UCSC
4:42.10 Gisele Roy,14,CNS
4:43.45 Marty Roberts,14,CVAC
4:44.02 Robyn Gyrlevich,14,MJKFF
4:44.08 Oelanie Berg,13,CASC
4:44.39 Chantal Ouellet,14,CNNG
4:44.86 Tracey Pennefather,14,000
4:45.29 Jill Rann,14,WAC
4:45.63 Stacey Struthers,13,PCSC
4:46.25 Jill Skorochod,13,ESC
4:46.54 Shawn Hunter,14,NSC
4:46.65 Wendy Johnston,14,MAC
4:47.16 Wendy Trempe,14,AAC
4:47.30 Wendy Farrelly,13,HWAC
4:47.30 Julie Lefebvre,14,POM
4:47.63 Jennifer McPherson,14,ROW
4:47.94 Whitney Ross,13,MUSAC
4:48.45 Laura Pagnucco,14,UCSC
4:48.51 Janet Morrison,14,TOMAC
4:48.60 Carolyn Ager,13,NSC
4:48.66 Lorelei Paton,13,COSC
4:48.97 Tammy Apperley,14,SSC
4:49.46 Erin Anderson,14,ESC
4:49.55 Nancy Bedard,13,LAVAL

800 METRES FREE/LIBRE

Rec:8:46.39 S.Smith,Hyack,76
8:57.24 Debbie Wurzburger,14,LYAC
8:58.59 Kim Milne,14,LYAC
9:00.83 Miriam Ticktin,14,PCSC
9:02.52 Sophie Oufour,13,CRY
9:04.02 Sara Frisby,14,COSC
9:11.79 Jennifer Smith,14,BROCK
9:11.98 Patricia Noall,14,BBF
9:15.44 Lucie Lafond,14,POM
9:17.65 Serena Copenace,14,CASC
9:18.80 Elissa Purvis,13,COSC
9:22.49 Sylvia Tamme,14,000
9:23.44 Chantal Miklosi,14,CAMO
9:23.61 Natasha Cassivi,14,SAMAK
9:24.65 Brenda Moore,13,PCSC
9:27.77 Lara Bohatyretz,14,ESC
9:30.05 Chantal Ourocher,14,SAMAK
9:34.10 Marty Roberts,14,CVAC
9:35.03 Hannelor Wurmann,14,OSC
9:35.75 Kati Veghely,14,PCSC
9:35.83 Adrianne Kovacs,14,ESC
9:36.41 Susan Barnes,14,UCSC
9:37.23 Chantal Ouellet,14,CNNG
9:38.35 Nancy Lovrinic,13,AQUA
9:39.20 Chris Hashimoto,13,CHENA
9:41.76 Giselle Roy,13,CNS
9:42.24 Shawn Hunter,14,NSC
9:42.49 Oelanie Berg,13,CASC
9:42.76 Julie Lefebvre,14,POM
9:43.76 Nancy Labonte,13,POM
9:44.17 Stacey Struthers,13,PCSC
9:46.49 Pamela Tadgell,14,BBF
9:46.99 Tracey Pennefather,14,000
9:47.70 Isabelle Nadeau,13,LAVAL
9:47.72 Wendy Johnston,14,MAC
9:47.91 Janet McKetsy,14,LUSC
9:48.13 Laura Pagnucco,14,UCSC
9:48.88 Joanne Balkwill,14,BROCK
9:49.19 Lorelei Paton,13,COSC
9:49.84 Carolyn Ager,13,NSC
9:51.58 Erin Anderson,14,ESC
9:51.80 Kaili Salmon,14,GO
9:52.15 Laurie Statham,13,MAC
9:52.89 Kim Poenitz,14,HYACK
9:52.99 Wendy Farrelly,13,HWAC
9:53.51 Anne Mercure,14,LAVAL
9:54.45 Michelle Meadows,13,SKSC
9:54.80 Nancy Bedard,13,LAVAL
9:55.39 Jennifer McPherson,14,ROW
9:55.93 Tammy Apperley,14,SSC
9:56.00 Janet Morrison,14,TOMAC

100 METRES BACK/OOS

Rec:1:03.28 N.Garapick,HTAC,76
1:07.77 Pascale Choquet,14,CNB
1:07.98 Jennifer McElroy,14,ROW
1:08.28 Marie-A.Lafontaine,14,SAMAK
1:08.33 Kati Veghely,14,PCSC
1:08.55 Janet McKetsy,14,LUSC
1:08.80 Liane Shields,14,DDO
1:09.54 Marie-H. Henry,13,COB
1:09.77 Debbie Paterson,13,HWAC
1:09.91 Oina DeLorenzi,13,SSMAC
1:09.94 Cindy Mabee,14,HYACK
1:09.98 Geneviev Paquette,13,SL
1:10.04 Melissa Evans,13,EKSC
1:10.40 Suzy Stanton,14,CHENA
1:10.50 Andrea Lefort,13,MJKFF
1:10.63 Sara Frisby,14,COSC
1:10.63 Lani Heslip,13,PGB
1:10.91 Jessica Roberts,13,COSC
1:11.08 Tina Manryk,13,SELCT
1:11.09 Christin Moore,14,000
1:11.13 Stefne Madison,14,UCSC
1:11.12 Robyn Gyrlevich,14,MJKFF
1:11.25 Susan Black,14,HWAC
1:11.41 Lori Borean,13,STARS
1:11.41 Lesley Horton,14,ROW
1:11.50 Anne Barnes,13,VICO
1:11.64 Janet O'Brien,14,000
1:11.73 Wendy Johnston,14,MAC
1:11.75 Keltie Byrne,13,EKSC
1:11.79 Janna Promislow,13,EKSC
1:11.91 Sonia Martin,14,HTAC
1:11.93 Mojca Cater,14,NYAC
1:11.93 Michelle Turner,14,NSC
1:12.19 Kelley Aitken,14,TRENT
1:12.24 Lara Bohatyretz,14,ESC
1:12.28 Julie Fenton,14,COBRA
1:12.31 Claudia Szendrovits,13,ROW
1:12.35 Malaika B-Bowes,13,BBF
1:12.35 Allison Batstone,14,TBT
1:12.50 Nicola Mitchell,14,NYAC
1:12.52 Michelle Oixon,14,UNATT
1:12.86 Andrea Spada,14,KYBM
1:12.86 Anne Taylor,14,EKSC
1:12.92 Janet Morrison,14,TOMAC
1:13.02 Angela Tingle,13,UCSC
1:13.04 Patricia Noall,14,BBF
1:13.05 Kaili Salmon,14,GO
1:13.13 Chantal Miklosi,14,CAMO
1:13.14 Krista Brennan,13,SJS
1:13.48 Melissa Lovatt,14,EKSC
1:13.71 Kim Milne,14,LYAC

200 METRES BACK/OOS

Rec:2:15.60 N.Garapick,HTAC,76
2:23.78 Kati Veghely,14,PCSC
2:25.69 Marie-A.Lafontaine,14,SAMAK
2:25.81 Janet McKetsy,14,LUSC
2:26.43 Jennifer McElroy,14,ROW
2:27.47 Andrea Lefort,13,MJKFF
2:27.73 Sara Frisby,14,COSC
2:27.80 Liane Shields,14,ODO
2:28.60 Cindy Mabee,14,HYACK
2:29.20 Pascale Choquet,14,CNB
2:29.24 Jessica Roberts,13,CDSC
2:29.49 Mari-H. Henry,13,COB
2:30.43 Stefne Madison,14,UCSC
2:30.75 Tina Manryk,14,SELCT
2:31.65 Suzy Stanton,14,CHENA
2:31.79 Melissa Evans,13,EKSC
2:31.91 Lesley Horton,14,ROW
2:32.26 Anne Taylor,14,EKSC
2:32.54 Keltie Byrne,13,EKSC
2:32.63 Mojca Cater,14,NYAC
2:32.81 Debbie Paterson,13,HWAC
2:32.99 Kelley Aitken,14,TRENT
2:33.44 Susan Black,14,HWAC
2:33.45 Geneviev Paquette,13,SL
2:33.82 Christel Ousovich,13,SAMAK
2:34.04 Christin Moore,14,000
2:34.27 Claudia Szendrovits,13,ROW
2:34.58 Wendy Johnston,14,MAC
2:34.83 Natasha Cassivi,14,SAMAK
2:34.84 Andrea Spada,14,KYBM
2:35.21 Janet Morrison,14,TOMAC
2:35.56 Patricia Noall,14,BBF
2:35.71 Julie Fenton,14,COBRA
2:35.72 Kim Milne,14,LYAC
2:35.72 Hannelor Wurmann,14,OSC
2:35.83 Oelanie Berg,13,CASC
2:35.85 Allison Batstone,14,TBT
2:35.95 Jennifer McPherson,14,ROW
2:36.00 Anne Barnes,13,VICO
2:36.11 Lucie Lafond,14,POM
2:36.33 Oina OeLorenzi,13,SSMAC
2:36.44 Septembe McGill,14,UCSC
2:36.56 Theresia Arnott,13,HWAC
2:36.57 Kaili Salmon,14,GO
2:36.81 Leanne Bond,14,ESC
2:36.87 Lorelei Paton,13,CDSC
2:37.11 Nancy Gribben,13,YORK
2:37.16 Nicola Mitchell,14,NYAC
2:37.22 Jill Skorochod,13,ESC
2:37.27 Serena Copenace,14,UNATT
2:37.59 Lisa Letourneau,13,LOSC

100 METRES BREAST/BRASSE
Rec:1:13.22 S.Dezeeuw,HWAC,79
1:14.54 Kaili Salmon,14,GO
1:15.94 Jennifer McElroy,14,ROW
1:17.45 Geneviev Biron,14,PCSC
1:17.48 Karyn Hatton,14,STARS
1:17.53 Tara Terins,14,CDSC
1:18.35 Celia Waxler,13,NYAC
1:18.54 Susan Atkey,14,UCSC
1:18.61 Michelle Hastings,13,UCSC
1:18.77 Carolyn Reeder,13,WVOSC
1:18.84 Keltie Byrne,13,EKSC
1:18.88 Brandee Alexander,13,MANTA
1:19.06 Natacha Patry,13,LAVAL
1:19.20 Sophie Latour,14,SAMAK
1:19.31 Marie-C. Potvin,13,SAMAK
1:19.61 Julie Lefebvre,14,POM
1:19.68 Isabelle Bernard,13,PCSC
1:19.72 Allison Batstone,14,TBT
1:19.80 Karyn Thomson,13,CDSC
1:19.81 Kim Poenitz,14,HYACK
1:19.93 Al Davis,14,HTAC
1:19.94 Nancy Woodhall,13,ROW
1:20.06 Sara McIntyre,14,CAJ
1:20.14 Jill Rann,14,WAC
1:20.34 Val Georgiev,14,CAJ
1:20.50 Nathalie Hetu,14,CNSL
1:20.55 Candace Yustin,13,TOMAC
1:20.75 Paula Pelley,14,CVAC
1:20.85 Leane Maruk,134,GOLD
1:20.86 Susan Malcolm,13,CASC
1:20.95 Anita Brown,13,CAJ
1:20.99 Sue Brandon,14,PSAC
1:21.04 Keltie Duggan,13,EKSC
1:21.54 Jill Doherty,14,LUSC
1:21.77 Isabelle Nadeau,13,LAVAL
1:21.93 Sherry Martel,14,ROD
1:22.07 Dana Labrie,13,NYAC
1:22.16 Martine Valiquette,14,SAMAK
1:22.24 Wendy Johnston,14,MAC
1:22.26 Nancy Gribben,13,YORK
1:22.59 Hannelor Wurmann,14,OSC
1:22.70 Chris Lessard,14,CNSI
1:22.94 Shauna Irwin,14,OSPA
1:22.94 Anne Barnes,13,VICO
1:23.06 Joanne Balkwill,14,BROCK
1:23.09 Andrea Cook,13,TCSC
1:23.10 Alanna Mason,14,WTSC
1:23.10 Lea Mahood,14,CDSC
1:23.16 Kathryn Owen,14,SOSC
1:23.26 Ninon Lafontaine,13,SAMAK
1:23.44 Stefne Madison,14,UCSC

200 METRES BREAST/BRASSE
Rec:2:35.21 S.Dezeeuw,HWAC,79
2:38.30 Jennifer McElroy,14,ROW
2:45.34 Kaili Salmon,14,GO
2:46.92 Paula Pelley,14,CVAC
2:47.98 Isabelle Bernard,13,PCSC
2:48.87 Susan Atkey,14,UCSC
2:49.11 Tara Terins,14,CDSC
2:49.22 Michelle Hastings,13,UCSC
2:49.40 Julie Lefebvre,14,POM
2:49.93 Celia Waxler,13,NYAC
2:50.00 Candace Yustin,13,TOMAC
2:50.49 Karyn Hatton,14,STARS
2:50.78 Nancy Woodhall,13,ROW
2:50.82 Leane Maruk,13,GOLD
2:50.87 Natacha Patry,13,LAVAL
2:50.95 Lea Mahood,14,CDSC
2:51.26 Susan Malcolm,13,CASC
2:51.39 Brandee Alexander,13,MANTA
2:51.86 Sherry Martel,14,ROD
2:52.20 Sue Brandon,14,PSAC
2:52.56 Marie-C. Potvin,13,SAMAK
2:53.02 Jill Rann,14,WAC
2:53.17 Kim Poenitz,14,HYACK
2:53.31 Keltie Byrne,13,EKSC
2:53.35 Ninon Lafontaine,13,SAMAK
2:53.62 Isabelle Nadeau,13,LAVAL
2:53.73 Nathalie Hetu,14,CNSL
2:53.74 Anita Brown,13,CAJ
2:53.89 Al Davis,14,HTAC
2:54.43 Kim Samel,13,ESC
2:54.94 Sara McIntyre,14,CAJ
2:55.48 Val Georgiev,14,CAJ
2:55.53 Anne Taylor,14,EKSC
2:55.80 Geneviev Biron,14,SELCT
2:55.90 Sheri Molyneaux,13,CDSC
2:56.49 Allison Batstone,14,TBT
2:56.51 Karyn Thomson,13,CDSC
2:56.52 Elisabet Boisvert,13,TRACY
2:56.59 Anne Barnes,13,VICO
2:56.64 Sherri Copsey,14,MANTA
2:57.19 Sophie Latour,14,SAMAK
2:57.21 Crystal Drummond,14,TRENT
2:57.35 Shawn Hunter,14,NSC
2:57.50 Hannelor Wurmann,14,OSC
2:57.79 Sylvia Tamme,14,DDO
2:57.85 Nancy Gribben,13,YORK
2:58.00 Kathy Wetmore,14,OSHAC
2:58.35 Jill Nitchke,13,TOMAC
2:58.45 Teresa Condello,13,OAK
2:58.46 Joanne Balkwill,14,BROCK
2:58.50 Jill Doherty,14,LUSC

100 METRES FLY/PAPILLON
Rec:1:04.06 M.Coulombe,CNMN,79
1:04.70 Patricia Noall,14,BBF
1:05.82 Mojca Cater,14,NYAC
1:06.43 Anne Taylor,14,EKSC
1:06.54 Chantal Durocher,14,SAMAK
1:06.56 Chris Hashimoto,13,CHENA
1:06.66 Candace Yustin,13,TOMAC
1:06.84 Jennifer McElroy,14,ROW
1:07.32 Marie-A.Lafontaine,14,SAMAK
1:07.38 Wendy Farrelly,13,HWAC
1:07.49 Kim Paterson,14,HWAC
1:07.59 Miriam Ticktin,14,PCSC
1:07.71 Debbie Wurzburger,14,LYAC
1:07.74 Septembe McGill,14,UCSC
1:07.74 Marty Roberts,14,CVAC
1:07.81 Robyn Gyrlevich,14,MJKFF
1:07.86 Liane Shields,14,DDO
1:07.91 Kristen Clark,14,ROD
1:07.96 Anna Jensen,14,COBRA
1:07.98 Alanna Mason,14,WTSC
1:08.05 Merilee Veitch,14,HYACK
1:08.09 Lisa Woods,14,CHENA
1:08.15 Sophie Dufour,13,CRY
1:08.24 Allison Batstone,14,TBT
1:08.48 Krista Sanders,14,LYAC
1:08.48 Adrienne Kovacs,14,ESC
1:08.83 Debbie Gaudin,13,EKSC
1:08.84 Tina Berger,14,TOMAC
1:08.84 Sylvia Tamme,14,DDO
1:08.95 Jennifer Raymond,14,LAVAL
1:08.97 Geneviev Gauthier,13,CAMO
1:09.14 Bobbi Hawes,13,GO
1:09.20 Anne Mercure,14,LAVAL
1:09.31 Kim Milne,14,LYAC
1:09.31 Lara Bohatyretz,14,ESC
1:09.34 Susan Malcolm,13,CASC
1:09.42 Shoshana Zimmerman,14,DDO
1:09.53 Michelle Vratnik,13,ESC
1:09.62 Marie-C. Potvin,14,SAMAK
1:09.68 Janna Promislow,13,EKSC
1:09.80 Erin Murphy,14,MANTA
1:10.03 Nancy Lovrinic,13,AQUA
1:10.08 Lea Mahood,14,CDSC
1:10.13 Michelle Vratnick,14,ESC
1:10.16 Michelle Turner,14,NSC
1:10.27 Christin Moore,14,DDO
1:10.28 Kaili Salmon,14,GO
1:10.33 Cindy Mabee,14,HYACK
1:10.42 Pamela Tadgell,14,BBF
1:10.45 Tracy Darling,13,GOLD
1:10.50 Wendy Trempe,14,AAC

200 METRES FLY/PAPILLON
Rec:2:17.82 M.Coulombe,Select,79
2:22.61 Anne Taylor,14,EKSC
2:24.21 Chris Hashimoto,13,CHENA
2:24.22 Mojca Cater,14,NYAC
2:24.94 Kim Milne,14,LYAC
2:25.07 Kristen Clark,14,ROD
2:26.00 Patricia Noall,14,BBF
2:26.50 Adrienne Kovacs,14,ESC
2:26.96 Wendy Farrelly,13,HWAC
2:27.18 Marie-A.Lafontaine,14,SAMAK
2:27.28 Lea Mahood,14,CDSC
2:27.33 Marty Roberts,14,CVAC
2:27.86 Septembe McGill,14,UCSC
2:28.48 Jennifer Raymond,14,LAVAL
2:28.51 Sophie Dufour,13,CRY
2:28.52 Debbie Wurzburger,14,LYAC
2:28.65 Anna Jensen,14,COBRA
2:28.67 Krista Sanders,14,LYAC
2:28.94 Kim Samel,13,ESC
2:29.31 Serena Copenace,14,CASC
2:29.53 Chantal Ouellet,14,CNNG
2:29.76 Candace Yustin,13,TOMAC
2:29.86 Tina Berger,14,TOMAC
2:29.90 Maki Toda,14,POM
2:29.90 Anne Mercure,14,LAVAL
2:30.19 Miriam Ticktin,14,PCSC
2:30.40 Merilee Veitch,14,HYACK
2:30.67 Shoshana Zimmerman,14,DDO
2:31.28 Michelle Hastings,13,UCSC
2:31.58 Niki Cox,14,ESC
2:31.74 Lori Edwards,14,POM
2:31.76 Lisa Woods,14,CHENA
2:31.78 Christin Moore,14,DDO
2:31.86 Michelle Vratnik,13,ESC
2:32.00 Nancy Lovrinic,13,AQUA
2:32.16 Allison Batstone,14,TBT
2:32.24 Debbie Gaudin,13,EKSC
2:32.71 Bobbi Hawes,13,GO
2:32.98 Robyn Gyrlevich,14,MJKFF
2:33.16 Elissa Purvis,13,CDSC
2:33.21 Anita Brown,13,CAJ
2:33.38 Andrea Lynn,14,MUSAC
2:34.24 Jill Rann,14,WAC
2:34.25 Kate Lavery,13,CASC
2:34.37 Susan Black,14,HWAC
2:34.54 Kaili Salmon,14,GO
2:34.55 Michelle Vratnick,14,ESC
2:35.04 Claudia Szendrovits,13,ROW
2:35.41 Kelly Fournier,14,PSAC
2:35.42 Jessica Roberts,13,CDSC
2:35.43 Krista Brennan,13,SJS

200 METRES I.M./QUATRE NAGES
Rec:2:20.19 J.McElroy,ROW,84
2:20.19 Jennifer McElroy,14,ROW
2:23.88 Marie-A. Lafontaine,14,SAMAK
2:26.05 Patricia Noall,14,BBF
2:26.46 Janna Promislow,13,EKSC
2:27.83 Tara Terins,14,CDSC
2:28.19 Anne Taylor,14,EKSC
2:28.57 Lea Mahood,14,CDSC
2:28.61 Candace Yustin,13,TOMAC
2:28.83 Kaili Salmon,14,GO
2:29.42 Mojca Cater,14,NYAC
2:29.65 Robyn Gyrlevich,14,MJKFF
2:29.68 Kim Milne,14,LYAC
2:30.11 Sara Frisby,14,CDSC
2:30.25 Chris Hashimoto,13,CHENA
2:30.40 Susan Malcolm,13,CASC
2:30.45 Tina Manryk,14,SELCT
2:30.72 Sylvia Tamme,14,DDO
2:30.76 Keltie Byrne,13,EKSC
2:31.00 Kristen Clark,14,ROD
2:31.00 Jill Rann,14,WAC
2:31.13 Septembe McGill,14,UCSC
2:31.60 Wendy Johnston,14,MAC
2:31.85 Natasha Cassivi,14,SAMAK
2:31.98 Serena Copenace,14,CASC
2:32.26 Debbie Wurzburger,14,LYAC
2:32.30 Gail Lorentz,13,EKSC
2:32.37 Adrienne Kovacs,14,ESC
2:32.55 Lucie Lafond,14,POM
2:32.76 Christin Moore,14,DDO
2:32.86 Erin Anderson,14,ESC
2:32.98 Geneviev Biron,14,SELCT
2:33.07 Hannelor Wurmann,14,OSC
2:33.13 Cindy Mabee,14,HYACK
2:33.42 Kim Paterson,14,HWAC
2:33.46 Alanna Mason,14,WTSC
2:33.60 Marty Roberts,14,CVAC
2:33.92 Leighann Howard,13,MUSAC
2:33.95 Kati Veghely,14,PCSC
2:34.34 Chantal Miklosi,14,CAMO
2:34.40 Paula Pelley,14,CVAC
2:34.62 Lesley Horton,14,ROW
2:34.65 Lisa Woods,14,CHENA
2:34.92 Sherri Copsey,14,MANTA
2:34.97 Julie Lefebvre,14,POM
2:34.99 Marie-C. Potvin,14,SAMAK
2:35.17 Janet McKetsy,14,LUSC
2:35.27 Michelle Hastings,13,UCSC
2:35.30 Isabelle Nadeau,13,LAVAL
2:35.87 Krista Sanders,14,LYAC
2:35.90 Elissa Purvis,13,CDSC

400 METRES I.M./QUATRE NAGES
Rec:4:52.57 D.McGinnis,EKSC,83
5:01.89 Jennifer McElroy,14,ROW
5:02.80 Marie-A.Lafontaine,14,SAMAK
5:05.68 Serena Copenace,14,CASC
5:08.70 Anne Taylor,14,EKSC
5:10.09 Patricia Noall,14,BBF
5:11.20 Kim Milne,14,LYAC
5:11.28 Janet McKetsy,14,LUSC
5:13.92 Janna Promislow,13,EKSC
5:14.39 Sara Frisby,14,CDSC
5:14.88 Mojca Cater,14,NYAC
5:15.33 Sophie Dufour,13,CRY
5:15.37 Adrienne Kovacs,14,ESC
5:16.07 Kristen Clark,14,ROD
5:16.30 Natasha Cassivi,14,SAMAK
5:16.35 Sylvia Tamme,14,DDO
5:16.49 Lea Mahood,14,CDSC
5:16.65 Chris Hashimoto,13,CHENA
5:18.16 Elissa Purvis,13,CDSC
5:18.37 Kaili Salmon,14,GO
5:18.45 Susan Malcolm,13,CASC
5:18.74 Lucie Lafond,14,POM
5:20.80 Erin Anderson,14,ESC
5:21.46 Kati Veghely,14,PCSC
5:21.82 Hannelor Wurmann,14,OSC
5:22.70 Isabelle Nadeau,13,LAVAL
5:23.51 Julie Lefebvre,14,POM
5:23.53 Allison Batstone,14,TBT
5:23.69 Cindy Mabee,14,HYACK
5:23.77 Sherri Copsey,14,MANTA
5:23.99 Nancy Lovrinic,13,AQUA
5:24.43 Candace Yustin,13,TOMAC
5:26.00 Keltie Byrne,13,EKSC
5:26.55 Anita Brown,13,CAJ
5:26.68 Niki Cox,14,ESC
5:26.82 Anne Mercure,14,LAVAL
5:27.04 Septembe McGill,14,UCSC
5:27.09 Wendy Johnston,14,MAC
5:27.36 Stefne Madison,14,UCSC
5:27.37 Michelle Hastings,13,UCSC
5:27.42 Susan Black,14,HWAC
5:27.42 Kim Samel,13,ESC
5:29.08 Jennifer Smith,14,BROCK
5:29.15 Delanie Berg,13,CASC
5:29.50 Patsy Haworth,14,CAS
5:29.88 Kim Poenitz,14,HYACK
5:30.11 Fiona Spooner,14,CDSC
5:30.33 Bobbi Hawes,13,GO
5:30.86 Michelle Vratnick,14,ESC
5:31.14 Shawn Hunter,14,NSC
5:31.30 Sheri Molyneaux,13,CDSC

4x50 M MEDLEY REL QUATRE NAGES
Rec:2:06.39 Etobicoke,80
2:08.80 Brossard,SAMAK
2:11.79 Edm Keyano,EKSC
2:11.83 Waterloo,ROW
2:12.27 North York,NYAC
2:14.00 Univ.Calgary,UCSC
2:14.21 Dorado,STARS
2:14.99 Mississauga,TOMAC
2:15.03 Manta AC,MANTA
2:15.25 Cdn.Dolphin,CDSC
2:15.60 Etobicoke,ESC
2:16.10 Hamilt-Went,HWAC
2:16.75 Hyack SC,HYACK
2:17.33 Kenora,KA
2:17.68 Cascade,CASC
2:18.28 London,LYAC
2:18.47 Nepean,NSC
2:18.49 Cambridge,CAJ
2:18.67 Olympian,OSC
2:18.67 Pt-Claire,PCSC
2:18.89 Dartmouth,DCSC
2:21.05 Opt.Sprites,OSPA
2:21.21 Okanagan,OST
2:21.51 Victoria,COHO
2:21.71 Scarboro,SSAC
2:22.26 St.James,SJS
2:22.60 Regina,ROD
2:22.69 Soo Y Dol,SYD
2:23.01 West Van,WVOSC
2:23.02 Chena SC,CHENA
2:23.28 Trent SC,TRENT
2:23.51 Goldfin,GOLD
2:23.76 Charlott'n,YBAC
2:24.06 Whitby,WISC
2:24.29 Man Marlin,MM
2:24.93 Lethbridge,LASC
2:24.95 Ottawa,OYO
2:25.21 Victoria,VICO
2:25.22 Kingfish,GO
2:25.37 Ajax,AAC
2:26.19 The Pas,TPRR
2:26.57 Leduc,LOSC
2:26.60 YMCA Laser,YLSC
2:26.61 Selkirk,SD
2:26.70 Van Pacific,VPSC
2:26.71 Laurentian,LUSC
2:26.90 St.John's,SJAK
2:27.19 Richmond,RACER
2:27.42 Brick Univ.,BROCK
2:27.74 Oakville,OAK
2:27.76 Perth,PSAC

4x50 M FREE REL LIBRE
Rec:1:53.87 North York,81
1:55.73 Dollard,DDO
1:56.90 Beaconsfield,BBF
1:57.07 Waterloo,ROW
1:57.20 Brossard,SAMAK
1:57.65 Hamilt-Went,HWAC
1:57.95 Pt-Claire,PCSC
1:58.56 Kenora,KA
1:58.59 Etobicoke,ESC
1:58.76 Edm Keyano,EKSC
1:59.51 Univ.Calgary,UCSC
2:00.44 Cdn.Dolphin,CDSC
2:00.55 Laval,LAVAL
2:01.23 London,LYAC
2:01.33 Nepean,NSC
2:01.50 Victoria,COHO
2:01.70 Sept Iles,CNSI
2:01.74 North York,NYAC
2:02.02 Cascade,CASC
2:02.21 Mississauga,TOMAC
2:03.08 Goldfin,GOLD
2:03.47 Ottawa,OYO
2:03.66 Regina,ROD
2:03.67 St-Foy,SFOY
2:03.71 Dorado,STARS
2:03.78 Manta AC,MANTA
2:03.97 Scarboro,SSAC
2:04.25 Chena SC,CHENA
2:04.25 Hyack SC,HYAC
2:04.29 Olympian,OSC
2:04.42 Montreal,POM
2:04.60 Halifax,HTAC
2:04.70 Brantford,BRANT
2:04.93 St.James,SJS
2:05.34 Richmond,RACER
2:05.37 Okanagan,OST
2:05.44 West Van,WVOSC
2:05.53 Kingfish,GO
2:05.62 Cambridge,CAJ
2:06.04 Man Marlin,MM
2:06.10 Soo Y Dol,SYD
2:06.20 Montreal,CAMO
2:06.27 Nanaimo,NRST
2:06.44 Dartmouth,DCSC
2:06.75 Charlott'n,YBAC
2:06.78 Lethbridge,LASC
2:07.05 Surrey,SKSC
2:07.10 Selkirk,SD
2:07.34 Stettler,SSC
2:07.60 Longueuil,ORCA
2:07.60 Opt.Sprites,OSPA

GIRLS 15–17

50 METRES FREE/LI8RE
Rec:0:26.25 C.Klimpel,SSAC,80
0:27.08 Andrea Nugent,15,UCSC
0:27.27 Jane Kerr,16,ESC
0:27.46 Pamela Rai,17,HYACK
0:27.57 Rhonda Mayes,15,EKSC
0:27.60 Andrea Schloegl,16,NYAC
0:27.60 Pascale Choquet,15,CNB
0:27.71 Cheryl McArton,17,ESC
0:27.72 Nadia Bertrand,16,SELCT
0:28.00 Kathy Josey,15,Y8AC
0:28.10 Lisa VanderElst,17,UCSC
0:28.14 Robyn Gyrlevich,15,MJKFF
0:28.16 Alison Dozzo,16,NYAC
0:28.19 Manon Venne,17,PCSC
0:28.20 Chooi Lee,17,COSC
0:28.21 Robin Ruggiero,17,CAMO
0:28.22 Denise Gereghty,17,LUSC
0:28.23 Kelly Hayes,15,GOLD
0:28.26 Tara Terins,15,COSC
0:28.31 Barb McBain,17,COSC
0:28.34 Alison Gilbert,15,OST
0:28.37 Nancy Page,17,LUSC
0:28.46 Christin Manryk,17,SELCT
0:28.51 Karen Ward,17,PCSC
0:28.55 Katherin Ward,17,PCSC
0:28.55 Kelly Twordik,15,COHO
0:28.69 Julie Wilson,15,CDSC
0:28.69 Sari Sippola,15,CASC
0:28.72 Carolyn Brodiar,15,MAC
0:28.73 Laura Pratt,17,MUSAC
0:28.80 Sharon Donnelly,17,NYAC
0:28.82 Mandy Milicevic,16,VPSC
0:28.85 Lyne Judd,17,CASE
0:28.86 Katen Toews,17,AAC
0:28.90 Manon Simard,15,CNPH
0:28.90 Mary-B. Jurocko,16,WAC
0:28.90 Elizabet Gyuran,15,ESC
0:28.90 Lorraine Maisey,16,HYACK
0:28.90 Jill Horstead,17,ESC
0:28.90 Anne Malenfant,15,CNS
0:28.95 Kari Roberts,16,GMAC
0:28.96 Shelley Mansell,15,EKSC
0:28.97 Brenda Asselin,16,CAMO
0:29.00 Kathy Pearson,16,UCSC
0:29.00 Corrie Powell,15,SSAC
0:29.00 Cheryl Stickley,17,ESC
0:29.00 Miye Marubashi,16,SSAC
0:29.00 Kirsty Salmon,16,GO
0:29.01 Sophie Lebeau,15,PCSC
0:29.01 Kim Exelby,15,KY8M
0:29.02 Lori Abramowitz,15,PCSC

100 METRES FREE/LI8RE
Rec:0:56.81 C.Klimpel,SSAC,80
0:57.39 Jane Kerr,16,ESC
0:58.97 Robin Ruggiero,17,PCSC
0:59.09 Andrea Schloegl,16,NYAC
0:59.24 Cheryl McArton,17,ESC
0:59.28 Denise Gereghty,17,LUSC
0:59.49 Nadia Bertrand,16,SELCT
0:59.64 Katherin Ward,17,PCSC
0:59.67 Pamela Rai,17,HYACK
0:59.89 Andrea Nugent,15,UCSC
1:00.10 Michelle MacPherson,17,ESC
1:00.10 Karen Ward,17,PCSC
1:00.14 Rhonda Mayes,15,EKSC
1:00.69 Lorraine Maisey,16,HYACK
1:00.72 Cheryl Stickley,17,ESC
1:00.72 Marie Moore,17,DCSC
1:00.90 Manon Simard,15,SAMAK
1:00.93 Alison Dozzo,16,NYAC
1:00.99 Lynn Kucera,17,PCSC
1:01.03 Kathy Josey,15,YBAC
1:01.05 Kelly Hayes,15,GOLD
1:01.15 Robyn Gyrlevich,15,MJKFF
1:01.16 Sharon Donnelly,17,NYAC
1:01.20 Sophie Lebeau,15,PCSC
1:01.24 Nancy Page,17,TOMAC
1:01.30 Pascale Choquet,15,CNB
1:01.54 Christin Manryk,17,SELCT
1:01.64 Barb McBain,17,CDSC
1:01.68 Kelley Clark,15,ROD
1:01.72 Manon Venne,17,PCSC
1:01.81 Brenda Asselin,16,CAMO
1:01.82 Karin Helmstaedt,17,KYBM
1:01.92 Isabelle Charron,15,SAMAK
1:01.97 Hallie Peppin,15,SSAC
1:01.99 Danielle Lebrun,15,CAMO
1:01.99 Joelle MacDonald,16,TCSC
1:02.04 Elizabet Gyuran,15,ESC
1:02.05 Joy Klassoff,16,ROD
1:02.06 Sari Sippola,15,CASC
1:02.07 Chris Condello,16,OAK
1:02.09 Miye Marubashi,16,SSAC
1:02.19 Kim Hickson,17,ESC
1:02.21 Carol Docherty,15,PCSC
1:02.23 Kim Exelby,15,KY8M
1:02.24 Lori Abramowitz,15,PCSC
1:02.46 Donna McGinnis,15,EKSC
1:02.49 Anne-M. Soroka,16,CDSC
1:02.50 Lenore Doucette,15,STARS
1:02.53 Shannon Kelly,15,HWAC
1:02.54 Tara Terins,15,CDSC
1:02.62 Hanya Chmara,16,LUSC

200 METRES FREE/LI8RE
Rec:2:02.93 J.Kerr,ESC,84
2:02.93 Jane Kerr,16,ESC
2:05.40 Cheryl McArton,17,ESC
2:06.00 Katherin Ward,17,PCSC
2:06.21 Robin Ruggiero,17,PCSC
2:06.96 Karen Ward,17,PCSC
2:07.00 Donna McGinnis,15,EKSC
2:07.18 Denise Gereghty,17,LUSC
2:07.38 Nancy Page,17,TOMAC
2:07.73 Nadia Bertrand,16,SELCT
2:08.26 Lorraine Maisey,16,HYACK
2:08.48 Carol Docherty,15,PCSC
2:08.57 Sharon Donnelly,17,NYAC
2:08.64 Marie Moore,17,DCSC
2:09.34 Chris Condello,16,OAK
2:09.48 Sophie Lebeau,15,PCSC
2:09.49 Pamela Rai,17,HYACK
2:09.76 Lori Abramowitz,15,PCSC
2:09.95 Danielle Lebrun,15,CAMO
2:09.96 Hanya Chmara,16,LUSC
2:10.52 Josee Chapdelaine,17,POM
2:10.56 Andrea Schloegl,16,NYAC
2:10.59 Colleen Delany,17,NYAC
2:10.68 Linda Gardiner,16,ROW
2:11.45 Jill Greenlaw,15,HTAC
2:11.60 Robyn Gyrlevich,15,MJKFF
2:11.66 Hallie Peppin,15,SSAC
2:11.85 Kathy Josey,15,Y8AC
2:12.26 Theresa Barber,16,T8T
2:12.29 Joelle MacDonald,16,TCSC
2:12.40 Marty Roberts,15,CVAC
2:12.50 Allison Cumming,15,UCSC
2:12.55 Kim Bey,17,HYACK
2:12.79 Rhonda Mayes,15,EKSC
2:12.81 Kelly Twordik,15,COHO
2:12.88 Anne Posno,17,LYAC
2:13.09 Kelley Clark,15,ROD
2:13.10 Kim Hickson,17,ESC
2:13.42 Joy Klassoff,16,ROD
2:13.43 Monique McGinnis,16,OSC
2:13.49 Shelley Voyer,16,MANTA
2:13.68 Marie-C. Saumure,16,CAS
2:13.71 Tonya Adrian,16,CDSC
2:13.84 Fiona Waddell,17,COSC
2:13.93 Nicole Rodenbush,15,ROO
2:14.03 Jenny Mederak,15,BRANT
2:14.23 Nancy Poudrier,16,POM
2:14.30 Adrienne Lister,16,EKSC
2:14.35 Tanya Simbalist,16,UCSC
2:14.36 Tracy Hogan,16,KA
2:14.40 Kim Wormworth,17,COSC

400 METRES FREE/LI8RE
Rec:4:15.11 J.Daigneault,PCSC,82
4:15.59 Donna McGinnis,15,EKSC
4:22.80 Danielle Lebrun,15,POM
4:24.46 Carol Docherty,15,PCSC
4:24.48 Anne Posno,17,LYAC
4:24.70 Cheryl McArton,17,ESC
4:25.38 Lorraine Maisey,16,HYACK
4:25.68 Karen Ward,17,PCSC
4:26.69 Hanya Chmara,16,LUSC
4:26.78 Denise Gereghty,17,LUSC
4:27.47 Nancy Page,17,TOMAC
4:27.55 Leanne Long,16,ESC
4:27.62 Katherin Ward,17,PCSC
4:27.67 Sophie Lebeau,15,PCSC
4:27.67 Josee Chapdelaine,17,POM
4:28.50 Jane Kerr,16,ESC
4:29.93 Lori Abramowitz,15,PCSC
4:30.08 Linda Gardiner,16,ROW
4:30.57 Michelle MacPherson,17,ESC
4:32.51 Sharon Donnelly,17,NYAC
4:32.75 Colleen Delany,17,NYAC
4:32.91 Hallie Peppin,15,SSAC
4:34.42 Jill Greenlaw,15,HTAC
4:34.55 Sharon Cunningham,15,COSC
4:34.87 Shelley Voyer,16,MANTA
4:35.86 Chris Condello,16,OAK
4:35.93 Kelly Twordik,15,COHO
4:36.21 Tonya Adrian,16,CDSC
4:36.61 Marie Moore,17,DCSC
4:36.67 Karin Helmstaedt,17,KY8M
4:36.78 Nicole Rodenbush,15,ROD
4:37.32 Allison Cumming,15,UCSC
4:37.51 Fiona Waddell,17,CDSC
4:38.03 Marty Roberts,15,CVAC
4:38.33 Tracy Hogan,16,KA
4:38.50 Jill Horstead,17,ESC
4:38.59 Robin Ruggiero,17,CAMO
4:38.74 Teresa Buchignani,16,UCSC
4:38.98 Leslie Carter,17,OAK
4:39.02 Marie-C. Saumure,16,CAS
4:40.09 Nadia Bertrand,16,SELCT
4:40.11 Julie Hashimoto,16,CHENA
4:40.22 Erin Searcy,16,WAC
4:40.40 Kathy Josey,15,YBAC
4:40.66 Kim Wormworth,17,COSC
4:41.45 Donna Chwyl,15,CASC
4:41.90 Tracey Pennefather,15,ODO
4:42.37 Hayley Spratt,17,MJKFF
4:42.50 Nancy Poudrier,16,POM
4:42.61 Kelley Clark,16,ROD
4:42.74 Adrienne Lister,16,EKSC

800 METRES FREE/LI8RE
Rec:8:45.47 J.Daigneault,PCSC,82
8:47.50 Donna McGinnis,15,EKSC
8:58.17 Karen Ward,17,PCSC
8:59.45 Carol Docherty,15,PCSC
9:00.08 Anne Posno,17,LYAC
9:00.20 Lorraine Maisey,16,HYACK
9:01.16 Cheryl McArton,17,ESC
9:01.24 Leanne Long,16,ESC
9:02.18 Danielle Lebrun,15,POM
9:04.42 Hanya Chmara,16,LUSC
9:04.58 Josee Chapdelaine,17,POM
9:09.89 Nancy Page,17,TOMAC
9:11.09 Linda Gardiner,16,ROW
9:12.89 Shelley Voyer,16,MANTA
9:13.49 Denise Gereghty,17,LUSC
9:15.01 Sharon Donnelly,17,NYAC
9:15.57 Tonya Adrian,16,COSC
9:15.67 Hallie Peppin,15,SSAC
9:17.22 Lori Abramowitz,15,PCSC
9:17.52 Sophie Lebeau,15,PCSC
9:17.59 Jill Greenlaw,15,HTAC
9:20.61 Jane Kerr,16,ESC
9:20.93 Tracy Hogan,16,KA
9:21.79 Marie-C. Saumure,16,CAS
9:21.80 Sharon Cunningham,15,COSC
9:23.12 Colleen Delany,17,NYAC
9:24.83 Julie Hashimoto,16,CHENA
9:25.37 Kelly Twordik,15,COHO
9:26.21 Teresa Buchignani,16,UCSC
9:26.51 Allison Cumming,15,UCSC
9:26.95 Erin Searcy,16,WAC
9:27.25 Nicole Rodenbush,15,ROD
9:28.24 Marty Roberts,15,CVAC
9:29.10 Chris Condello,16,OAK
9:29.56 Manon Venne,17,PCSC
9:30.94 Katherin Ward,17,PCSC
9:34.35 Hayley Spratt,17,MJKFF
9:36.84 Jill Horstead,17,ESC
9:37.02 Nadia Bertrand,16,SELCT
9:37.98 Shari Kilmer,17,MAC
9:38.31 Nancy Poudrier,16,POM
9:39.30 Tanya Simbalist,16,UCSC
9:39.80 Judy Cowan,15,OSC
9:40.58 Cindy Mabee,15,HYACK
9:40.70 Kim Hickson,17,ESC
9:42.06 Candace Blacklock,15,HWAC
9:42.58 Antonia Lidster,15,SSAC
9:43.28 Fiona Waddell,17,COSC
9:43.34 Kim Bey,17,HYACK
9:43.71 Corey Bloom,17,UM
9:43.89 Annette Manning,15,EKSC

100 METRES BACK/OOS
Rec:1:04.11 D.Senechal,CAMO,80
1:05.34 Pascale Choquet,15,CNB
1:05.94 Barb McBain,17,COSC
1:06.76 Manon Venne,17,PCSC
1:07.14 Kim Bey,17,HYACK
1:07.22 Jill Horstead,17,ESC
1:07.25 Cindy Mabee,15,HYACK
1:07.33 Michelle MacPherson,17,ESC
1:07.40 Lisa Cunningham,17,ROW
1:07.57 Christin Manryk,17,SELCT
1:07.76 Manon Simard,15,SAMAK
1:08.12 Kelly Ursan,15,CDSC
1:08.14 Alison Dozzo,16,NYAC
1:08.19 Joy Klassoff,16,ROD
1:08.28 Nathalie St.Onge,17,LAVAL
1:09.07 Robyn Gyrlevich,15,MJKFF
1:09.13 Kirsty Salmon,16,GO
1:09.13 Marie Moore,17,DCSC
1:09.43 Jerri-L. Schmidt,17,UCSC
1:09.52 Kelly Hayes,15,GOLD
1:09.56 Patty Armstrong,17,COHO
1:09.70 Bev Wicks,15,MUSAC
1:09.78 Kari Roberts,16,GMAC
1:09.81 Jennifer Campbell,17,LUSC
1:09.92 Caroline Teskey,15,YORK
1:10.24 Judy Cowan,15,OSC
1:10.36 Suzy Stanton,15,CHENA
1:10.43 Christin Quosdorf,17,PCSC
1:10.48 Natalie Henderson,17,OAK
1:10.63 Jennifer Roddie,17,UCSC
1:10.64 Michelle Turner,15,NSC
1:10.76 Tanya Simbalist,16,UCSC
1:11.00 Robin Ruggiero,17,PCSC
1:11.12 Kelley Clark,16,ROD
1:11.39 Simone Schulz,17,COSC
1:11.69 Lorraine Maisey,16,HYACK
1:11.69 Shannon Ounaway,16,PG8
1:11.71 Karin Helmstaedt,17,KYBM
1:11.72 Manon Tardif,16,MTMY
1:11.77 Suzie Szmolyan,17,UCSC
1:11.80 Andrea Schloegl,16,NYAC
1:11.84 Debbie Luxemberg,17,CAMO
1:11.89 Nicola Mitchell,15,NYAC
1:12.08 Marie-J. Chouinard,15,CNB
1:12.29 Laura Baker,16,EKSC
1:12.36 Sylvie Bourdages,17,COB
1:12.36 Colleen Delany,17,NYAC
1:12.46 Chantal Morneau,15,MTMY
1:12.49 Kim Exelby,15,KY8M
1:12.59 Tara Terins,15,CDSC
1:12.60 Line Lepage,16,RIVL

200 METRES BACK/DOS
Rec:2:16.81 J.Boulianne,PCSC,80
2:20.63 Jerri-L. Schmidt,17,UCSC
2:21.21 Kim Bey,17,HYACK
2:21.46 Michelle MacPherson,17,ESC
2:21.69 Pascale Choquet,15,CNB
2:21.99 Barb McBain,17,CDSC
2:22.88 Cindy Mabee,15,HYACK
2:23.99 Manon Venne,17,PCSC
2:24.05 Manon Simard,15,SAMAK
2:25.22 Kelly Ursan,15,CDSC
2:26.82 Lisa Cunningham,17,ROW
2:27.19 Caroline Teskey,15,YORK
2:27.49 Kirsty Salmon,16,GO
2:27.84 Jill Horstead,17,ESC
2:28.19 Christine Manryk,17,SELCT
2:28.31 Christin Quosdorf,17,PCSC
2:28.34 Kari Roberts,16,GMAC
2:28.41 Alison Dozzo,16,NYAC
2:28.44 Robyn Gyrlevich,15,MJKFF
2:28.60 Suzie Szmolyan,17,UCSC
2:29.46 Tanya Simbalist,16,UCSC
2:29.92 Donna McGinnis,15,EKSC
2:29.95 Joy Klassoff,16,ROD
2:29.97 Judy Cowan,15,OSC
2:30.45 Bev Wicks,15,MUSAC
2:30.62 Patty Armstrong,17,COHO
2:30.91 Kim Wormworth,17,COSC
2:31.03 Colleen Delany,17,NYAC
2:31.22 Kelley Clark,16,ROO
2:31.37 Kelly Hayes,15,GOLD
2:31.48 Karin Helmstaedt,17,KY8M
2:31.53 Manon Tardif,16,MTMY
2:31.66 Simone Schulz,17,CDSC
2:31.98 Nathalie St.Onge,17,LAVAL
2:32.03 Suzy Stanton,15,CHENA
2:32.70 Natalie Henderson,17,OAK
2:32.80 Helene Dore,15,SFOY
2:32.81 Linda Haworth,16,CAS
2:33.00 Theresa Barber,16,T8T
2:33.08 Anne Posno,17,LYAC
2:33.18 Kim Williams,15,SKSC
2:33.35 Nancy Poudrier,16,POM
2:33.52 Mari Moore,17,DCSC
2:33.57 Shari Kilmer,17,MAC
2:33.64 Nicola Mitchell,15,NYAC
2:33.82 Kelley Aitken,15,TRENT
2:33.92 Julie Lavender,17,CDSC
2:34.40 Pascale Turbide,CNSI
2:34.73 Cheryl Kemp,17,TRENT
2:34.86 Kristi Blondal,17,COSC
2:34.99 Tania Neumann,16,PCSC

100 METRES BREAST/BRASSE
Rec:1:10.63 A.Ottenbrite,Ajax,83
1:10.92 Anne Ottenbrite,17,AAC
1:12.48 Cindy Ounpuu,17,ESC
1:14.68 Kathy Pearson,16,UCSC
1:14.78 Tara Terins,15,CDSC
1:15.33 Dominiqu Roussy,17,SELCT
1:15.80 Jennifer Bean,16,TBT
1:16.37 Geneviev Biron,15,SELCT
1:16.37 Janet Hyslop,16,KA
1:16.85 Josee Theriault,15,UM
1:17.42 Donna McGinnis,15,EKSC
1:17.82 Josee Labrie,16,POM
1:17.92 Nathalie 8risebois,17,CNSH
1:18.09 Laura 8eard,15,GOLD
1:18.18 Shelley Mansell,15,EKSC
1:18.21 Dina DeMarchi,17,HYACK
1:18.68 Tania Neumann,15,PCSC
1:18.70 Alison Dozzo,16,NYAC
1:18.72 Marie-C. Saumure,16,CAS
1:18.94 Kristi Blondal,17,CDSC
1:19.26 Michelle Deveau,16,DCSC
1:19.47 Sue Brandon,15,PSAC
1:19.94 Alanna Mason,15,WTSC
1:20.60 Monique Deveau,17,DCSC
1:21.08 Carrie O'Bray,17,SKSC
1:20.10 Carolyn Murdoch,16,PCSC
1:2D.24 8renna Tymko,16,EKSC
1:20.24 Roberta Toldy,16,HYACK
1:20.37 Michelle Winniski,17,EKSC
1:20.37 Fiona Waddell,17,CDSC
1:2D.40 Kim Ewashko,15,FMSC
1:2D.56 Karin Helmstaedt,17,KYBM
1:20.70 Suzi Howard,15,MUSAC
1:20.71 Mary-8. Jurocko,16,WAC
1:2D.82 Sophie Veilleux,15,CNS
1:20.99 Janet Pincott,16,ENC
1:21.36 Jackie Norrie,16,TCSC
1:21.41 Helen Arandelovic,15,HYACK
1:21.59 Joanne Balkwill,15,BROCK
1:21.76 Andrea Noonan,17,SSAC
1:21.83 Chantal Meilleur,17,PCSC
1:21.93 Denise Gereghty,17,LUSC
1:21.99 Danielle Hudon,17,CNCI
1:22.18 Kerilee Snatenchuk,16,SJAK
1:22.30 Julie Wilson,15,CDSC
1:22.40 Lesley Robbins,15,TRENT
1:22.57 Shauna Irwin,15,OSPA
1:22.59 Heather MacFarlane,16,PPSC
1:22.60 Heather Doucette,15,YYW
1:22.70 Caroline Martineau,15,MTMY
1:22.87 Victoria Phillips,17,HYACK

200 METRES BREAST/BRASSE
Rec:2:30.55 A.Ottenbrite,Ajax,83
2:32.34 Anne Ottenbrite,17,AAC
2:33.56 Cindy Ounpuu,17,ESC
2:40.10 Alison Dozzo,16,NYAC
2:42.03 Dominiqu Roussy,17,SELCT
2:43.23 Kathy Pearson,16,UCSC
2:43.37 Tara Terins,15,CDSC
2:44.72 Marie-C. Saumure,16,CAS
2:44.96 Dina DeMarchi,17,HYACK
2:45.71 Josee Theriault,15,UM
2:46.20 Janet Hyslop,16,KA
2:46.36 Geneviev Biron,15,SELCT
2:46.88 Nathalie 8risebois,17,CNSH
2:47.34 Josee Labrie,16,POM
2:47.34 Donna McGinnis,15,EKSC
2:47.43 Jennifer 8ean,16,T8T
2:47.81 Michelle MacPherson,17,ESC
2:48.24 Linda Haworth,16,CAS
2:48.8D Brenna Tymko,16,EKSC
2:49.00 Tania Neumann,15,PCSC
2:49.51 Carolyn Murdoch,16,PCSC
2:49.82 Kristi Blondal,17,CDSC
2:50.62 Fiona Waddell,17,CDSC
2:52.03 Chantal Meilleur,17,PCSC
2:52.09 Cara Driftz,15,MANTA
2:52.13 Jackie Norrie,16,TCSC
2:52.24 Michelle Deveau,16,DCSC
2:52.28 Geneviev Picard,17,LEVIS
2:52.36 Laura 8eard,15,GOLD
2:53.14 Janet Pincott,16,ENC
2:53.99 Joanne Balkwill,15,BROCK
2:54.17 Michelle Winniski,17,EKSC
2:54.20 Lesley Robbins,15,TRENT
2:54.35 Roberta Toldy,16,HYACK
2:54.70 Karin Helmstaedt,17,KY8M
2:54.98 Victoria Phillips,17,HYACK
2:55.03 Alanna Mason,15,WTSC
2:55.12 Mary-B. Jurocko,16,WAC
2:55.22 Monique Deveau,17,DCSC
2:55.93 Heather MacFarlane,16,PPSC
2:56.03 Kari Roberts,16,GMAC
2:56.29 Shelley Mansell,15,EKSC
2:56.36 Kim Hickson,17,ESC
2:56.45 Heather Doucette,15,YYW
2:56.5D Sophie Veilleux,15,CNS
2:56.74 Suzie Szmolyan,17,UCSC
2:56.90 Caroline Martineau,15,MTMY
2:57.10 Danielle Hudon,17,CNCI
2:57.49 Sue 8randon,15,PSAC
2:57.50 Kim Wormworth,17,CDSC
2:57.96 Andrea Noonan,17,SSAC

100 METRES FLY/PAPILLON
Rec:1:01.38 M.MacPherson,ESC,83
1:D2.23 Marie Moore,17,DCSC
1:02.62 Michelle MacPherson,17,ESC
1:D2.74 Jill Horstead,17,ESC
1:03.51 Robin Ruggiero,17,PCSC
1:04.46 Nadia Bertrand,16,SELCT
1:05.06 Lynn Kucera,17,PCSC
1:05.39 Stefanie Rochford,17,UM
1:05.45 Lenore Doucette,15,STARS
1:05.52 Cheryl Stickley,17,ESC
1:05.56 Leslie Carter,17,OAK
1:05.62 Sharon Donnelly,17,NYAC
1:05.76 Lyne St.Andre,15,LAVAL
1:05.76 Brenna Tymko,16,EKSC
1:06.02 Pamela Rai,17,HYACK
1:06.17 Andrea Nugent,15,UCSC
1:06.22 Manon Venne,17,PCSC
1:06.26 Helen Dore,15,SFOY
1:D6.40 Anne-M. Soroka,16,CDSC
1:06.45 Donna McGinnis,15,EKSC
1:06.49 Helen Arandelovic,15,HYACK
1:06.51 Alison Dozzo,16,NYAC
1:06.66 Isabelle Charron,15,SAMAK
1:06.67 Kim Wormworth,17,CDSC
1:06.72 Robyn Gyrlevich,15,MJKFF
1:D6.76 Sari Sippola,15,CASC
1:D6.84 Karen Toews,17,AAC
1:07.D4 Elizabet Gyuran,15,ESC
1:07.38 Andrea Schloegl,16,NYAC
1:07.39 Marty Roberts,15,CVAC
1:07.44 Marie-J. Chouinard,15,CNB
1:D7.60 Chris Laliherte,16,MANTA
1:07.79 Manon Simard,15,SAMAK
1:07.83 Rhonda Mayes,15,EKSC
1:08.D2 Fiona Waddell,17,CDSC
1:08.10 Chris Condello,16,OAK
1:08.24 Cheryl McArton,17,ESC
1:08.25 Kim Bey,17,HYACK
1:08.43 Carolyn Taylor,17,TOMAC
1:08.50 Linda Gardiner,16,ROW
1:08.72 Jane Kerr,16,ESC
1:08.77 Barb McBain,17,CDSC
1:08.82 Nathalie Cleroux,17,CNSL
1:08.86 Josee Labrie,16,POM
1:08.86 Carol Docherty,15,PCSC
1:08.91 Alanna Mason,15,WTSC
1:09.07 Tracy Hogan,16,KA
1:09.13 Allison Cumming,15,UCSC
1:09.21 Julie Wilson,15,CDSC
1:09.26 Kirsty Salmon,16,GO
1:09.27 Jennifer Roddie,17,UCSC

200 METRES FLY/PAPILLON
Rec:2:12.96 M.Moore,DCSC,84
2:12.96 Marie Moore,17,DCSC
2:13.49 Jill Horstead,17,ESC
2:14.44 Donna McGinnis,15,EKSC
2:17.64 Brenna Tymko,16,EKSC
2:18.11 Kim Wormworth,17,CDSC
2:18.94 Leslie Carter,17,OAK
2:20.00 Michelle MacPherson,17,ESC
2:20.78 Linda Gardiner,16,ROW
2:21.47 Robin Ruggiero,17,PCSC
2:21.52 Helene Dore,15,SFOY
2:21.57 Cindy Ounpuu,17,ESC
2:21.74 Helen Arandelovic,15,HYACK
2:21.87 Lenore Doucette,15,STARS
2:24.68 Lyne St.Andre,15,LAVAL
2:24.74 Tracy Hogan,16,KA
2:24.78 Fiona Waddell,17,CDSC
2:25.50 Anne-M. Soroka,16,CDSC
2:25.51 Sharon Donnelly,17,NYAC
2:25.81 Marty Roberts,15,CVAC
2:25.85 Carol Docherty,15,PCSC
2:26.28 Miye Marubashi,16,SSAC
2:26.29 Anne Posno,17,LYAC
2:26.33 Chris Condello,16,OAK
2:26.42 Marie-C. Saumure,16,CAS
2:26.52 Teresa Buchignani,16,UCSC
2:26.72 Leanne Long,16,ESC
2:27.01 Pamela Rai,17,HYACK
2:27.06 Kim 8ey,17,HYACK
2:27.48 Hanya Chmara,16,LUSC
2:27.64 Karen Ward,17,PCSC
2:27.76 Chris Laliberte,16,MANTA
2:27.86 Carolyn Taylor,17,TOMAC
2:27.95 Daniell Lebrun,15,POM
2:28.41 Sari Sippola,15,CASC
2:28.63 Elizabet Gyuran,15,ESC
2:28.92 Tanya Simbalist,16,UCSC
2:29.38 Josee Labrie,16,POM
2:29.63 Isabelle Charron,15,SAMAK
2:29.86 Karen Toews,17,AAC
2:29.98 Shari Kilmer,17,MAC
2:3D.15 Allison Cuming,15,UCSC
2:3D.27 Tracy Lowe,15,VICO
2:3D.4D Caroline Pitre,17,CNMN
2:3D.48 Shelly Kochorek,17,CASC
2:30.60 Shelley Voyer,15,MANTA
2:30.61 Josee Chapdelaine,17,POM
2:30.93 Shelley Pfleger,15,MANTA
2:31.26 Jenny Mederak,15,BRANT
2:32.01 Linda Haworth,16,CAS
2:32.08 Kelly Twordik,15,COHO

200 METRES I.M./QUATRE NAGES
Rec:2:18.D0 M.MacPherson,ESC,83
2:18.37 Alison Dozzo,16,NYAC
2:19.70 Michelle MacPherson,17,ESC
2:20.11 Jane Kerr,16,ESC
2:23.13 Jill Horstead,17,ESC
2:23.81 Cindy Ounpuu,17,ESC
2:24.33 Donna McGinnis,15,EKSC
2:24.74 Tara Terins,15,CDSC
2:25.24 Karin Helmstaedt,17,KYBM
2:26.29 Jerri-L. Schmidt,17,UCSC
2:26.30 Kim Wormworth,17,CDSC
2:26.95 Jennifer Campbell,17,LUSC
2:27.60 Marie-C. Saumure,16,CAS
2:28.00 Marie Moore,17,DCSC
2:28.D3 Fiona Waddell,17,CDSC
2:28.14 Lorraine Maisey,16,HYACK
2:28.24 Linda Gardiner,16,ROW
2:28.43 Helen Dore,15,SFOY
2:28.51 Tania Neumann,15,PCSC
2:28.96 Denise Gereghty,17,LUSC
2:28.97 Linda Haworth,16,CAS
2:29.07 Pamela Rai,17,HYACK
2:29.11 Kristi 8londal,17,CDSC
2:29.37 Manon Venne,17,PCSC
2:29.58 Helen Arandelovic,15,HYACK
2:29.95 Sharon Donnelly,17,NYAC
2:30.11 Danielle Lebrun,15,POM
2:3D.46 Robyn Gyrlevich,15,MJKFF
2:30.49 Shelley Pfleger,15,MANTA
2:3D.57 Sophie Veilleux,15,CNS
2:31.04 Lenore Doucette,15,STARS
2:31.17 Jennifer 8ean,16,TBT
2:31.26 Kim Bey,17,HYACK
2:31.56 Julie Wilson,15,CDSC
2:31.60 Maggie Bird,17,BROCK
2:31.61 Josee Lahrie,16,POM
2:31.88 Judy Cowan,15,OSC
2:31.91 Anne Posno,17,LYAC
2:32.06 Andrea Schloegl,16,NYAC
2:32.06 Anne Ottenbrite,17,AAC
2:32.10 Kelly Hayes,15,GOLD
2:32.10 Kari Roberts,16,GMAC
2:32.13 Alanna Mason,15,WTSC
2:32.31 Geneviev Biron,15,SELCT
2:32.43 Andrea Nugent,15,UCSC
2:32.50 Josee Theriault,15,UM
2:32.54 Manon Simard,15,SAMAK
2:32.61 Christin Manryk,17,SELCT
2:32.71 Dina DeMarchi,17,HYACK
2:32.83 Kathy Black,16,HWAC
2:32.99 Jackie Norrie,16,TCSC

400 METRES I.M./QUATRE NAGES
Rec:4:48.10 C.Gibson,CDSC,76
4:50.34 Donna McGinnis,15,EKSC
4:55.62 Michelle MacPherson,17,ESC
5:01.72 Jill Horstead,17,ESC
5:01.94 Alison Dozzo,16,NYAC
5:02.66 Kim Wormworth,17,CDSC
5:03.11 Danielle Lebrun,15,POM
5:03.27 Karin Helmstaedt,17,KYBM
5:05.50 Anne Posno,17,LYAC
5:06.02 Linda Gardiner,16,ROW
5:06.09 Linda Haworth,16,CAS
5:06.26 Jerri-L. Schmidt,17,UCSC
5:06.28 Marie-C. Saumure,16,CAS
5:D6.58 Fiona Waddell,17,CDSC
5:06.60 Marie Moore,17,DCSC
5:08.23 Kim 8ey,17,HYACK
5:D8.25 Lorraine Maisey,16,HYACK
5:1D.42 Nancy Page,17,TOMAC
5:11.60 Denise Gereghty,17,LUSC
5:12.15 Jennifer Campbell,17,LUSC
5:12.78 Anne Ottenbrite,17,AAC
5:12.81 Kristi Blondal,17,CDSC
5:13.10 Sharon Donnelly,17,NYAC
5:13.31 Josee Labrie,16,POM
5:13.54 Hanya Chmara,16,LUSC
5:15.D3 Josee Chapdelaine,17,PDM
5:15.76 Colleen Delany,17,NYAC
5:15.84 Cindy Mabee,15,HYACK
5:16.13 Tracy Lowe,15,VICO
5:16.87 Leanne Long,16,ESC
5:17.51 Tania Neumann,15,PCSC
5:18.18 Kari Roberts,16,GMAC
5:18.89 Helen Dore,15,SFOY
5:19.29 Chris Condello,16,OAK
5:19.45 Sharon Cunnigham,15,CDSC
5:19.59 Nancy Poudrier,16,POM
5:19.68 Theresa Barber,16,TBT
5:19.81 Alanna Mason,15,WTSC
5:19.98 Allison Cumming,15,UCSC
5:19.98 Julie Hashimoto,16,CHENA
5:2D.D2 Caroline Teskey,15,YORK
5:2D.1D Judy Cowan,15,OSC
5:20.16 Manon Tardif,16,MTMY
5:20.95 Shari Kilmer,17,MAC
5:21.33 Kirsty Salmon,16,GO
5:21.72 Tara Terins,15,CDSC
5:22.17 8renna Tymko,16,EKSC
5:22.70 Shelley Voyer,15,MANTA
5:23.40 Tonya Adrian,16,COSC
5:23.45 Kelly Ursan,15,CDSC
5:23.99 Shelly Kochorek,17,CASC

4x50 M MEDLEY REL QUATRE NAGES
Rec:1:59.20 Pointe Claire,76
2:05.9D Univ.Calgary,UCSC
2:07.97 Brossard,SAMAK
2:08.38 North York,NYAC
2:08.46 Etobicoke,ESC
2:09.80 Cdn.Dolphin,CDSC
2:10.26 Edm Keyano,EKSC
2:11.57 Waterloo,ROW
2:11.99 Chena SC,CHENA
2:12.37 Goldfin,GOLD
2:12.41 Dartmouth,DCSC
2:13.34 Cascade,CASC
2:13.41 Regina,ROD
2:13.46 Kenora,KA
2:15.01 Scarboro,SSAC
2:15.19 Oakville,OAK
2:15.60 Montreal,POM
2:15.77 Olympian,OSC
2:17.26 Thun Bay,TBT
2:18.11 Muskoka,MUSAC
2:18.51 Nepean,NSC
2:19.1D Kinsmen FF,MJKFF
2:19.71 Surrey,SKSC
2:19.76 Oakanagan,OST
2:2D.78 Victoria,VICO
2:20.84 Truro,TCSC
2:21.68 Selkirk,SD
2:21.82 Halifax,HTAC
2:22.D1 Brantford,8RANT
2:22.28 Pr.George,PGB
2:22.31 West Van,WVOSC
2:23.08 Ft.McMurray,FMSC
2:23.30 York AC,YORK
2:24.22 Ottawa,OYO
2:24.87 St.James,SJS
2:25.12 Soo Y Dol,SYD
2:25.43 Guelph,GMAC
2:25.93 8rock Univ.,BROCK
2:27.08 London,LYAC
2:27.62 Medley Marl,MMSC
2:27.93 Yarmouth,YYW
2:28.23 Greenwood,GD
2:29.86 Fredericton,FYA
2:36.93 Pr.Rupert,PRASC

4x50 M FREE REL LIBRE
Rec:1:49.94 Thunder 8ay,76
1:53.67 Muskoka,MUSAC
1:54.19 Cdn.Dolphin,CDSC
1:55.22 Etobicoke,ESC
1:55.44 Dollard,DDO
1:55.86 Brossard,SAMAK
1:56.05 Edm Keyano,EKSC
1:56.32 Olympian,OSC
1:56.34 Manta AC,MANTA
1:56.56 Univ.Calgary,UCSC
1:56.96 Dartmouth,DCSC
1:56.99 West Van,WVOSC
1:57.38 Victoria,COHO
1:57.55 Kenora,KA
1:57.74 Goldfin,GOLD
1:57.79 Oakville,OAK
1:58.16 Regina,ROD
1:58.59 Pt-Claire,PCSC
1:58.81 Chena SC,CHENA
1:58.92 Scarboro,SSAC
1:59.01 Waterloo,ROW
1:59.10 Montreal,POM
1:59.23 North York,NYAC
1:59.58 Hyack SC,HYACK
1:59.6D Levis,RIVL
1:59.61 Kinsmen FF,MJKFF
1:59.76 Laval,LAVAL
1:59.8D Markham,MAC
1:59.99 Montreal,CAMO
2:00.20 Mississauga,TOMAC
2:00.23 Nepean,NSC
2:D1.14 Thun Bay,TBT
2:01.3D Cascade,CASC
2:01.32 St.Foy,SFDY
2:01.35 Halifax,HTAC
2:D1.40 Boucherville,CNB
2:01.89 Truro,TCSC
2:D2.30 Longueuil,ORCA
2:02.5D St.Lambert,SL
2:02.52 Brantford,BRANT
2:02.56 Surrey,SKSC
2:D2.66 Van Pacific,VPSC
2:02.99 Okanagan,OST
2:D3.D4 Salaberry,CAS
2:D3.26 St.Laurent,CNSL
2:D3.38 Cambridge,CAJ
2:03.80 Kingston,KYBM
2:03.90 Boucheville,CNB
2:04.06 Victoria,VICO
2:04.65 Pr.Geurge,PGB
2:04.73 Dorval,OSC

BOYS 11–12

50 METRES FREE/LIBRE
Rec:0:26.20 B.Creelman,TOMAC,83
0:27.40 Greg Reinhart,12,NRST
0:27.47 Brent Harvey,12,RDCSC
0:27.72 Dan Kupr,12,HYACK
0:27.97 Gilbert Chang,12,RACER
0:28.00 Derek Phillips,12,AAC
0:28.14 Dean Kondziolka,11,LSC
0:28.20 Derek DeJong,12,STARS
0:28.50 Steve Sweetnam,12,LLSC
0:28.55 Joe Agocs,12,BOSC
0:28.74 Stephen Hulford,12,ROW
0:28.88 Mark Sherman,12,DDO
0:28.89 Wayne Lapp,12,BBF
0:28.90 Dan Wicke,12,LUSC
0:28.91 Nicolas Richards,12,PCSC
0:28.93 Eddie Parenti,12,NSC
0:29.00 Brent Gosselin,12,SAMAK
0:29.11 Grey Fairley,12,HWAC
0:29.30 John Po,12,ESC
0:29.38 Justin Martin,12,ESC
0:29.40 Greg Wells,12,NYAC
0:29.43 Matthew McKay,12,CASC
0:29.43 Gary Leduc,11,UM
0:29.51 Matthew Falkenham,12,DCSC
0:29.54 David Guthrie,12,MM
0:29.56 Darrin Nikolaus,12,RHAC
0:29.58 Justin Shakespeare,12,TNT
0:29.60 Steven Sloan,12,LUSC
0:29.78 Jonathan Walsh,12,LAVAL
0:29.78 Carlos Ramos,12,SAMAK
0:29.80 Chris Barnes,12,BSCC
0:29.81 Sunny Fok,12,EKSC
0:29.87 Keith Laslop,12,EKSC
0:29.88 Wade Hodgins,12,YLSC
0:29.95 Brad Cromwell,12,GPP
0:30.00 Don Hutchison,12,SSMAC
0:30.00 Michael Brisson,12,DDO
0:30.07 Omar Rivera,12,ROD
0:30.10 Neil Fam,12,NYAC
0:30.16 Jerry Tobin,12,MYK
0:30.29 Craig Perfect,12,WAC
0:30.29 Stephen Mulrooney,12,PCSC
0:30.42 Ragnar Udd,11,LUSC
0:30.43 Brenn Eichel,12,SBSC
0:30.43 David Iverson,12,CNDL
0:30.46 Martin Lower,12,VICO
0:30.50 Brandon Antonini,12,ROD
0:30.52 James Dockery,12,SYD
0:30.60 Don Musgrove,12,OSC
0:30.60 Adrian Vargas,12,AAC
0:30.65 Steve Charlton,12,CNTA

100 METRES FREE/LIBRE
Rec:0:57.60 B.Creelman,TOMAC,83
0:59.66 Greg Reinhart,12,NRST
0:59.81 Brent Harvey,12,RDCSC
1:00.90 Dan Kupr,12,HYACK
1:01.36 Stephen Hulford,12,ROW
1:01.54 Grey Fairley,12,HWAC
1:02.41 Gilbert Chang,12,RACER
1:03.04 Wayne Lapp,12,BBF
1:03.07 Dean Kondziolka,11,LSC
1:03.17 Eddie Parenti,12,NSC
1:03.29 Derek Phillips,12,AAC
1:03.31 David Guthrie,12,MM
1:03.47 Jonathan Walsh,12,LAVAL
1:03.56 Dan Wicke,12,LUSC
1:03.73 Derek DeJong,12,STARS
1:03.74 Matthew McKay,12,CASC
1:03.92 Donald Hutchison,12,SSMAC
1:04.13 Brent Gosselin,12,SAMAK
1:04.17 Michael Tucker,12,SSMAC
1:04.22 Carlos Ramos,12,SAMAK
1:04.40 Steven Sloan,12,LUSC
1:04.41 Justin Shakespeare,12,TNT
1:04.42 Keith Laslop,12,EKSC
1:04.43 Stephen Mulrooney,12,PCSC
1:04.52 Greg Wells,12,NYAC
1:04.82 Chris Barnes,12,BSCC
1:05.24 Ragnar Udd,11,LUSC
1:05.33 Steve Sweetnam,12,LLSC
1:05.41 Darrin Nikolaus,12,RHAC
1:05.50 Martin Campeau,12,CNNG
1:05.50 Brad Cromwell,12,GPP
1:05.51 Matthew Falkenham,12,DCSC
1:05.55 Wade Hodgins,12,YLSC
1:05.72 Andrew Foulds,11,TBT
1:05.87 Jerry Tobin,12,MYK
1:05.87 H.G. Morphet,12,KWY
1:05.94 Sean Watson,11,HWAC
1:06.00 Alain Francoeur,12,CNSL
1:06.01 Don Musgrove,12,DSC
1:06.20 Joe Agocs,12,BOSC
1:06.26 Brandon Antonini,12,ROD
1:06.26 Michael Brisson,12,DDO
1:06.31 David Sage,12,VICO
1:06.33 Jason Shannon,12,TAC
1:06.38 David Ferguson,12,PCSC
1:06.44 Etienne Marin,11,SAMAK
1:06.62 John Dolynchuk,11,GMAC
1:06.70 Justin Wall,12,SSAC
1:06.71 Steve Link,12,GOLD
1:06.80 Omar Rivera,12,ROD
1:06.83 Brehn Eichel,12,SBSC

200 METRES FREE/LIBRE
Rec:2:07.56 P.Webster,Lon Y,80
2:08.57 Nicolas Richards,12,PCSC
2:09.90 Brent Harvey,12,RDCSC
2:12.70 Greg Reinhart,12,NRST
2:12.98 Stephen Hulford,12,ROW
2:15.26 Grey Fairley,12,HWAC
2:15.59 Dan Kupr,12,HYACK
2:16.48 Eddie Parenti,12,NSC
2:16.78 Dan Wicke,12,LUSC
2:16.82 Stephen Mulrooney,12,PCSC
2:17.63 Michael Tucker,12,SSMAC
2:17.99 Derek Phillips,12,AAC
2:17.99 Donald Hutchison,12,SSMAC
2:18.15 Greg Wells,12,NYAC
2:18.80 Carlos Ramos,12,SAMAK
2:19.29 Andrew Foulds,11,TNT
2:19.37 Wade Hodgins,12,YLSC
2:19.50 Keith Laslop,12,EKSC
2:19.57 Ragnar Udd,11,LUSC
2:19.77 Steven Link,12,GOLD
2:19.87 Jonathan Walsh,12,LAVAL
2:19.95 Brandon Antonini,12,ROD
2:20.03 Sebast'n Prince,11,MEGO
2:20.05 John Dolynchuk,11,GMAC
2:20.50 David Guthrie,12,MM
2:20.61 Brent Gosselin,12,SAMAK
2:20.64 Mark Deakos,12,PCSC
2:20.81 Sean Fero,12,UCSC
2:20.85 Ryan Haapola,12,LOSC
2:20.94 Sean Watson,11,HWAC
2:21.16 Steven Sloan,12,LUSC
2:21.56 Matthew McKay,12,CASC
2:21.59 Chris Barnes,11,BSCC
2:21.91 Jim Chapman,12,PCSC
2:21.93 Martin Campeau,12,CNNG
2:21.94 Justin Shakespeare,12,TNT
2:22.18 Sunny Fok,12,EKSC
2:23.02 David Chisholm,11,UNATT
2:23.16 Mark Sherman,12,DDO
2:23.29 Ken McCormack,12,CHENA
2:23.29 Marty Bruin,12,RDCSC
2:23.34 Erik Goldsilver,12,NYAC
2:23.42 Tom Hamza,12,NYAC
2:23.60 Omar Rivera,12,ROD
2:23.81 Etienne Marin,11,SAMAK
2:23.88 H.G. Morphet,12,KWY
2:23.93 Derek McFarlan,12,RACER
2:24.25 Tim Rule,12,LYAC
2:24.30 Alain Francoeur,12,CNSL
2:24.30 Chris Peck,12,CASC
2:24.32 David Akers,12,TOMAC

400 METRES FREE/LIBRE
Rec:4:26.47 N.Richards,PCSC,84
4:26.47 Nicolas Richards,12,PCSC
4:37.99 Brent Harvey,12,RDCSC
4:41.21 Donald Hutchison,12,SSMAC
4:43.63 Stephen Hulford,12,ROW
4:44.00 Grey Fairley,12,HWAC
4:45.36 Carlos Ramos,12,SAMAK
4:45.40 Greg Reinhart,12,NRST
4:45.42 Stephen Mulrooney,12,PCSC
4:46.53 Eddie Parenti,12,NSC
4:48.07 Dan Wicke,12,LUSC
4:48.19 Brandon Antonini,12,ROD
4:48.64 John Dolynchuk,11,GMAC
4:48.84 Andrew Foulds,11,TBT
4:49.64 Steve Link,12,GOLD
4:50.18 Martin Campeau,12,CNNG
4:51.33 Mark Deakos,12,PCSC
4:51.40 Sebast'n Prince,11,MEGO
4:51.57 Jonathan Walsh,12,LAVAL
4:52.89 Marty Bruin,12,RDCSC
4:53.95 Sean Watson,11,HWAC
4:54.21 Keith Laslop,12,EKSC
4:55.21 David Chisholm,11,UNATT
4:55.47 Justin Shakespeare,12,TNT
4:55.68 Derek McFarlan,12,RACER
4:57.22 Jim Chapman,11,PCSC
4:57.90 David Malar,12,HWAC
4:57.93 David Akers,12,TOMAC
4:58.12 Ken McCormack,12,CHENA
4:58.96 Darren Flemming,12,NAAC
4:59.25 Ragnar Udd,11,LUSC
4:59.65 Michael Tucker,12,SSMAC
4:59.73 Darrin Nikolaus,12,RHAC
4:59.87 Sean Fero,12,UCSC
5:00.19 Todd Laidlaw,12,LUSC
5:00.35 David Block,12,HYACK
5:00.65 Michael Strickland,12,BRDCK
5:01.07 Jason Clarke,12,RHAC
5:01.07 David Moody,11,UNATT
5:01.16 Matthew Falkenham,12,DCSC
5:02.66 Omar Rivera,12,ROD
5:03.30 Matt DeMaere,12,CPSC
5:03.65 Kevin Csabi,12,GD
5:03.94 Ryan Haapala,12,LOSC
5:04.25 Frank Samel,11,ESC
5:04.77 Gavin Morphet,12,KWY
5:04.82 Chris Peck,12,CASC
5:05.22 Tom Hamza,12,NYAC
5:06.04 Tim Rule,12,LYAC
5:06.30 Steven Sloan,12,LUSC
5:06.77 Paul Sanders,11,LYAC

1500 METRES FREE/LIBRE
Rec:17:05.50 N.Richards,PCSC,84
17:05.50 Nicolas Richards,12,PCSC
18:43.76 Brent Harvey,12,RDCSC
18:50.25 John Dolynchuk,11,GMAC
18:53.50 Donald Hutchison,12,SSMAC
18:56.50 Sebast'n Prince,11,MEGO
18:59.00 Grey Fairley,12,HWAC
18:59.07 Mark Deakos,12,PCSC
19:00.89 Brandon Antonini,12,ROD
19:05.40 Carlos Ramos,12,SAMAK
19:07.04 Marty Bruin,12,RDCSC
19:07.80 Michael Tucker,12,SSMAC
19:10.19 Stephen Hulford,12,ROW
19:13.60 Dan Wicke,12,LUSC
19:14.30 David Malar,12,HWAC
19:15.64 Ryan Haapola,12,LOSC
19:26.93 Darren Flemming,12,NAAC
19:28.67 David Akers,12,TOMAC
19:30.88 Chris Peck,12,CASC
19:32.15 Frank Samel,11,ESC
19:32.75 Sean Watson,11,HWAC
19:35.50 Jim Hamade,11,RACER
19:35.55 Etienne Marin,11,SAMAK
19:35.96 Martin Campeau,12,CNNG
19:37.31 Jonathan Walsh,12,LAVAL
19:39.10 Derek McFarlan,12,RACER
19:39.27 Bill Lomax,12,OSC
19:41.98 Steve Link,12,GOLD
19:43.30 Andrew Foulds,11,TBT
19:44.25 Tim Rule,12,LYAC
19:44.68 Justin Shakespeare,12,TNT
19:45.27 Jim Chapman,11,PCSC
19:45.30 Todd Laidlaw,12,LUSC
19:50.50 Michael Strickland,12,BROCK
19:53.90 David Guthrie,12,MM
19:55.57 David Block,12,HYACK
20:03.30 Eric Demers,12,CNB
20:04.31 Omar Rivera,12,ROD
20:06.02 Matt DeMaere,12,CPSC
20:07.60 Brad Stuitt,11,HYACK
20:10.43 Stephen Brown,12,GMAC
20:12.93 Jonathan Antoniuk,11,GOLD
20:16.20 Ragnar Udd,12,LUSC
20:16.68 Devin Lepps,11,EKSC
20:17.23 Jason Payne,12,OCSC
20:17.41 David Calver,12,LYAC
20:20.37 Ken McCormack,12,CHENA
20:21.20 Matthew Falkenham,12,DCSC
20:21.56 Paul Sanders,11,LYAC
20:21.63 Chris Creran,12,EKSC
20:23.02 Luc Fournier,11,CAMO

100 METRES BACK/DOS
Rec:1:07.92 T.Clair,ROW,83
1:10.98 Eddie Parenti,12,NSC
1:10.98 Peter Smith,12,LYAC
1:11.09 Sunny Fok,12,EKSC
1:11.87 Derek Phillips,12,AAC
1:12.17 John Po,12,ESC
1:12.31 Stephen Hulford,12,ROW
1:12.53 Carlos Ramos,12,SAMAK
1:12.59 Michael Tucker,12,SSMAC
1:12.65 Greg Wells,12,NYAC
1:13.90 Kirk Look,12,CASC
1:13.97 Derek DeJong,12,STARS
1:14.12 Brad Cromwell,12,CASC
1:14.17 Dan Wicke,12,LUSC
1:14.24 Joe Agocs,12,BOSC
1:14.30 Keith Laslop,12,EKSC
1:14.39 Matthew McKay,12,CASC
1:14.50 Nicolas Richards,12,PCSC
1:14.50 David Chisholm,11,UNATT
1:14.89 Steve Sweetnam,12,LLSC
1:14.98 Grey Fairley,12,HWAC
1:15.13 David Guthrie,12,MM
1:15.26 Greg Reinhart,12,NRST
1:15.66 Sean Watson,11,HWAC
1:15.76 David Iverson,12,CNDL
1:15.78 Matthew Hamade,12,CDSC
1:15.81 Greg Curgenven,12,MAC
1:16.06 Greg Hughes,12,NSC
1:16.35 Martin Boileau,12,SAMAK
1:16.42 Gannon Jones,12,MAC
1:16.47 Luc Fournier,11,CAMO
1:16.71 David Sage,12,VICO
1:17.12 Shane Strickland,12,BROCK
1:17.21 Jason Shannon,12,TAC
1:17.22 David Ferguson,12,PCSC
1:17.28 Kevin Csabi,12,GO
1:17.37 Craig Perfect,12,WAC
1:17.39 Jean-F. Dorion,12,CNL
1:17.51 Sebast'n Prince,11,MEGD
1:17.64 Duane Dubko,11,AAC
1:17.65 David Block,12,HYACK
1:17.93 Mark Deakos,12,PCSC
1:18.08 Donald Hutchison,12,SSMAC
1:18.18 Jason Stevens,11,EKSC
1:18.19 Valic Krivitsky,12,CASC
1:18.21 Pierre Pelletier,12,CHAR
1:18.29 Jim Chapman,12,PCSC
1:18.30 Andrew Foulds,11,TBT
1:18.42 Paul Sanders,11,LYAC
1:18.44 Kevan Bates,12,KYBM
1:18.50 Joel Magnan,12,MYK

200 METRES BACK/DOS
Rec:2:22.61 P.Botman,GSC,76
2:30.89 Eddie Parenti,12,NSC
2:31.56 Carlos Ramos,12,SAMAK
2:33.22 Peter Smith,12,LYAC
2:33.45 Greg Wells,12,NYAC
2:33.47 Sunny Fok,12,EKSC
2:33.81 Grey Fairley,12,HWAC
2:36.02 Derek Phillips,12,AAC
2:36.32 John Po,12,ESC
2:36.39 David Chisholm,11,UNATT
2:37.17 Nicolas Richards,12,PCSC
2:37.47 Keith Laslop,12,EKSC
2:37.58 Greg Reinhart,12,NRST
2:37.95 Stephen Mulrooney,12,PCSC
2:37.98 Michael Tucker,12,SSMAC
2:38.43 Dan Wicke,12,LUSC
2:39.53 Matthew McKay,12,CASC
2:40.57 Greg Curgenven,12,MAC
2:40.61 Luc Fournier,11,CAMO
2:40.86 Sean Watson,11,HWAC
2:41.74 Kirk Look,12,CASC
2:42.00 Steve Sweetnam,12,LLSC
2:42.01 Duanne Dobko,11,AAC
2:42.32 Brad Cromwell,12,GPP
2:42.99 Matthew Hamade,12,CDSC
2:43.08 David Iverson,12,CNDL
2:43.20 Todd Laidlaw,12,LUSC
2:43.50 Donald Hutchison,12,SSMAC
2:43.54 Andrew Foulds,11,TBT
2:43.55 Jean-F. Dorion,12,CNL
2:43.71 David Ferguson,12,PCSC
2:44.09 Mark Deakos,12,PCSC
2:44.56 Shane Strickland,12,BROCK
2:44.57 Craig Perfect,12,WAC
2:44.70 Kevin Csabi,12,GO
2:44.98 Jim Chapman,11,PCSC
2:45.32 Jason Male,12,TOMAC
2:45.57 Peter Fagan,12,DST
2:45.76 Jason Shannon,12,TAC
2:45.85 Greg Hughes,12,NSC
2:45.87 Jason Hubert,12,GMAC
2:46.15 Paul Sanders,11,LYAC
2:46.24 Gannon Jones,12,MAC
2:46.29 Kevin Bates,12,KYBM
2:46.48 David Block,12,HYACK
2:46.72 David Sage,12,VICO
2:46.81 Mark Sherman,12,EKSC
2:47.04 Martin Boileau,12,SAMAK
2:47.16 Justin Shakespeare,12,TNT
2:47.62 Brad Stuit,11,HYACK
2:47.69 Brandon Antonini,12,ROD

100 METRES BREAST/BRASSE
Rec:1:13.87 B.Creelman,TOMAC,83
1:16.59 Stephen Mulrooney,12,PCSC
1:16.70 Bob Miller,12,SAMAK
1:17.68 Michael Tucker,12,SSMAC
1:19.00 Grey Fairley,12,HWAC
1:19.04 Brent Harvey,12,RDCSC
1:19.76 Mark Sherman,12,DDO
1:20.30 Joe Agocs,12,BOSC
1:20.66 Steve Sweetnam,12,LLSC
1:21.38 Geoff Pettinger,12,RDCSC
1:21.64 Rob Howe,11,FMSC
1:22.00 Jean-C. Marin,12,SAMAK
1:22.59 Oan Kupr,12,HYACK
1:22.80 Andrew Foulds,11,TBT
1:22.82 John Po,12,ESC
1:22.85 Chris Vaillancourt,12,LMRL
1:23.31 Brian Gosselin,12,SAMAK
1:23.47 Stephen Balderston,12,YBAC
1:23.85 Stephen Hornberger,12,ESC
1:23.91 Derek DeJong,12,STARS
1:23.92 Brandon Antonini,12,ROD
1:23.97 Frank Hirst,12,WAC
1:24.10 Wade Hodgins,12,YLSC
1:24.12 Frederic Cayouette,12,COB
1:24.21 Darren Flemming,12,NAAC
1:24.43 Chris Peck,12,CASC
1:24.49 Omar Rivera,12,ROD
1:25.02 Jerry Tobin,12,MYK
1:25.03 Chris Seto,12,OAK
1:25.07 Jeff Caron,12,PCSC
1:25.40 Steven Narozanski,11,LUSC
1:25.42 Neil Fam,12,NYAC
1:25.70 Martin Lower,12,VICO
1:25.76 Robert Hart,12,NEW
1:26.11 Greg Wells,12,NYAC
1:26.17 Peter Smith,12,LYAC
1:26.21 David Ferguson,12,PCSC
1:26.27 John Dolynchuk,11,GMAC
1:26.49 Scott Fields,12,WAC
1:26.50 Sunny Fok,12,EKSC
1:26.50 Shintaro Ohtake,12,SEALS
1:26.62 Sebast'n Prince,11,MEGO
1:26.75 David Akers,12,TOMAC
1:26.78 Greg Fleming,12,GSC
1:26.78 Dean Kondziolka,11,LSC
1:26.87 Julien Cardinal,12,CNS
1:26.87 Blake Turvey,12,STARS
1:26.94 Brad Eichel,12,SBSC
1:26.95 Glen Walker,12,DCSC
1:26.96 Bill Dale,12,COMOX
1:27.35 Luc Catellier,12,LMRL

200 METRES BREAST/BRASSE
Rec:2:41.30 B.Creelman,TOMAC,83
2:43.40 Bob Miller,12,SAMAK
2:43.57 Michael Tucker,12,SSMAC
2:48.82 Stephen Mulrooney,12,PCSC
2:50.30 Grey Fairley,12,HWAC
2:55.50 Steve Sweetnam,12,LLSC
2:55.83 Mark Sherman,12,DDO
2:56.53 Geoff Pettinger,12,RDCSC
2:56.70 Chris Vaillancourt,12,LMRL
2:56.96 Jean-C. Marin,12,SAMAK
2:57.01 Rob Howe,11,FMSC
2:58.30 Sunny Fok,12,EKSC
2:59.72 Brandon Antonini,12,ROD
3:00.22 Frederic Cayouette,12,COB
3:00.42 Joe Agocs,12,BOSC
3:01.52 John Po,12,ESC
3:01.82 Frank Hirst,12,WAC
3:01.91 Wade Hodgins,12,YLSC
3:02.20 Oavid Akers,12,TOMAC
3:02.37 Steven Narozanski,11,LUSC
3:02.58 Chris Seto,12,OAK
3:02.70 Chris Peck,12,CASC
3:02.97 John Dolynchuk,11,GMAC
3:03.07 Oarren Flemming,12,NAAC
3:04.10 Robert Hart,12,NEW
3:04.25 Brian Humphrys,12,EKSC
3:04.40 Andrew Foulds,11,TBT
3:04.79 Etienne Marin,11,SAMAK
3:04.92 Martin Lower,12,VICO
3:05.11 Greg Wells,12,NYAC
3:05.34 Omar Rivera,12,ROD
3:05.37 Jason Pratt,11,FMSC
3:05.43 David Ferguson,12,PCSC
3:05.59 Brent Gosselin,12,SAMAK
3:06.20 Peter Smith,12,LYAC
3:06.45 Marty Bruin,12,RDCSC
3:06.70 Sebast'n Prince,11,MEGO
3:06.84 Ian Hunter,12,BRANT
3:06.92 Tim Rule,12,LYAC
3:07.47 Frank Samel,11,ESC
3:07.52 Steve Link,12,GOLD
3:07.53 Chris Learn,12,BRANT
3:07.66 Robert Schmidt,12,YORK
3:08.16 Lach Vollmerhause,12,OAST
3:08.21 Jason Meyer,12,RACER
3:09.02 Wayne Lapp,12,BBF
3:09.29 Stephen Baird,11,GO
3:09.29 Shintaro Ohtake,12,SEALS
3:09.45 Stephen Balderston,12,YBAC
3:10.01 Glen Walker,12,DCSC
3:10.08 Joel Magnan,12,MYK

100 METRES FLY/PAPILLON
Rec:1:04.27 B.Harvey,ROCSC,84
1:04.27 Brent Harvey,12,ROCSC
1:06.72 Oan Kupr,12,HYACK
1:07.16 Gregf Reinhart,12,NRST
1:07.28 Nicolas Richards,12,PCSC
1:07.63 Stephen Hulford,12,ROW
1:09.13 Joe Agocs,12,BOSC
1:10.12 Martin Boileau,12,SAMAK
1:10.23 Stephen Mulrooney,12,PCSC
1:10.53 Sunny Fok,12,EKSC
1:10.77 Ron Smith,12,OSPA
1:10.83 Grey Fairley,12,HWAC
1:11.17 Robert Carter,12,ESC
1:11.21 Eddie Parenti,12,NSC
1:11.33 Kirk Look,12,CASC
1:11.43 Greg Wells,12,NYAC
1:11.77 Steve Sweetnam,12,LLSC
1:12.05 Michael Tucker,12,SSMAC
1:12.26 Mark Sherman,12,DDO
1:12.30 Jason Clarke,12,RHAC
1:12.54 Kevin Csabi,12,GO
1:12.67 Michael Neuheimer,11,PCSC
1:12.67 Oonald Hutchison,12,SSMAC
1:12.76 Todd Laidlaw,12,LUSC
1:12.79 Sean Watson,11,HWAC
1:13.10 Devin Lepps,11,EKSC
1:13.32 Carlos Ramos,12,SAMAK
1:13.35 David Chisholm,11,UNATT
1:13.60 Andrew Foulds,11,TBT
1:13.69 David Guthrie,12,MM
1:13.69 Peter Smith,12,LYAC
1:13.92 Michael Brisson,11,OOO
1:14.00 Jason Payne,12,DCSC
1:14.13 Steven Narozanski,11,LUSC
1:14.17 Valic Krivitsky,12,CASC
1:14.20 Oerek McFarlan,12,RACER
1:14.23 Brandon Antonini,12,ROD
1:14.30 Ryan Berger,11,AQUA
1:14.32 David Block,12,HYACK
1:14.48 Marty Bruin,12,ROCSC
1:14.77 Pierre Pelletier,12,CHAR
1:14.82 David Moody,11,UNATT
1:14.85 Walter Wu,12,AQUA
1:14.90 Paul Sinclair,12,EKSC
1:14.99 Darren Flemming,12,NAAC
1:15.23 Omar Rivera,12,ROD
1:15.36 Ragnar Udd,11,LUSC
1:15.50 Shane Perlmutter,12,SJAK
1:15.59 Jason Shannon,12,TAC
1:15.69 Stephen Brown,12,GMAC
1:15.94 Jonathan Antoniuk,11,GOLD

200 METRES FLY/PAPILLON
Rec:2:20.87 N.Richards,PCSC,84
2:20.87 Nicolas Richards,12,PCSC
2:21.07 Brent Harvey,12,RDCSC
2:29.40 Dan Kupr,12,HYACK
2:31.90 Greg Reinhart,12,NRST
2:33.38 Martin Boileau,12,SAMAK
2:35.17 Kirk Look,12,CASC
2:35.17 Grey Fairley,12,HWAC
2:35.70 Marty Bruin,12,RDCSC
2:36.75 Sunny Fok,12,EKSC
2:37.15 Todd Laidlaw,12,LUSC
2:37.74 Sean Watson,11,HWAC
2:38.22 Donald Hutchison,12,SSMAC
2:39.34 Peter Smith,12,LYAC
2:39.74 Stephen Brown,12,GMAC
2:39.86 Stephen Mulrooney,12,PCSC
2:40.81 Devin Lepps,11,EKSC
2:41.12 Brandon Antonini,12,ROD
2:41.24 Jason Clarke,12,RHAC
2:41.37 David Moody,11,UNATT
2:41.47 David Chisholm,11,LYAC
2:41.85 Stephen Hulford,12,ROW
2:41.95 Frank Samel,11,ESC
2:42.53 Pierre Pelletier,12,CHAR
2:42.60 Sebast'n Prince,12,MEGO
2:42.73 Oavid Block,12,HYACK
2:42.91 Carlos Ramos,12,SAMAK
2:42.99 Derek McFarlan,12,RACER
2:43.07 Ragnar Udd,11,LUSC
2:43.18 Jonathan Antoniuk,11,GOLD
2:43.22 Darren Flemming,12,NAAC
2:44.20 Peter Fagan,12,OST
2:44.52 Eddie Parenti,12,NSC
2:45.11 Ron Smith,12,OSPA
2:45.17 Valic Krivitsky,12,CASC
2:45.34 Walter Wu,12,AQUA
2:45.45 Michael Neuheimer,11,PCSC
2:46.68 Yanick Guindon,12,MP
2:46.68 Omar Rivera,12,ROD
2:47.07 Justin Shakespeare,12,TNT
2:47.30 Paul Sinclair,12,EKSC
2:47.36 Glen Walker,12,OCSC
2:47.50 Jim Roussy,12,TAC
2:47.82 Michael Brisson,11,OOO
2:48.07 Oavid Malar,12,HWAC
2:48.10 Steve Narozanski,11,LUSC
2:49.05 Dan Wicke,12,LUSC
2:49.59 David Akers,12,TOMAC
2:50.03 Etienne Marin,12,SAMAK
2:50.12 Ian Hunter,12,BRANT
2:50.25 Ryan Berger,11,AQUA

200 METRES I.M./QUATRE NAGES
Rec:2:24.30 B.Creelman,TOMAC,83
2:27.09 Michael Tucker,12,SSMAC
2:27.78 Brent Harvey,12,RDCSC
2:29.41 Nicolas Richards,12,PCSC
2:29.82 Stephen Mulrooney,12,PCSC
2:31.34 Grey Fairley,12,HWAC
2:34.21 Dan Kupr,12,HYACK
2:34.25 Greg Wells,12,NYAC
2:34.36 Carlos Ramos,12,SAMAK
2:35.03 Stephen Hulford,12,ROW
2:35.04 Eddie Parenti,12,NSC
2:35.23 Sunny Fok,12,EKSC
2:35.50 Steve Sweetnam,12,LLSC
2:36.07 Greg Reinhart,12,NRST
2:36.87 Blake Turvey,12,STARS
2:38.30 Joe Agocs,12,BOSC
2:38.84 Dan Wicke,12,LUSC
2:39.23 John Po,12,ESC
2:39.25 Andrew Foulds,11,TBT
2:39.88 Keith Laslop,12,EKSC
2:40.16 Chris Vaillancourt,12,LMRL
2:40.20 Derek DeJong,12,STARS
2:40.26 Darren Flemming,12,NAAC
2:40.51 Peter Smith,12,LYAC
2:40.62 Mark Sherman,12,DOO
2:40.70 Donald Hutchison,12,SSMAC
2:40.81 Marty Bruin,12,RDCSC
2:40.86 Derek Phillips,12,AAC
2:40.99 Brent Gosselin,12,SAMAK
2:41.07 Brandon Antonini,12,ROD
2:41.24 Martin Boileau,12,SAMAK
2:41.60 Sebast'n Prince,12,MEGO
2:42.09 Matthew McKay,12,CASC
2:42.33 David Chisholm,11,LYAC
2:42.53 Sean Watson,11,HWAC
2:42.97 David Akers,12,TOMAC
2:43.44 Jerry Tobin,12,MYK
2:43.48 Kevin Csabi,12,GO
2:43.60 David Malar,12,HWAC
2:43.83 Peter Fagan,12,OST
2:43.85 David Guthrie,12,MM
2:43.91 Chris Barnes,12,BSCC
2:43.94 Jason Clarke,12,RHAC
2:43.96 Pierre Pelletier,12,CHAR
2:44.11 Jean-C. Marin,12,SAMAK
2:44.14 Derek McFarlan,12,RACER
2:44.18 Frederic Cayouette,12,COB
2:44.39 David Block,12,HYACK
2:44.40 Jerry Toben,12,MYK
2:44.46 Justin Shakespeare,12,TNT
2:44.68 Shane Perlmutter,12,SJAK

400 METRES I.M./QUATRE NAGES
Rec:5:08.80 B.Creelman,TOMAC,83
5:11.91 Nicolas Richards,12,PCSC
5:14.29 Brent Harvey,12,ROCSC
5:15.12 Grey Fairley,12,HWAC
5:16.00 Michael Tucker,12,SSMAC
5:17.38 Stephen Mulrooney,12,PCSC
5:30.45 John Dolynchuk,11,GMAC
5:31.00 Sebast'n Prince,11,MEGO
5:32.09 Dan Kupr,12,HYACK
5:33.58 Darren Flemming,12,NAAC
5:34.12 Marty Bruin,12,ROCSC
5:34.12 Greg Wells,12,NYAC
5:34.38 Brandon Antonini,12,ROD
5:35.04 Mark Sherman,12,DOO
5:35.51 Andrew Foulds,11,TBT
5:36.14 Sean Watson,11,HWAC
5:36.58 Franklin Vaz,12,RDCSC
5:36.74 David Akers,12,TOMAC
5:36.96 Dan Wicke,12,LUSC
5:37.91 Peter Smith,12,LYAC
5:38.18 Chris Vaillancourt,12,LMRL
5:38.23 Donald Hutchison,12,SSMAC
5:38.87 David Chisholm,11,UNATT
5:38.95 Keith Laslop,12,EKSC
5:39.32 Eddie Parenti,12,NSC
5:40.00 Kevan Bates,12,KYBM
5:40.06 Greg Reinhart,12,NRST
5:41.94 David Block,12,HYACK
5:42.24 Derek McFarlan,12,RACER
5:42.37 David Malar,12,HWAC
5:43.37 Martin Boileau,12,SAMAK
5:43.41 Frank Samel,11,ESC
5:43.90 Jason Clarke,12,RHAC
5:44.11 Carlos Ramos,12,SAMAK
5:45.08 Tim Rule,12,LYAC
5:45.33 Steven Narozanski,11,LUSC
5:46.04 Peter Fagan,12,OST
5:47.20 Ian Hunter,12,BRANT
5:48.60 Jason Pratt,11,FMSC
5:50.66 Todd Laidlaw,12,LUSC
5:50.97 Sean Fero,12,UCSC
5:51.81 Brent Gosselin,12,SAMAK
5:51.85 Stephen Brown,12,GMAC
5:52.15 Adrian Vargas,12,AAC
5:52.69 Omar Rivera,12,ROO
5:52.73 Oavid Moody,11,UNATT
5:52.76 Justin Shakespeare,12,TNT
5:52.93 Lach Vollmerhause,12,DAST
5:52.99 Jean-C. Marin,12,SAMAK
5:53.73 Chris Peck,12,CASC
5:53.77 John Milne,11,LYAC

4x50 M MEDLEY REL QUATRE NAGES
Rec:2:10.37 Pointe Claire,81
2:12.30 Brossard,SAMAK
2:14.67 Pt-Claire,PCSC
2:16.92 Cascade,CASC
2:19.66 Laurentian,LUSC
2:19.78 Hamilt-Went,HWAC
2:19.86 Edm Keyano,EKSC
2:20.90 Dartmouth,OCSC
2:21.56 Hyack SC,HYACK
2:22.21 Nepean,NSC
2:23.54 North York,NYAC
2:23.69 London,LYAC
2:25.40 Red Deer,ROCSC
2:26.39 Mississauga,TOMAC
2:26.60 Waterloo,ROW
2:26.78 Dorado,STARS
2:27.32 Kingfish,GO
2:27.42 Regina,ROO
2:27.60 Thunderbolts,TAC
2:27.70 Guelph,GMAC
2:27.83 Windsor,WAC
2:28.19 Aquanaut,AQUA
2:28.93 Victoria,VICO
2:29.20 F.McMurray,FMSC
2:29.43 Olympian,OSC
2:29.92 St.John's,SJAK
2:30.30 Slt.S.Marie,SSMAC
2:30.30 Etobicoke,ESC
2:31.07 Ajax,AAC
2:31.25 Halifax,HTAC
2:31.87 Man Marlin,MM
2:32.74 Goldfin,GOLD
2:34.45 Trent SC,TRENT
2:36.61 Manta AC,MANTA
2:36.91 Univ.Calgary,UCSC
2:37.60 Oakville,OAK
2:37.81 Thompson,TNT
2:38.08 Thun Bay,TBT
2:38.70 CodiacViking,CVAC
2:39.30 Brantford,BRANT
2:40.55 Markham,MAC
2:40.60 Truro,TCSC
2:41.00 Pictou,PMSC
2:41.86 Perth,PSAC
2:43.37 Edm Bluefin,BLUE
2:43.58 Selkirk,SD
2:45.10 Newmarket,NEW
2:45.47 Victoria,COHO
2:45.57 Leduc,LOSC
2:46.18 Soo Y Ool,SYO
2:46.67 Elliot Lake,ELAC

4x50 M FREE REL LIBRE
Rec:1:57.28 Pointe Claire,81
1:57.28 Pt-Claire,PCSC
1:57.86 Brossard,SAMAK
1:59.91 Laurentian,LUSC
2:01.22 Edm Keyano,EKSC
2:02.21 Cascade,CASC
2:03.08 Dollard,DDO
2:03.15 Hamilt-Went,HWAC
2:03.80 Dartmouth,OCSC
2:03.95 North York,NYAC
2:06.13 Nepean,NSC
2:06.39 Hyack SC,HYACK
2:06.60 Thunderbolt,TAC
2:08.02 London,LYAC
2:08.69 Richmond,RACER
2:08.76 Regina,ROO
2:08.89 Victoria,VICO
2:09.05 Mississauga,TOMAC
2:09.08 Red Deer,RDCSC
2:09.24 Kingfish,GO
2:09.55 Waterloo,ROW
2:10.04 Dorado,STARS
2:10.87 Beaconsfield,BBF
2:10.90 St.John's,SJAK
2:11.07 Cdn.Oolphin,CDSC
2:11.46 Aquanaut,AQUA
2:12.04 Olympian,OSC
2:12.22 Windsor,WAC
2:12.55 F.McMurray,FMSC
2:12.79 Man Marlin,MM
2:12.93 Guelph,GMAC
2:13.79 Slt.S.Marie,SSMAC
2:14.25 Thompson,TNT
2:14.32 Perth,PSAC
2:15.25 Oakville,OAK
2:16.29 Medley,MMSC
2:16.38 Trent SC,TRENT
2:16.51 Goldfin,GOLD
2:16.56 Brantford,BRANT
2:16.60 Boucherville,CNB
2:17.80 Levis,RIVL
2:19.20 CodiacViking,CVAC
2:19.40 Halifax,HTAC
2:19.80 Truro,TCSC
2:19.87 Selkirk,SD
2:20.21 Markham,MAC
2:20.47 Edm Bluefin,BLUE
2:21.58 Etobicoke,ESC
2:22.80 Tr.Rivieres,MEGO
2:22.81 Belleville,BYST
2:23.70 Granby,CNNG

BOYS 13–14

50 METRES FREE/LIBRE
Rec:0:24.83 B.Creelman,TOMAC,84
0:24.83 Brad Creelman,14,TOMAC
0:26.16 Mark Kivinen,14,LUSC
0:26.29 Brandt Summers,14,CASC
0:26.32 Stephen McLeish,14,VICO
0:26.34 Shannon Smith,14,YYW
0:26.37 Taras Pawlowsky,14,PCSC
0:26.50 Todd MacNeil,14,EKSC
0:26.51 Raymond Brown,14,CAJ
0:26.65 Marc Daoust,14,PCSC
0:26.75 Tom Papai,14,NSC
0:26.88 Kurt Vollmerhause,14,DAST
0:26.93 Rick Coopman,14,CDSC
0:26.97 Tyler Clair,14,ROW
0:26.98 Erik Eide,14,MM
0:26.99 David Frise,14,CVAC
0:27.00 Laki Papadopoulos,14,OAK
0:27.04 Dan Kupr,13,HYACK
0:27.05 David Loyola,13,STARS
0:27.08 Don Haddow,14,ESC
0:27.09 Cory Finch,14,ROD
0:27.12 Darren Zagrodney,14,KA
0:27.14 Marc Marx,13,NYAC
0:27.15 Chris Johnston,14,MJKFF
0:27.15 Mark Phillips,13,EKSC
0:27.18 Patrick Gagnon,14,SAMAK
0:27.18 Paul Block,14,HYACK
0:27.23 Stephane Hebert,14,CRSA
0:27.25 Michael Dowdle,14,UCSC
0:27.25 Kevin Graves,13,BSCC
0:27.28 Pierre Labbe,14,SAMAK
0:27.29 Ross Mabee,13,NSC
0:27.30 Greg Horie,14,HWAC
0:27.36 Charles Smith,14,LYAC
0:27.38 Martin Pelletier,14,CHAR
0:27.41 Chris Davis,14,MM
0:27.41 Eric Brisson,14,CNCI
0:27.45 David Goodkey,14,EKSC
0:27.46 Richard Kowal,13,MANTA
0:27.50 Matthew Young,14,ELAC
0:27.54 Neal Wilson,14,COHO
0:27.60 Stewart Steeves,14,NYAC
0:27.62 Richard Belanger,14,CRSA
0:27.65 Chris Scissions,14,UCSC
0:27.67 Patrick Mountford,14,ORCA
0:27.69 Eric Laperierre,14,CNMN
0:27.71 Gilbert Chang,13,RACER
0:27.74 Derek DeJong,13,STARS
0:27.76 Kevin Pyle,14,TCSC
0:27.80 Mike Gurzi,14,ESC
0:27.80 Derek Angstenb'er,14,LLSC

100 METRES FREE/LIBRE
Rec:0:54.55 B.Creelman,TOMAC,84
0:54.55 Brad Creelman,14,TOMAC
0:56.55 Don Haddow,14,ESC
0:56.85 Taras Pawlowsky,14,PCSC
0:57.16 Brandt Summers,14,CASC
0:57.19 Raymond Brown,14,CAJ
0:57.29 Stephen McLeish,14,VICO
0:57.58 Chris Johnston,14,MJKFF
0:57.69 Pierre Labbe,14,SAMAK
0:57.75 Marc Daoust,14,PCSC
0:57.90 Shannon Smith,14,YYW
0:58.00 Mark Oldham,14,UCSC
0:58.11 Kurt Vollmerhause,14,DAST
0:58.19 Todd MacNeil,14,EKSC
0:58.34 Mark Kivinen,14,LUSC
0:58.39 Patrick Gagnon,14,SAMAK
0:58.47 David Frise,14,CVAC
0:58.55 Paul Block,14,HYACK
0:58.57 Randy Fedderson,14,CASC
0:58.64 Ross Mabee,13,NSC
0:58.68 Rick Coopman,14,CDSC
0:58.91 Chris Davis,14,MM
0:59.03 Jim Poirot,14,OAK
0:59.12 Mike Gurzi,14,ESC
0:59.13 David Loyola,13,STARS
0:59.14 Jeff Hayden,14,UCSC
0:59.23 Laki Papadopoulos,14,OAK
0:59.29 Richard Kowal,13,MANTA
0:59.34 Eric Brisson,14,CNCI
0:59.37 David Smith,14,KA
0:59.40 Turlough O'Hare,14,CDSC
0:59.46 Tyler Clair,14,ROW
0:59.48 Darren Zagrodney,14,KA
0:59.73 Trent McNicol,14,BRANT
0:59.74 Angus Fraser,14,PCSC
0:59.74 Gary Anderson,14,NYAC
0:59.74 Stephane Hebert,14,CRSA
0:59.81 Joe Doderys,14,SSMAC
0:59.84 Cory Finch,14,ROD
0:59.86 Richard Belanger,14,CRSA
0:59.89 Mark Phillips,13,EKSC
0:59.91 Marc Marx,13,NYAC
0:59.91 Kevin Walker,14,PBD
0:59.94 Kevin Graves,13,BSCC
1:00.00 Alain Parise,14,MUSAC
1:00.06 Matthew Young,14,ELAC
1:00.07 Sebast'n Goulet,14,POM
1:00.24 Rick Lawrence,14,WAC
1:00.26 David Kingdon,14,STARS
1:00.28 David Goodkey,14,EKSC
1:00.32 Keith Purvis,14,CDSC

200 METRES FREE/LIBRE
Rec:1:58.25 B.Volz,NYAC,83
2:01.27 Taras Pawlowsky,14,PCSC
2:02.60 Brad Creelman,14,TOMAC
2:02.69 Mark Oldham,14,UCSC
2:02.73 Patrick Gagnon,14,SAMAK
2:04.33 Turlough O'Hare,14,COSC
2:04.38 Chris Johnston,14,MJKFF
2:04.60 Don Haddow,14,ESC
2:05.50 Pierre Labbe,14,SAMAK
2:05.52 David Smith,14,KA
2:05.58 Marc Daoust,14,PCSC
2:05.70 Brandt Summers,14,CASC
2:05.91 Angus Fraser,14,PCSC
2:06.04 Paul Block,14,HYACK
2:06.36 Shannon Smith,14,YYW
2:06.48 Todd MacNeil,14,EKSC
2:06.70 David Goodkey,14,EKSC
2:07.15 David Frise,14,CVAC
2:07.17 James Bretzlaff,14,LUSC
2:07.23 Gary Anderson,14,NYAC
2:07.31 Sebast'n Goulet,14,POM
2:07.98 Sylvain Lanthier,14,UM
2:08.39 Kyle Seeback,13,STARS
2:08.49 Glenn DelBosco,14,LUSC
2:09.17 Kevin O'Connell,14,DDO
2:09.20 Martin Boulet,13,SFOY
2:09.35 Byron Unger,14,GOLD
2:09.69 Patrick Callaghan,14,EKSC
2:09.98 John Szekula,14,PCSC
2:10.08 Keith Purvis,14,CDSC
2:10.10 Ivano Perin,14,GMAC
2:10.16 Kurt Vollmerhause,14,DAST
2:10.23 Kevin Graves,13,BSCC
2:10.34 Russell Laidlaw,14,LUSC
2:10.39 Eric Smith,14,UNATT
2:10.42 Joe Poderys,14,SSMAC
2:10.47 Bill Murray,13,PCSC
2:10.57 Robert Pearson,14,BROCK
2:10.75 Ross Mabee,13,NSC
2:10.84 Floyd Campbell,14,EKSC
2:10.89 Tyler Clair,14,ROW
2:11.18 David Smith,14,ROW
2:11.20 Rick Lawrence,14,WAC
2:11.36 Jason Morin,13,DDO
2:11.49 Alain Parise,14,MUSAC
2:11.59 John Earle,13,SJS
2:11.60 Roch Lockyer,14,SSAC
2:11.61 Brian Woolhouse,13,CASC
2:11.72 Dan Kupr,13,HYACK
2:11.88 Sean Koeller,14,CASC
2:11.97 Pat Gostovic,14,GMAC

400 METRES FREE/LIBRE
Rec:4:06.60 B.Volz,NYAC,83
4:13.55 Taras Pawlowsky,14,PCSC
4:16.07 Patrick Gagnon,14,SAMAK
4:17.14 Raymond Brown,14,CAJ
4:18.59 James Bretzlaff,14,LUSC
4:20.20 Turlough O'Hare,14,CDSC
4:20.27 John Joyal,13,EKSC
4:20.31 David Smith,14,KA
4:20.95 Paul Block,14,HYACK
4:20.98 Kyle Seeback,13,STARS
4:21.96 Robert Pearson,14,BROCK
4:25.01 Angus Fraser,14,PCSC
4:25.85 Jason Morin,13,PCSC
4:32.28 David Smith,14,ROW
4:23.53 Jean-P. Cote,14,SFOY
4:24.29 Pierre Labbe,14,SAMAK
4:24.38 Don Haddow,14,ESC
4:25.75 David Frise,14,CVAC
4:26.23 Rick Lawrence,14,WAC
4:26.24 Bill Murray,13,PCSC
4:26.53 Brad Creelman,14,TOMAC
4:27.20 John Szekula,14,PCSC
4:29.06 Mark Oldham,14,UCSC
4:29.40 David Goodkey,14,EKSC
4:29.57 Jason Brandt,13,ESC
4:29.57 Trent McNicol,14,BRANT
4:29.79 Kevin O'Connell,14,DDO
4:29.82 Glenn DelBosco,14,LUSC
4:29.86 Jim Poirot,14,OAK
4:30.23 Shannon Smith,14,YYW
4:30.64 Keith Purvis,14,CDSC
4:31.32 Sebast'n Goulet,14,POM
4:31.73 Chris Johnston,14,MJKFF
4:32.11 Todd MacNeil,14,EKSC
4:32.43 Martin Boulet,13,SFOY
4:32.70 Brian Woolhouse,13,CASC
4:34.26 Russell Laidlaw,14,LUSC
4:34.75 Kevin Graves,13,BSCC
4:35.66 Kurt Vollmerhause,14,DAST
4:36.08 Eric Smith,14,UNATT
4:36.19 Floyd Campbell,14,EKSC
4:36.25 Todd Major,13,ROW
4:36.36 Mike Sluchinski,13,GOLD
4:36.80 Greg Geres,14,HWAC
4:37.39 Sandy Magee,14,CASC
4:37.68 Marc Daoust,14,PCSC
4:38.24 Eric Brisson,14,CNCI
4:39.17 Rohin Deakos,14,PCSC
4:39.36 Daniel Perreault,13,TRACY
4:39.46 Cory Rudd,14,OSC
4:39.70 Dennis Hamade,14,RACER

1500 METRES FREE/LIBRE
Rec:16:00.93 A.Baumann,LUSC,79
16:38.59 James Bretzlaff,14,LUSC
16:43.47 Patrick Gagnon,14,SAMAK
16:53.32 Jean-P. Cote,14,SFOY
16:53.43 Kyle Seeback,13,STARS
16:53.73 Raymond Brown,14,CAJ
17:11.56 Robert Pearson,14,BROCK
17:19.17 Paul Block,14,HYACK
17:19.21 David Smith,14,KA
17:24.11 Kevin O'Connell,14,DDO
17:44.01 Angus Fraser,14,PCSC
17:49.06 Shannon Smith,14,YYW
18:05.68 Sebast'n Goulet,14,POM
18:17.52 David Smith,14,ROW
17:26.12 Sylvain Lanthier,14,UM
17:28.40 David Frise,14,CVAC
17:28.71 John Szekula,14,PCSC
17:29.65 Bill Murray,13,PCSC
17:29.95 Jason Brandt,13,ESC
17:32.23 Glenn DelBosco,14,LUSC
17:32.42 David Goodkey,14,EKSC
17:43.67 Martin Boulet,13,SFOY
17:43.71 Keith Purvis,14,CDSC
17:44.08 Pierre Labbe,14,SAMAK
17:47.96 Taras Pawlowsky,14,PCSC
17:53.40 Jim Poirot,14,OAK
17:54.01 Brian Woolhouse,13,CASC
17:57.77 Robin Deakos,13,PCSC
18:00.41 Mike Sluchinski,13,GOLD
18:01.10 Todd Major,13,ROW
18:02.27 Angus Angus,14,PCSC
18:03.20 Russell Laidlaw,14,LUSC
18:03.21 Greg Geres,14,HWAC
18:04.58 John Joyal,13,EKSC
18:05.25 Kevin Graves,13,BSCC
18:10.47 Bernard Lapierre,13,POM
18:12.33 Patrick Mountford,14,ORCA
18:12.69 Scott Mercer,13,BSCC
18:13.00 Trent McNicol,14,BRANT
18:15.87 Marc Filion,14,LUSC
18:17.20 Dennis Hamade,14,RACER
18:17.70 Daniel Perreault,13,TRACY
18:20.44 Brad Dingey,14,SSC
18:20.58 Eric Carrier,14,CNB
18:20.68 Michael Rutledge,14,NYAC
18:21.12 Ken McOonald,13,TSC
18:22.18 Eroc Tremblay,13,CAMO
18:22.53 Steven Link,13,GOLD
18:23.40 Maxime Lorrain,14,SAMAK
18:24.60 Floyd Campbell,14,EKSC
18:25.24 Anthony Housefather,14,DOO

100 METRES BACK/DOS
Rec:1:02.16 P.Botman,OK,78
1:02.62 Gary Anderson,14,NYAC
1:04.78 Mike Gurzi,14,ESC
1:04.79 Tyler Clair,14,ROW
1:04.96 Patrick Gagnon,14,SAMAK
1:05.58 Byron Unger,14,GOLD
1:06.04 Simon Bicknell,14,COHO
1:06.07 David Smith,14,KA
1:06.08 Brad Creelman,14,TOMAC
1:06.34 Anthony Silva,14,VKSC
1:06.97 Rick Holt,13,RDCSC
1:06.99 Bruno Coulombe,14,CNNG
1:07.32 Sylvain Lanthier,14,UM
1:07.32 Campbell Hastings,14,BROCK
1:07.39 Jean-P. Cote,14,SFOY
1:07.50 James Bretzlaff,14,LUSC
1:07.63 Rick Cosgrove,14,PCSC
1:07.77 Michael Dowdle,14,UCSC
1:07.97 Tim Searcy,14,WAC
1:07.97 Kevin Pyle,14,TCSC
1:08.17 Floyd Campbell,14,EKSC
1:08.22 Turlough O'Hare,14,CDSC
1:08.25 Mark Oldham,14,UCSC
1:08.41 Mark Millar,13,RACER
1:08.63 David Smith,14,ROW
1:08.66 Donald Kidd,14,TOMAC
1:08.81 Dave Thivierge,14,LAVAL
1:08.94 John Mayhew,14,KA
1:08.95 Chris Johnston,14,MJKFF
1:09.04 Russell Laidlaw,14,LUSC
1:09.11 Brian Birchenough,14,PCSC
1:09.12 Kyle Perrott,14,WAC
1:09.13 John Earle,13,SJS
1:09.17 Adam Eveline,14,TOMAC
1:09.19 Frederic Lord,14,CNB
1:09.19 Brandt Summers,14,CASC
1:09.52 Doug Yarnell,13,BROCK
1:09.71 Brad Meulenbeld,14,UCSC
1:09.72 Baldev Ahluwalia,14,BROCK
1:09.73 James Andrews,13,CDSC
1:09.76 Neil Murray,13,AAC
1:09.78 Trent McNicol,14,BRANT
1:09.80 Mich Millar,13,RACER
1:09.87 Eric Tremblay,13,CAMO
1:09.90 Eddie Parenti,13,NSC
1:09.95 Christia Adam,14,POM
1:10.00 Mark Kivinen,14,LUSC
1:10.00 Eric Szoghy,14,SL
1:10.01 Richard Kowal,14,MANTA
1:10.01 Martin Pelletier,14,CHAR
1:10.04 Roch Lockyer,14,SSAC

200 METRES BACK/DOS
Rec:2:11.25 S.Goss,NYAC,81
2:15.53 Gary Anderson,14,NYAC
2:18.24 David Smith,14,KA
2:18.73 Raymond Brown,14,CAJ
2:19.14 Patrick Gagnon,14,SAMAK
2:20.04 Tyler Clair,14,ROW
2:22.17 Jean-P. Cote,14,SFOY
2:22.34 James Bretzlaff,14,LUSC
2:22.96 Frederic Lord,14,CNB
2:23.34 Rick Cosgrove,14,PCSC
2:23.55 Simon Bicknell,14,COHO
2:24.06 David Smith,14,ROW
2:24.20 James Breztlaff,14,LUSC
2:24.83 Bruno Coulombe,14,CNNG
2:24.84 Anthony Silva,14,VKSC
2:24.88 Tim Searcy,14,WAC
2:25.04 John Earle,13,SJS
2:25.09 Mark Oldham,14,UCSC
2:25.33 Michael Dowdle,14,UCSC
2:25.64 Campbell Hastings,14,BROCK
2:25.69 Chris Johnston,14,MJKFF
2:25.73 Brian Birchenough,14,PCSC
2:26.59 Donald Kidd,14,TOMAC
2:26.90 John Mayhew,14,UNATT
2:27.10 Sylvain Lanthier,14,UM
2:27.55 Don Andrews,14,ROW
2:27.90 Martin Boulet,14,SFOY
2:28.19 David Thivierge,13,LAVAL
2:28.30 Turlough O'Hare,14,CDSC
2:28.71 Dustin Boyachek,13,GOLD
2:28.95 David Goodkey,14,EKSC
2:28.99 Eric Tremblay,13,CAMO
2:29.02 James Andrews,13,CDSC
2:29.03 Richard Kowal,13,MANTA
2:29.05 Russell Laidlaw,14,LUSC
2:29.14 Kyle Perrott,14,WAC
2:29.30 Patrick Callaghan,14,EKSC
2:29.38 Kevin Pyle,14,TCSC
2:29.39 Roch Lochyer,14,SSAC
2:29.40 Jason Thomas,13,SSMAC
2:29.46 Robert Pearson,14,BROCK
2:29.54 Kevin Delany,14,NYAC
2:30.21 Ian Hyslop,14,KA
2:30.24 Mich Millar,13,RACER
2:30.46 Kyle Seeback,13,STARS
2:30.89 Darren Soskin,14,NYAC
2:31.07 Baldev Ahluwalia,14,BROCK
2:31.10 Eric Smith,14,UNATT
2:31.40 Scott Melnyk,14,OSC
2:31.49 Rick Holt,13,RDCSC
2:31.60 Robert Levesque,14,MEGO

1DD METRES BREAST/BRASSE
Rec:1:06.92 B.Creelman,TOMAC,84
1:06.92 Brad Creelman,14,TOMAC
1:09.20 Matthew Young,14,UNATT
1:11.46 Kevin O'Connell,14,DDO
1:11.67 Sean Koeller,14,CASC
1:11.82 Cameron Grant,14,SSC
1:12.30 Oavid Loyola,13,STARS
1:12.59 Hary Anderson,14,NYAC
1:12.9B Tom Papai,14,NSC
1:13.14 Bob Miller,13,SAMAK
1:14.1B Andrew Garry,14,YORK
1:14.24 Michael Dowdle,14,UCSC
1:15.20 Derek Angstenb'er,14,LLSC
1:15.30 Roch Lochyer,14,SSAC
1:15.37 Jason Yustin,14,TOMAC
1:15.57 Rick Cosgrove,14,PCSC
1:15.61 Karl Bois,14,CRSA
1:15.79 Bill Moore,13,STARS
1:15.B6 Jeff Popoff,13,HOLD
1:16.05 Wayne Brinton,13,MANTA
1:16.14 Adam Eveline,14,TOMAC
1:16.37 Darren Zagrodney,14,KA
1:16.41 Brian Birchenough,14,PCSC
1:16.45 Jim Poirot,14,OAK
1:16.47 Jim Murby,13,RHAC
1:16.57 Scott Tappen,14,HTAC
1:16.71 Patrick Callaghan,14,EKSC
1:16.73 Doug Courtemanche,14,PCSC
1:16.89 Andrew Boyd,13,COBRA
1:16.91 Dustin Boyachek,13,GOLO
1:16.94 Rob Vaarmeyer,14,SJAK
1:16.99 Joe Poderys,14,SSMAC
1:17.03 Steve Gombai,13,WAC
1:17.15 Christ'n Adam,14,POM
1:17.30 Shannon Smith,14,YYW
1:17.45 Pat Gostovic,14,GMAC
1:17.50 Francis Montreuil,14,RIVL
1:17.55 Rick Coopman,14,CDSC
1:17.61 Marc Provencher,14,CALAC
1:17.68 Simon Blouin,13,LAVAL
1:17.70 Joe Agocs,13,BOSC
1:17.79 Chris Narozanski,14,LUSC
1:18.14 Lance Blomgren,14,COMOX
1:18.28 Louis Dionne,14,SAMAK
1:18.30 Pierre Labbe,14,SAMAK
1:18.32 ERic Doucet,14,LDRN
1:18.43 Greg Lewis,13,FYA
1:18.53 Sean Ryan,14,VPSC
1:18.62 David Hershey,14,SSMAC
1:18.68 Pat Keber,14,BSCC
1:1B.73 Todd Najor,13,ROW

200 METRES BREAST/BRASSE
Rec:2:2B.50 M.Young,UNATT,84
2:28.50 Matthew Young,14,UNATT
2:30.23 Brad Creelman,14,TOMAC
2:32.06 Kevin O'Connell,14,DDO
2:34.56 Sean Koeller,14,CASC
2:35.56 Cameron Grant,14,SSC
2:36.49 David Loyola,13,STARS
2:39.28 Andrew Garry,14,YORK
2:40.37 Michael Dowdle,14,UCSC
2:40.54 Bob Miller,13,SAMAK
2:40.72 Jean-P. Cote,14,SFOY
2:41.72 Steve Gombai,13,WAC
2:41.97 Gary Anderson,14,NYAC
2:42.15 Patrick Callaghan,14,EKSC
2:42.16 Tom Papai,14,NSC
2:42.41 Rick Cosgrove,14,PCSC
2:42.61 Greg Horie,14,HWAC
2:43.74 Jason Yustin,14,TOMAC
2:43.96 Bill Moore,13,STARS
2:44.19 Doug Courtemanche,14,PCSC
2:44.61 Simon Blouin,13,LAVAL
2:44.73 Rob Vaarmeyer,14,SJAK
2:44.86 Brian Birchenough,14,PCSC
2:45.27 Chris Narozanski,14,LUSC
2:45.92 Jeff Popoff,13,GOLD
2:45.92 Wayne 8rinton,13,MANTA
2:46.53 Karl Bois,14,CRSA
2:46.55 Andrew Boyd,13,COBRA
2:46.63 Jim Murby,13,RHAC
2:46.66 Scott Tappen,14,HTAC
2:46.B0 Alex 8runelle,14,ENC
2:47.21 Luc Giguere,14,CAG
2:47.61 Derek Angstenb'er,LLSC
2:47.79 Todd Major,13,ROW
2:47.B2 Roch Lochyer,14,SSAC
2:47.B3 Pat Gostovic,14,GMAC
2:48.39 Jim Poirot,14,OAK
2:4B.61 Trent Bacon,14,SJSC
2:49.04 Jason Morin,13,DDO
2:49.24 Jason Sutherland,13,OST
2:49.40 Jeff Ratcliffe,14,GO
2:49.59 Lance Blomgren,14,COMOX
2:49.77 Mark Oldham,14,UCSC
2:49.B5 Louis Cavaliere,13,CAMO
2:49.95 Pat Keber,14,BSCC
2:50.24 Greg Lewis,13,FYA
2:50.38 Sean Swain,13,COSC
2:50.3B Rob Remmer,14,EKSC
2:50.54 Mark Langer,14,CSB
2:50.62 Dustin Boyachek,13,GOLD
2:50.75 Marc Pelletier,14,NES

10D METRES FLY/PAPILLON
Rec:0:59.4B N.Hodge,Burl SC,80
0:59.78 Brad Creelman,14,TOMAC
1:00.57 Taras Pawlowsky,14,PCSC
1:00.62 Paul Block,14,HYACK
1:01.74 Mike Gurzi,14,ESC
1:01.81 Chris Johnston,14,MJKFF
1:02.50 Don Haddow,14,ESC
1:02.53 Gary Anderson,14,NYAC
1:02.62 Matthew Young,14,UNATT
1:02.64 Stephane Hebert,14,CRSA
1:02.74 Rick Lawrence,14,WAC
1:02.91 Raymond Brown,12,CAJ
1:02.93 Keith Brown,14,OAK
1:03.27 Brandt Summers,14,CASC
1:03.29 John Mayhew,14,KA
1:03.49 Pierre Labbe,14,SAMAK
1:03.B2 Jason Brandt,13,ESC
1:03.92 Dennis Hamade,14,RACER
1:04.01 Rick Holt,13,RDCSC
1:04.13 Andrew Boyd,13,COBRA
1:04.20 Mark Oldham,14,UCSC
1:04.2B Sebast'n Goulet,14,POM
1:04.45 David Smith,14,KA
1:04.49 Angus Fraser,14,PCSC
1:04.75 Dan Kupr,13,HYACK
1:04.76 Charles Smith,14,LYAC
1:04.83 Nicolas Starace,13,POM
1:04.97 Kyle Seeback,13,STARS
1:05.15 Chris Wilson,13,TSC
1:05.16 Yo Miyazaki,13,SKSC
1:05.18 Byron Unger,14,GOLO
1:05.20 Turlough O'Hare,14,CDSC
1:05.30 Sean Koeller,14,CASC
1:05.33 Russell Laidlaw,14,LUSC
1:05.67 Troy Hudson,14,TCSC
1:05.98 Mark Kivinen,14,LUSC
1:06.31 Richard Belanger,14,CRSA
1:06.32 Chris Davis,14,MM
1:06.40 John Joyal,13,EKSC
1:06.49 Mich Millar,13,RACER
1:06.50 Liam McWhirter,13,VPSC
1:06.67 Ivano Perin,14,GMAC
1:06.76 David Loyola,13,STARS
1:06.79 Stephen McLeish,14,VICO
1:06.80 Kevin Pyle,14,TCSC
1:06.B2 Donald Kidd,14,TOMAC
1:07.00 James Bretzlaff,14,LUSC
1:07.09 Tyler Clair,14,ROW
1:07.15 Kevin Walker,14,PBD
1:07.26 Claude Castonguay,14,CALAC
1:07.28 John Szekula,14,PCSC

200 METRES FLY/PAPILLON
Rec:2:0B.43 R.Hamel,COW,77
2:11.01 Paul Block,14,HYACK
2:12.03 Chris Johnston,14,MJKFF
2:15.50 Jason Brandt,13,ESC
2:1B.4B Rick Lawrence,14,WAC
2:18.67 Pierre Labbe,14,SAMAK
2:19.17 Gary Anderson,14,NYAC
2:19.58 Brad Creelman,14,TOMAC
2:19.72 David Smith,14,KA
2:19.75 John Mayhew,14,KA
2:19.81 Mark Oldham,14,UCSC
2:20.10 Bernard Lapierre,13,POM
2:20.33 Sebast'n Goulet,14,POM
2:20.49 Keith Brown,14,OAK
2:20.67 Raymond Brown,14,CAJ
2:21.07 Kyle Seeback,13,STARS
2:21.18 Angus Fraser,14,PCSC
2:21.88 John Szekula,14,PCSC
2:22.14 Dan Kupr,13,HYACK
2:22.50 Sean Koeller,14,CASC
2:22.57 Russell Laidlaw,14,LUSC
2:22.67 Andrew Boyd,13,COBRA
2:23.26 Rick Holt,13,RDCSC
2:23.61 James 8retzlaff,14,LUSC
2:23.64 Yo Miyazaki,13,SKSC
2:23.66 Chris Davis,14,MM
2:23.68 Turlough O'Hare,14,CDSC
2:24.32 Dennis Hamade,14,RACER
2:24.33 Nicolas Starace,13,POM
2:24.60 John Joyal,13,OSC
2:24.60 Matthew Young,14,UNATT
2:25.36 Stephane Hebert,14,CRSA
2:25.79 Don Haddow,14,ESC
2:26.13 Greg Geres,14,HWAC
2:26.37 Ivano Perin,14,GMAC
2:26.44 Brent Jarden,14,BSCC
2:26.75 Donald Kidd,14,TOMAC
2:26.79 Phil Nagy-Lasnier,14,LAVAL
2:27.07 Troy Hudson,14,TCSC
2:27.23 Eric Carrier,14,CNB
2:27.B1 Liam McWhirter,13,VPSC
2:27.90 Bill Murray,13,PCSC
2:2B.15 Mike Lehner,14,SJAK
2:2B.77 Louis Cavaliere,13,CAMD
2:29.04 Mike Sluchinski,13,GOLD
2:29.41 Kevin O'Connell,14,DOO
2:29.49 Mark Patola,13,GOLD
2:29.96 Cameron Grant,14,SSC
2:30.39 David 8ond,13,CVAC
2:30.40 Mich Millar,13,RACER
2:30.54 Trent McNicol,14,8RANT

2DO METRES I.M./QUATRE NAGES
Rec:2:12.65 A.Baumann,LUSC,79
2:14.97 Gary Anderson,14,NYAC
2:15.02 Brad Creelman,14,TOMAC
2:17.35 Raymond Brown,14,CAJ
2:1B.16 Chris Johnston,14,MJKFF
2:1B.19 Jason Brandt,13,ESC
2:1B.64 Pierre Labbe,14,SAMAK
2:19.92 Matthew Young,14,UNATT
2:20.52 Mark Oldham,14,UCSC
2:20.90 Kyle Seeback,13,STARS
2:21.05 David Loyola,13,STARS
2:21.58 Don Haddow,14,ESC
2:22.12 Kevin O'Connell,14,DDO
2:22.36 Jean-P. Cote,14,SFOY
2:22.59 Simon Bicknell,14,COHO
2:23.31 Michael Dowdle,14,UCSC
2:23.74 David Smith,14,KA
2:24.13 Paul Block,14,HYACK
2:24.32 Byron Unger,14,GOLD
2:24.6B Patrick Gagnon,14,SAMAK
2:24.B6 Kevin Walker,14,PBD
2:25.14 Todd MacNeil,14,EKSC
2:25.26 Brant Summers,14,CASC
2:25.37 Brian Birchenough,14,PCSC
2:25.55 Cory Finch,14,ROD
2:25.59 Jason Morin,13,DDO
2:25.62 Cameron Grant,14,SSC
2:25.71 Floyd Campbell,14,EKSC
2:25.85 Richard Kowal,13,MANTA
2:25.89 Rick Coopman,14,CDSC
2:25.90 Mark Kivinen,14,LUSC
2:26.00 Stephen McLeish,14,VICO
2:26.11 Sebast'n Goulet,14,POM
2:26.23 Rick Cosgrove,14,PCSC
2:26.50 James Bretzlaff,14,LUSC
2:26.58 Glenn DelBosco,14,LUSC
2:26.62 Shannon Smith,14,YYW
2:26.63 Roch Lockyer,14,SSAC
2:27.30 Dustin Boyachek,13,GOLD
2:27.37 Tyler Clair,14,ROW
2:27.39 Chris Davis,14,MM
2:27.42 Taras Pawlowsky,14,PCSC
2:27.50 Russell Laidlaw,14,LUSC
2:27.75 Richard Belanger,14,CRSA
2:27.93 Todd Major,13,ROW
2:2B.39 Eric Brisson,14,CNCI
2:28.41 Andrew Boyd,13,COBRA
2:28.83 Patrick Callaghan,14,EKSC
2:29.14 Louis Cavaliere,13,CAMO
2:29.30 Charles Smith,14,LYAC
2:29.44 Eric Treblay,13,CAMO

400 METRES I.M./QUATRE NAGES
Rec:4:34.52 A.Baumann,LUSC,79
4:47.49 Jean-P. Cote,14,SFOY
4:53.96 Pierre Labbe,14,SAMAK
4:53.98 David Smith,14,KA
4:54.98 Kevin O'Connell,14,DDO
4:56.B9 Brad Creelman,14,TOMAC
4:57.33 Don Haddow,14,ESC
4:57.64 Kyle Seeback,13,STARS
5:00.02 David Loyola,13,STARS
5:00.30 Mark Oldham,14,UCSC
5:01.53 James Bretzlaff,14,LUSC
5:02.60 Gary Anderson,14,NYAC
5:05.01 Jason Brandt,13,ESC
5:06.16 Glenn DelBosco,14,LUSC
5:06.26 Chris Johnston,14,MJKFF
5:06.30 Patrick Gagnon,14,SAMAK
5:07.74 Kevin Walker,14,PBD
5:08.00 Sebast'n Goulet,14,POM
5:08.56 Floyd Campbell,14,EKSC
5:0B.74 Sylvain Lanthier,14,UM
5:09.09 Jason Morin,13,DDO
5:09.15 Paul Block,14,HYACK
5:09.21 Simon Bicknell,14,COHO
5:09.32 Matthew Young,14,ELAC
5:09.51 Martin Boulet,13,SFOY
5:10.16 Bernard Lapierre,13,POM
5:10.40 Trent McNicol,14,BRANT
5:11.30 Rick Cosgrove,14,PCSC
5:11.61 Brian Birchenough,15,PCSC
5:11.62 Eric Smith,UNATT
5:11.90 Robert Pearson,14,BROCK
5:11.95 John Joyal,13,EKSC
5:12.05 Cameron Grant,14,SSC
5:12.76 Keith Purvis,14,CDSC
5:13.34 Louis Cavaliere,13,CAMO
5:13.76 Rick Coopman,14,CDSC
5:14.15 Todd Major,13,ROW
5:14.16 Russell Laidlaw,14,LUSC
5:14.25 Oavid Smith,14,ROW
5:14.73 Andrew Boyd,13,COBRA
5:15.02 Rob Vaarmeyer,14,SJAK
5:15.53 Brand Summers,14,CASC
5:15.B6 Doug Courtemanche,14,PCSC
5:16.51 Shannon Smith,14,YYW
5:16.71 Bruno Coulombe,14,CNNG
5:17.06 Dustin Boyachek,13,GOLD
5:17.10 Will Liddicoat,14,SKSC
5:17.10 Ivano Perin,14,GMAC
5:17.23 Martin Daoust,14,CSB
5:17.59 Mark Patola,13,GOLD
5:17.87 Steve Gombai,13,WAC

4x5D M MEDLEY REL QUATRE NAGES
Rec:1:5B.7B Cambridge,B3
2:03.66 Laurentian,LUSC
2:04.44 Dorado,STARS
2:05.1B Pt-Claire,PCSC
2:05.7B Cascade,CASC
2:06.17 Etobicoke,ESC
2:06.27 Cdn.Dolphin,CDSC
2:06.27 Edm Keyano,EKSC
2:06.70 Waterloo,ROW
2:07.75 Hyack SC,HYACK
2:07.99 Victoria,VICO
2:0B.56 North York,NYAC
2:0B.83 Kenora,KA
2:09.04 Mississauga,TOMAC
2:09.31 Nepean,NSC
2:10.0B St.John's,SJAK
2:10.40 Goldfin,GOLD
2:10.65 Scarboro,SSAC
2:10.98 Univ.Calgary,UCSC
2:11.04 Truro,TCSC
2:11.61 Brock Univ.,BROCK
2:11.96 Richm.Hill,RHAC
2:12.20 Halifax,HTAC
2:12.20 Okanagan,OST
2:13.06 Stettler,SSC
2:13.10 Red Deer,RDCSC
2:13.62 Burlington,BSCC
2:13.64 Richmond,RACER
2:13.91 Regina,ROD
2:14.43 Kingfish,GO
2:15.16 Manta AC,MANTA
2:15.18 Olympian,OSC
2:15.29 Thun Bay,TBT
2:15.39 London,LYAC
2:15.99 Man Marlin,MM
2:16.43 Wolfville,WTSC
2:16.50 West Van,WVOSC
2:16.69 Ajax,AAC
2:17.41 Nanaimo,NRST
2:17.74 Guelph,GMAC
2:1B.03 CodiacViking,CVAC
2:1B.30 York AC,YORK
2:18.64 Dartmouth,DCSC
2:1B.B9 Victoria,COHO
2:19.67 Brantford,BRANT
2:20.93 Charlott'n,YBAC
2:21.58 Chena SC,CHENA
2:22.11 Fredericton,FYA
2:23.10 P.Seawolves,PSW
2:23.59 Perth,PSAC
2:23.69 F.McMurray,FMSC

4x50 M FREE REL LIBRE
Rec:1:46.14 Pt-Claire,83
1:47.21 Edm Keyano,EKSC
1:49.05 Dorado,STARS
1:50.40 Laurentian,LUSC
1:50.49 Pt-Claire,PCSC
1:50.87 Brossard,SAMAK
1:51.68 Etobicoke,ESC
1:51.B9 Victoria,VICO
1:51.95 North York,NYAC
1:52.37 Cdn.Dolphin,CDSC
1:52.50 Montreal,POM
1:52.77 Waterloo,ROW
1:53.26 Cascade,CASC
1:54.20 Kenora,KA
1:54.25 St.Foy,SFOY
1:55.09 Hyack SC,HYACK
1:55.14 Mississauga,TOMAC
1:55.21 Slt.S.Marie,SSMAC
1:55.50 Oollard,ODO
1:55.61 Wolfville,WTSC
1:55.73 Truro,TCSC
1:55.73 St.John's,SJAK
1:55.77 Univ.Calgary,UCSC
1:55.78 Okanagan,OST
1:55.94 Richmond,RACER
1:56.17 Laval,LAVAL
1:56.25 Scarboro,SSAC
1:56.45 Burlington,BSCC
1:56.50 Nepean,NSC
1:56.54 Stettler,SSC
1:56.89 Rouyn-Nor,LDRN
1:57.63 Cap Rouge,CRSA
1:57.90 Goldfin,GOLD
1:58.06 Regina,ROD
1:5B.12 Kingfish,GO
1:5B.74 Man Marlin,MM
1:58.97 Manta AC,MANTA
1:59.18 London,LYAC
1:59.33 Nanaimo,NRST
1:59.5B CodiakViking,CVAC
1:59.61 Chena SC,CHENA
1:59.7B Victoria,COHO
1:59.B3 Richm.Hill,RHAC
2:0D.03 Halifax,HTAC
2:00.07 Olympian,OSC
2:D0.37 Guelph,GMAC
2:00.39 Red Deer,ROCSC
2:01.13 Thun Bay,TBT
2:01.67 Dartmouth,DCSC
2:01.90 Shawinigan,ICI
2:03.23 Fredericton,FYA

BOYS 15–17

50 METRES FREE/LIBRE
Rec:0:24.05 [illegible].Hicken,UTSC,82
0:24.16 Sandy Goss,17,NYAC
0:24.[illegible] Regent Lacoursiere,17,DDO
0:24.3[illegible] Andre Denton,17,UTSC
0:24.47 Craig Stroyan,16,SYD
0:25.[illegible] Carl Bloom,17,UM
0:25.1[illegible] Steven V'd'Meulen,15,VKSC
0:25.1[illegible] Peter Webster,16,LYAC
0:25.[illegible] Mark Kaiway,17,VPSC
0:25.20 Gary Anderson,15,NYAC
0:25.21 Dennis Cayouette,17,SELCT
0:25.28 Tarek Raafat,17,SJSC
0:25.30 Peter Lightbody,16,OAK
0:25.32 Lee Reinhart,15,NRST
0:25.36 Rob Tuchenhagen,17,TBT
0:25.43 Sam Sim,17,EKSC
0:25.44 John Seawright,16,TOMAC
0:25.44 Henry Hebert,16,COB
0:25.47 Ian McMillan,17,CDSC
0:25.50 David Ager,17,NSC
0:25.50 David Adams,16,CTSC
0:25.52 Darcy Mork,16,CASC
0:25.53 Ralph VanDonselaar,17,EKSC
0:25.67 Andrew Moir,15,CAJ
0:25.70 Sebast'n Faure,17,CNNG
0:25.70 Bernard Landry,CNDRI
0:25.71 Philip Skinder,17,HYACK
0:25.79 Steve Oliva,17,NSC
0:25.80 Steve McKay,16,NRST
0:25.80 Deke Botsford,17,ESC
0:25.87 Jean-P. Goulet,16,CAMO
0:25.90 Marc Durocher,17,SAMAK
0:25.90 Doug Forrester,17,HWAC
0:25.90 Berni Giesen,17,TOMAC
0:25.94 Corey Bernard,15,EKSC
0:25.97 Jean-F. Goulet,16,POM
0:25.97 Steve Lavigne,17,NRST
0:25.98 Rudy Wolfs,16,TOMAC
0:26.[illegible] Chris St.Onge,15,SSMAC
0:26.02 Mark Tewksbury,16,UCSC
0:26.03 Tom Mortlock,17,AMAC
0:26.[illegible] Raymond Brown,15,CAJ
0:26.05 Robin Godfrey,15,DCSC
0:26.06 Kevin Draxinger,17,CDSC
0:26.06 Mike Bushore,17,UCSC
0:26.06 Ken Stutt,17,SKSC
0:26.09 Doug Clouston,17,NAAC
0:26.10 Rob Fox,16,AMAC
0:26.[illegible] Keyam Abdulah,17,NEW
0:26.1[illegible] Gary Bocknek,17,NYAC
0:26.1[illegible] Paul Nickerson,17,HTAC
0:26.11 Scott Flowers,16,EKSC

100 METRES FREE/LIBRE
Rec:0:51.82 S.Goss,NYAC,84
0:51.82 Sandy Goss,17,NYAC
0:53.02 Regent Lacoursiere,17,DDO
0:53.99 Andre Denton,17,UTSC
0:54.20 Chris Smith,17,UTSC
0:54.28 Peter Webster,16,LYAC
0:54.48 Craig Stroyan,16,SYD
0:54.52 Denis Cayouette,17,SELCT
0:54.55 Scott Flowers,16,EKSC
0:54.56 Tarek Raafat,17,SJSC
0:54.56 Steven V'd'Meulen,15,VKSC
0:54.69 Peter Lightbody,16,OAK
0:54.80 Darcy Mork,16,CASC
0:54.80 Paul Szekula,15,PCSC
0:54.97 Steve Ingo,16,CHENA
0:55.14 Mark Kaiway,17,VPSC
0:55.35 Sam Sim,17,EKSC
0:55.36 Corey Bernard,15,EKSC
0:55.41 Lee Reinhart,15,NRST
0:55.50 Carl Bloom,17,UM
0:55.69 Stephen Merker,16,COBRA
0:55.70 Jean-P. Goulet,16,CAMO
0:55.78 Philip Skinder,17,HYACK
0:55.78 Jamie Guilboard,16,CAMO
0:55.84 Jean-F. Goulet,16,POM
0:55.87 Michael Stark,17,ROD
0:55.90 Mark Tewksbury,16,UCSC
0:55.92 Reagan Williams,16,EKSC
0:55.95 Steve Lavigne,17,NRST
0:55.99 Ralph VanDonselaar,17,EKSC
0:56.12 Robert Bertelink,16,STARS
0:56.15 Steve Oliva,17,NSC
0:56.28 John Seawright,16,TOMAC
0:56.29 Ian McMillan,17,CDSC
0:56.29 Gary Anderson,15,NYAC
0:56.30 Bernard Landry,CNDRI
0:56.33 Andrew Moir,15,CAJ
0:56.33 Charles Meklensek,15,PCSC
0:56.33 Rudy Wolfs,16,TOMAC
0:56.40 Sebast'n Faure,CNNG
0:56.40 Kevin Draxinger,17,CDSC
0:56.42 Liam Donnelly,16,HYACK
0:56.44 Berni Giesen,17,TOMAC
0:56.50 Robert Martin,17,MM
0:56.53 Rob Jubenvill,16,CASC
0:56.60 Robin Godfrey,15,DCSC
0:56.60 Brian Park,17,BSCC
0:56.67 Chris Chalmers,16,LYAC
0:56.71 Darryl Borland,16,HWAC
0:56.73 Deke Botsford,17,ESC
0:56.81 Darcy Wallingford,17,NYAC

200 METRES FREE/LIBRE
Rec:1:51.14 A.Baumann,LUSC,81
1:51.69 Sandy Goss,17,NYAC
1:54.14 Peter Webster,16,LYAC
1:55.62 Regent Lacoursiere,17,DDO
1:56.31 Scott Flowers,16,EKSC
1:56.80 Reagan Williams,16,EKSC
1:56.88 Paul Szekula,15,PCSC
1:56.93 Chris Bowie,17,CDSC
1:57.79 Chris Chalmers,16,LYAC
1:58.29 Bernhard Volz,16,NYAC
1:58.48 Darcy Mork,16,CASC
1:58.48 Steve Ingo,16,CHENA
1:58.71 Peter Lightbody,16,OAK
1:58.88 Denis Cayouette,17,SELCT
1:58.90 Darryl Borland,16,HWAC
1:58.92 Steven V'd'Meulen,15,VKSC
1:59.12 Chris Fenton,16,COBRA
1:59.23 Jamie Guilboard,16,CAMO
1:59.45 Ralph VanDonselaar,17,EKSC
1:59.52 Philip Skinder,17,HYACK
1:59.58 Trevor Jakisch,17,MANTA
2:00.18 Raymond Brown,15,CAJ
2:00.25 Frederic Chalut,17,CDSC
2:00.28 Paul Hebert,16,MANTA
2:00.39 Liam Donnelly,16,HYACK
2:00.44 Brian Park,17,BSCC
2:00.65 Mike Meldrum,16,UCSC
2:00.77 Deke Botsford,17,ESC
2:00.80 Chris Smith,17,UTSC
2:00.84 Charles Meklensek,15,PCSC
2:01.27 Robin Godfrey,15,DCSC
2:01.30 Stephen Merker,16,COBRA
2:01.31 Michael Stark,17,ROD
2:01.32 Berni Giesen,17,TOMAC
2:01.55 Dan Christian,17,PBD
2:01.61 John Duncan,16,HTAC
2:01.62 Greg Streppel,16,CAJ
2:01.67 Rob Jubenvill,16,CASC
2:01.72 Scott Isaac,15,CASC
2:01.75 Marc Thoms,16,DCSC
2:02.14 Sebast'n Faure,17,CNNG
2:02.18 Rudy Wolfs,16,TOMAC
2:02.25 Steve Lavigne,17,NRST
2:02.29 Harry Taylor,16,EKSC
2:02.33 Jean-F. Goulet,16,POM
2:02.37 Darcy Wallingford,17,NYAC
2:02.41 Carl Bloom,17,UM
2:02.54 Barton Wells,17,MM
2:02.59 Mark Dickinson,16,MAC
2:02.78 Jamie King,15,CDSC
2:03.00 Paul Staples,16,NSC

400 METRES FREE/LIBRE
Rec:3:56.34 A.Baumann,LUSC,80
4:00.87 Chris Chalmers,16,LYAC
4:01.31 Chris Bowie,17,CDSC
4:01.83 Peter Webster,16,LYAC
4:04.48 Scott Flowers,16,EKSC
4:06.42 Reagan Williams,16,EKSC
4:06.45 Paul Szekula,15,PCSC
4:06.45 Paul Hebert,16,MANTA
4:07.59 Bernhard Volz,16,NYAC
4:08.31 Fin Donnelly,17,HYACK
4:08.43 Darryl Borland,16,HWAC
4:08.56 Raymond Brown,15,CAJ
4:09.85 Deke Botsford,17,ESC
4:10.66 Trevor Jakisch,17,MANTA
4:10.81 Philip Skinder,17,HYACK
4:11.00 Stephen Merker,16,COBRA
4:11.48 Chris Fenton,16,COBRA
4:11.51 Peter Lightbody,16,OAK
4:11.78 Harry Taylor,16,EKSC
4:12.03 Barton Wells,17,MM
4:12.43 Scott Isaac,15,CASC
4:12.60 Sandy Goss,17,NYAC
4:12.99 Steve Ingo,16,CHENA
4:14.20 Eric Blouin,15,LAVAL
4:14.31 Greg Streppel,16,CAJ
4:14.31 Mark Dickinson,16,MAC
4:14.84 Charles Meklensek,15,PCSC
4:15.11 Greg Horie,15,HWAC
4:15.15 John Duncan,16,HTAC
4:15.21 Tom Evans,16,EKSC
4:15.32 Jim Ansell,16,UCSC
4:15.62 Liam Donnelly,16,HYACK
4:15.68 Martin Giroux,16,DDO
4:16.50 Rob Jubenvill,16,CASC
4:17.06 Darcy Mork,16,CASC
4:17.79 Patrice Lepage,16,CAS
4:17.89 Sebast'n Faure,17,CNNG
4:17.98 Kent Williams,17,WTSC
4:18.92 Jamie King,15,CDSC
4:19.09 Terry Livingston,17,ROD
4:19.23 John Vadeika,17,GMAC
4:19.54 Brian Park,17,BSCC
4:19.60 Paul Staples,16,NSC
4:19.76 Rob Lowthian,17,ROD
4:19.87 Marc Thoms,16,DCSC
4:19.95 Todd Meulenbeld,15,UCSC
4:20.35 Mike Gurzi,15,ESC
4:20.42 Mike Meldrum,16,UCSC
4:20.51 Jeff Hayden,15,UCSC
4:20.95 Jamie Guilboard,16,CAMO
4:21.23 Randy Lyseng,17,UCSC

1500 METRES FREE/LIBRE
Rec:15:31.38 B.Volz,NYAC,84
15:31.38 Bernhard Volz,16,NYAC
15:46.21 Chris Bowie,17,CDSC
15:51.72 Chris Chalmers,16,LYAC
15:58.12 Peter Webster,16,LYAC
16:00.76 Harry Taylor,16,EKSC
16:06.99 Fin Donnelly,17,HYACK
16:15.30 Deke Botsford,17,ESC
16:18.54 Paul Szekula,15,PCSC
16:18.85 Reagan Williams,16,EKSC
16:19.65 Scott Flowers,16,EKSC
16:23.49 Tom Evans,16,EKSC
16:24.18 Greg Streppel,16,CAJ
16:25.98 Raymond Brown,15,CAJ
16:29.30 Paul Hebert,16,MANTA
16:31.82 Barton Wells,17,MM
16:33.44 Darryl Borland,16,HWAC
16:35.17 Scott Isaac,15,CASC
16:41.73 Eric Blouin,15,LAVAL
16:42.22 Rob Lowthian,17,ROD
16:43.01 Trevor Jakisch,17,MANTA
16:43.29 Daryn Hodgins,17,LYAC
16:43.51 Mark Dickinson,16,MAC
16:43.88 Mike Meldrum,16,UCSC
16:45.37 Martin Giroux,16,DDO
16:48.87 Greg Horie,15,HWAC
16:50.38 Patrice Lepage,16,CAS
16:57.18 Jamie King,15,CDSC
16:57.96 David McFadyen,17,ROD
16:58.22 Louis-M. Girouard,16,SFOY
16:59.61 Keith Purvis,15,CDSC
17:02.59 Todd Meulenbeld,15,UCSC
17:02.78 Chris Fenton,16,COBRA
17:03.01 Andrew Huige,16,HYACK
17:03.48 Stephen Merker,16,COBRA
17:05.13 John Duncan,16,HTAC
17:08.40 Chris Read,16,UCSC
17:09.32 John Vadeika,17,GMAC
17:11.16 Charles Meklensek,15,PCSC
17:12.89 Dan Finch,16,ROD
17:14.07 Doug Henderson,16,OAK
17:14.11 Jim Ansell,16,UCSC
17:19.36 Sebast'n Faure,17,CNNG
17:20.62 Brian Park,17,BSCC
17:20.73 Joe Sanders,15,LYAC
17:20.98 Paul Hemens,16,CASE
17:21.40 Mike Hamilton,17,UCSC
17:22.65 Kent Williams,17,WTSC
17:22.71 Randy Lyseng,17,UCSC
17:24.47 Michael Woolhouse,15,CASC
17:26.57 Brent Hobbs,16,VICO

100 METRES BACK/DOS
Rec:0:57.11 S.Goss,NYAC,84
0:57.11 Sandy Goss,17,NYAC
0:58.03 Mark Tewksbury,16,UCSC
0:59.56 Mike Bushore,17,UCSC
1:00.20 Deke Botsford,17,ESC
1:00.56 Gary Anderson,15,NYAC
1:00.64 Paul Szekula,15,PCSC
1:00.67 Tarek Raafat,17,SJSC
1:01.06 Kevin Draxinger,17,CDSC
1:01.74 Henry Hebert,16,COB
1:01.75 Denis Cayouette,17,SELCT
1:02.10 David Kwasny,17,TBT
1:02.19 Robin Godfrey,15,DCSC
1:02.36 Robert Martin,17,MM
1:02.42 Randy Fedderson,15,CASC
1:02.45 Steven V'd'Meulen,15,VKSC
1:02.89 Scott Flowers,16,EKSC
1:02.93 John Billy,16,SKS
1:02.97 Robert Bertelink,16,STARS
1:03.00 Carl Bloom,17,UM
1:03.08 Regent Lacoursiere,17,DDO
1:03.19 Berni Giesen,17,TOMAC
1:03.65 Marc Durocher,17,SAMAK
1:03.70 Michael Woolhouse,15,CASC
1:03.71 Craig Stroyan,16,SYD
1:03.74 Chris Bellefeuille,16,MEGO
1:03.76 Simon Bicknell,15,COHO
1:03.91 Jamie Buchan,17,TBT
1:04.21 Mike Meldrum,16,UCSC
1:04.23 Ian McElroy,17,HWAC
1:04.24 Greg Streppel,16,CAJ
1:04.29 Bernhard Volz,16,NYAC
1:04.31 Bruce Squires,17,LYAC
1:04.31 Lee Dean,15,ROD
1:04.34 Wouter Beerman,15,SL
1:04.34 Jon Wakefield,15,CAJ
1:04.49 Yanic Szoghy,17,SL
1:04.59 Andrew Moir,15,CAJ
1:04.60 Philippe Gariepy,17,UM
1:04.76 Stephen Merker,16,COBRA
1:04.79 Mike Gurzi,14,ESC
1:04.80 Chris McCarthy,17,COHO
1:04.81 Rob Jubenvill,16,CASC
1:04.86 Noel Harrington,15,SSAC
1:04.87 Jean-F. Goulet,16,POM
1:05.02 John MacKenzie,16,AAC
1:05.27 Ken Stutt,17,SKSC
1:05.31 Mark Matson,15,CDSC
1:05.32 Derek Murchie,16,HTAC
1:05.37 Marc Thoms,16,DCSC
1:05.44 Rob Steen,17,TGC

200 METRES BACK/DOS
Rec:2:02.60 S.Goss,NYAC,84
2:02.60 Sandy Goss,17,NYAC
2:05.18 Mark Tewksbury,16,UCSC
2:07.60 Deke Botsford,17,ESC
2:09.88 Paul Szekula,15,PCSC
2:10.15 Gary Anderson,15,NYAC
2:10.28 Mike Bushore,17,UCSC
2:11.07 Kevin Draxinger,17,CDSC
2:11.47 Scott Flowers,16,EKSC
2:12.60 Tarek Raafat,17,SJSC
2:12.93 Denis Cayouette,17,SELCT
2:13.05 Mike Meldrum,16,UCSC
2:13.14 Robert Bertelink,16,STARS
2:13.25 Bernhard Volz,16,NYAC
2:13.26 Steven V'd'Meulen,15,VKSC
2:13.52 Greg Streppel,16,CAJ
2:13.98 David Kwasny,17,TBT
2:14.15 Patrice Lepage,16,CAS
2:14.19 Raymond Brown,15,CAJ
2:14.22 Peter Webster,16,LYAC
2:14.97 Henry Hebert,16,COB
2:15.02 Michael Woolhouse,15,CASC
2:15.45 Robert Martin,17,MM
2:16.40 Robin Godfrey,15,DCSC
2:16.48 Bruce Squires,17,LYAC
2:16.52 Jon Wakefield,15,CAJ
2:16.65 Chris Bellefeuille,16,MEGO
2:16.95 Chris McCarthy,17,COHO
2:17.20 Berni Giesen,17,TOMAC
2:17.28 Noel Harrington,15,SSAC
2:18.02 Richard Martin,15,MM
2:18.07 Lee Dean,15,ROD
2:18.28 Simon Bicknell,15,COHO
2:18.43 Chris Chalmers,16,LYAC
2:18.56 Marc Thoms,16,DCSC
2:18.83 Floyd Campbell,15,EKSC
2:19.02 Glenn Bowie,16,CDSC
2:19.34 Marc Durocher,17,SAMAK
2:19.39 Martin Giroux,16,DDO
2:19.49 Mark Matson,15,CDSC
2:19.54 Liam Donnelly,16,HYACK
2:19.61 Scott Mitchell,16,PCSC
2:19.70 Wouter Beerman,15,SL
2:20.09 Ian McElroy,17,HWAC
2:20.15 Richard Isnor,17,TCSC
2:20.37 Peter Kremer,15,PCSC
2:20.47 Yanic Szoghy,17,SL
2:20.78 Shane Vieau,17,DCSC
2:20.88 Darcy Wallingford,17,NYAC
2:21.29 Derek Murchie,16,HTAC
2:21.37 Chris Bowie,17,CDSC

100 METRES BREAST/BRASSE
Rec:1:04.24 V.Davis,ROW,81
1:07.14 David Lehlanc,15,UM
1:07.52 Marco Cavazzoni,17,PCSC
1:07.67 Oarcy Wallingford,17,NYAC
1:07.85 Glen Cairns,17,HYACK
1:08.36 Kamal Shah,17,GMAC
1:08.50 Ian McMillan,17,CDSC
1:09.57 Sam Sim,17,EKSC
1:09.64 Peter Stratford,15,PCSC
1:09.70 Len Walker,16,DCSC
1:09.75 Trevor Forsberg,16,GOLD
1:09.84 Jim Birchenough,17,PCSC
1:09.96 Pierre Berube,16,SFOY
1:10.10 Albert Shaar,17,POM
1:10.11 Daniel Tapin,15,CNS
1:10.25 Corey Bernard,15,EKSC
1:10.57 Jamie Buchan,17,TBT
1:10.70 Dan Potvin,15,CNDRI
1:10.70 Chris Bellefeuille,16,MEGO
1:10.72 Martin Tamme,16,DDO
1:10.76 Randy Fedderson,15,CASC
1:10.97 Jim Ansell,16,UCSC
1:11.18 Jean-P. Emond,16,CAMO
1:11.24 Rob Traynor,17,CDSC
1:11.33 Mark McKenna,16,DCSC
1:11.43 Martin Blanchette,15,CAMO
1:11.50 Oean Schultz,16,EKSC
1:11.51 Tom Cox,16,BRANT
1:11.58 Terry Livingston,17,ROD
1:11.82 Eric Isbister,17,JUVA
1:11.82 Mike Hamilton,17,UCSC
1:11.85 Craig Liddell,17,UCSC
1:11.95 Steve Verseghy,16,AAC
1:12.04 Dan Hunt,16,LAVAL
1:12.23 Chris Harbeck,16,MANTA
1:12.24 Andrew McKee,15,FMSC
1:12.38 David Evans,17,EKSC
1:12.40 Bob Nevin,15,WAC
1:12.42 Andrew Young,16,UNATT
1:12.46 Mark Kaiway,17,VPSC
1:12.49 Scott Henry,17,MUSAC
1:12.57 David Schmidt,16,BROCK
1:12.61 Adrian Gedye,15,HYACK
1:12.70 Al Harper,15,CASC
1:12.74 8rian Gosselin,15,SAMAK
1:12.87 Paul Rimek,17,VICO
1:12.89 Trevor Jakisch,17,MANTA
1:13.03 Mark Atwood,16,MM
1:13.08 Tom Mortlock,17,AMAC
1:13.17 Darcy Purvis,16,SD
1:13.25 David McFadyen,17,ROD

200 METRES BREAST/BRASSE
Rec:2:19.53 V.Davis,ROW,81
2:25.83 Glen Cairns,17,HYACK
2:26.09 David Leblanc,15,UM
2:27.73 Darcy Wallingford,17,NYAC
2:28.80 Marco Cavazzoni,17,DDO
2:30.25 Jim Ansell,16,UCSC
2:30.45 Trevor Jakisch,17,MANTA
2:30.48 David Evans,17,EKSC
2:30.81 Daniel Tapin,16,CNS
2:31.23 Jim Birchenough,17,PCSC
2:31.86 Alberta Shaar,17,POM
2:31.87 Trevor Forsberg,16,GOLD
2:31.91 Kamal Shah,17,GMAC
2:32.06 Peter Stratford,15,PCSC
2:32.09 Martin Tamme,16,DDO
2:32.29 Dean Schultz,16,EKSC
2:32.54 Pierre Berube,16,SFOY
2:32.96 Oavid Richards,17,PCSC
2:33.30 Robert Traynor,17,CDSC
2:33.72 Corey Bernard,15,EKSC
2:33.75 Len Walker,16,DCSC
2:33.76 Terry Livingston,17,ROD
2:33.94 Martin 8lanchette,15,CAMO
2:34.52 Al Harper,15,CASC
2:35.40 Oan Potvin,15,CNORI
2:36.29 Brian Gosselin,15,SAMAK
2:36.50 Dan Finch,16,ROD
2:36.58 Adrian Gedye,15,HYACK
2:36.66 Jamie 8uchan,17,TBT
2:36.69 Greg Pye,17,LYAC
2:36.71 Deke Botsford,17,ESC
2:36.74 Dino Antonacci,15,POM
2:37.74 Andrew McKee,15,FMSC
2:37.81 Ian McMillan,17,CDSC
2:37.98 Eric Isbister,17,JUVA
2:38.20 Tom Cox,16,BRANT
2:38.46 Bob Nevin,15,WAC
2:38.54 Peter Robbie,16,MANTA
2:38.59 Richard Isnor,17,TCSC
2:38.91 Chris Harbeck,16,MANTA
2:39.02 David McFadyen,17,ROD
2:39.90 Paul Hebert,16,MANTA
2:40.55 Mark Atwood,16,MM
2:40.60 Craig Liddell,17,UCSC
2:40.75 Trevor Poulsen,16,UCSC
2:41.02 Mike Meldrum,16,UCSC
2:41.11 Dan Hunt,16,LAVAL
2:41.21 Barton Wells,17,MM
2:41.28 Mike Hamilton,17,UCSC
2:41.41 Michael Dowdle,15,UCSC
2:41.52 Clement Barrette,17,CAG

100 METRES FLY/PAPILLON
Rec:0:55.64 T.Ponting,UCSC,82
0:56.49 Frederic Chalut,17,CDSC
0:58.24 Sandy Goss,17,NYAC
0:58.62 Regent Lacoursiere,17,DDO
0:58.63 Mike Gurzi,15,ESC
0:58.79 John Billy,16,SJS
0:59.00 Andre Denton,17,UTSC
0:59.25 Scott Isaac,15,CASC
0:59.47 Deke Botsford,17,ESC
0:59.53 Ken Milne,16,LYAC
0:59.60 Max Herndl,16,HYACK
0:59.75 Raymond Brown,15,CAJ
1:00.04 Dan Christian,17,PBD
1:00.06 Dave Richards,17,PCSC
1:00.09 Scott Flowers,16,EKSC
1:00.20 8ernard Landry,17,CNORI
1:00.31 Robert Martin,17,SJAK
1:00.48 Tom Mortlock,17,AMAC
1:00.51 Eric Blouin,15,LAVAL
1:00.60 Doug Thompson,16,CO8RA
1:00.63 Ralph VanDonselaar,17,EKSC
1:00.73 Martin Moreau,17,CNMN
1:00.86 Ian McMillan,17,CDSC
1:00.90 Craig Stroyan,16,SYD
1:00.94 Luc Chantelois,15,SAMAK
1:01.04 Tarek Raafat,17,SJSC
1:01.09 John Duncan,16,HTAC
1:01.16 Mike Meldrum,16,UCSC
1:01.22 Mark Kaiway,17,VPSC
1:01.36 Louis-M. Girouard,16,SFOY
1:01.41 Reagan Williams,16,EKSC
1:01.47 Ian Carmody,16,GO
1:01.50 Dan Potvin,15,CNDRI
1:01.58 Sam Sim,17,EKSC
1:01.60 Rob Tuchenhagen,17,TBT
1:01.76 Gary Anderson,15,NYAC
1:01.80 Steven V'd'Meulen,15,VKSC
1:01.99 Mark Braaten,16,COBRA
1:02.00 Brent Staeben,17,NAAC
1:02.15 Charles Meklensek,15,PCSC
1:02.40 Corey Bernard,15,EKSC
1:02.41 Mike Hamilton,17,UCSC
1:02.45 Peter Darvas,17,NYAC
1:02.45 Oavid Kwasny,17,TBT
1:02.52 Mark Tewksbury,16,UCSC
1:02.60 Darryl Borland,16,HWAC
1:02.65 Scott McCarthy,15,COHO
1:02.65 P. Kelly,17,OAK
1:02.67 Doug Henderson,16,OAK
1:02.80 Dan Finch,16,ROD
1:02.83 Jamie King,15,COSC

200 METRES FLY/PAPILLON
Rec:2:00.78 P.Ward,CDSC,81
2:05.24 Frederic Chalut,17,CDSC
2:05.42 Deke Botsford,17,ESC
2:06.58 Mike Gurzi,15,ESC
2:08.14 Scott Isaac,15,CASC
2:08.31 Sandy Goss,17,NYAC
2:08.89 Louis-M. Girouard,16,SFOY
2:09.46 Luc Chatelois,15,SAMAK
2:09.97 Mike Meldrum,16,UCSC
2:10.00 Eric Blouin,15,LAVAL
2:11.69 Scott Flowers,16,EKSC
2:11.72 Raymond Brown,15,CAJ
2:12.10 Mike Hamilton,17,UCSC
2:12.33 John Duncan,16,HTAC
2:12.40 Ian Carmody,16,GO
2:12.67 Regent Lacoursiere,17,DDO
2:12.92 Greg Streppel,16,CAJ
2:13.22 Doug Thompson,16,COBRA
2:13.56 Ken Milne,16,LYAC
2:13.57 David Richards,17,PCSC
2:13.61 Mark Braaten,16,COBRA
2:13.75 Luc Chantelois,15,SAMAK
2:14.18 Michel Orouin,15,CAS
2:14.20 Marco Cavazzoni,17,DDO
2:14.35 Peter Darvas,17,NYAC
2:14.47 Chris Bowie,17,CDSC
2:14.48 Gary Anderson,15,NYAC
2:14.55 Jamie King,15,CDSC
2:15.24 Max Herndl,16,HYACK
2:15.39 Reagan Williams,16,EKSC
2:15.42 Martin Moreau,17,CNMN
2:15.61 Dan Christian,17,P8D
2:15.73 Randy Lyseng,17,UCSC
2:15.85 John Bayley,16,CDSC
2:15.89 David Kwasny,17,TBT
2:16.47 Bernhard Volz,16,NYAC
2:16.63 Tim Doherty,17,ROW
2:17.02 Robert Martin,16,SJAK
2:17.16 Charles Meklensek,15,PCSC
2:17.18 Sam Sim,17,EKSC
2:17.42 Doug Henderson,16,OAK
2:17.60 Clint Hirst,16,CHENA
2:17.66 Ralph VanDonselaar,17,EKSC
2:17.75 Greg Pye,16,LYAC
2:17.86 Barton Wells,17,MM
2:17.94 Chris Fenton,16,COBRA
2:17.98 Rob Steininger,16,PCSC
2:18.35 Sylvain Hogue,15,CAMO
2:18.65 David Evans,17,EKSC
2:18.71 John Billy,16,SJS
2:18.75 8rian Park,17,BSCC

200 METRES I.M./QUATRE NAGES
Rec:2:02.78 A.Baumann,LUSC,81
2:07.95 Sandy Goss,17,NYAC
2:11.24 Frederic Chalut,17,CDSC
2:11.79 Deke Botsford,17,ESC
2:12.22 Mike Meldrum,16,UCSC
2:12.30 Raymond Brown,15,CAJ
2:12.50 Gary Anderson,15,NYAC
2:12.81 Trevor Jakisch,17,MANTA
2:13.45 Marco Cavazzoni,17,DDO
2:14.11 Stephen Merker,16,COBRA
2:14.55 Darcy Wallingford,17,NYAC
2:14.59 Regent Lacoursiere,17,DDO
2:14.77 Bernhard Volz,16,NYAC
2:14.81 Philip Skinder,17,HYACK
2:15.06 Sam Sim,17,EKSC
2:15.12 Mike Hamilton,17,UCSC
2:15.14 Tarek Raafat,17,SJSC
2:15.44 Chris Bellefeuille,16,MEGO
2:15.53 Glen Cairns,17,HYACK
2:15.75 Randy Fedderson,15,CASC
2:15.82 Greg Streppel,16,CAJ
2:15.99 Terry Livingston,17,ROD
2:16.21 Jean-P. Emond,16,CAMO
2:16.25 Peter Webster,16,LYAC
2:16.30 Clint Hirst,17,CHENA
2:16.32 Dan Finch,16,ROD
2:16.53 Chris Fenton,16,CO8RA
2:16.66 Dan Christian,17,PBD
2:16.78 Albert Shaar,17,POM
2:16.92 Darryl Borland,16,HWAC
2:16.99 Oenis Cayouette,17,SELCT
2:17.09 Bruce Squires,16,LYAC
2:17.10 Bernard Landry,17,CNDRI
2:17.27 David Kwasny,17,TBT
2:17.28 Robert Martin,17,MM
2:17.55 Patrice Lepage,16,CAS
2:17.55 Peter Darvas,17,NYAC
2:17.65 Mark Dickinson,16,MAC
2:18.11 Jim Ansell,16,UCSC
2:18.20 Steven V'd'Meulen,15,OST
2:18.27 Glenn Bowie,16,CDSC
2:18.35 David Leblanc,15,UM
2:18.40 Oarryl Dutton,17,HTAC
2:18.43 Mark Tewksbury,16,UCSC
2:18.44 Greg Pye,16,LYAC
2:18.47 Scott LeBuke,15,EKSC
2:18.85 David Evans,17,EKSC
2:18.87 Corey Bernard,15,EKSC
2:19.12 Liam Donnelly,16,HYACK
2:19.68 Chris Chalmers,16,LYAC
2:20.02 Ian McMillan,17,CDSC

400 METRES I.M./QUATRE NAGES
Rec:4:22.39 A.Baumann,LUSC,81
4:30.28 Deke Botsford,17,ESC
4:38.38 Trevor Jakisch,17,MANTA
4:38.38 Raymond Brown,15,CAJ
4:40.36 Greg Streppel,16,CAJ
4:41.74 Philip Skinder,17,HYACK
4:41.96 Stephen Merker,16,COBRA
4:42.02 Mike Meldrum,16,UCSC
4:42.02 Barton Wells,17,MM
4:42.12 Gary Anderson,15,NYAC
4:43.15 Frederic Chalut,17,CDSC
4:43.37 Terry Livingston,17,ROD
4:43.38 Oavid Evans,17,EKSC
4:43.82 Bernhard Volz,16,NYAC
4:45.20 Darcy Wallingford,17,NYAC
4:46.50 Mike Hamilton,17,UCSC
4:46.86 Chris Chalmers,16,LYAC
4:47.00 Jim Ansell,16,UCSC
4:48.16 Marco Cavazzoni,17,DDO
4:48.56 Glen Cairns,17,HYACK
4:48.66 Dan Finch,16,ROD
4:48.67 Patrice Lepage,16,CAS
4:48.90 Chris Bellefeuille,16,MEGO
4:49.81 Scott LeBuke,15,EKSC
4:50.52 Randy Fedderson,15,CASC
4:50.59 Paul Szekula,15,PCSC
4:50.72 Scott Flowers,16,EKSC
4:51.73 Jean-P. Emond,16,CAMO
4:51.76 Bruce Hedley,16,GMAC
4:52.09 Chris Fenton,16,COBRA
4:52.11 Pierre Berube,16,SFOY
4:52.50 Greg Pye,16,LYAC
4:52.55 Jamie Guilboard,16,CAMO
4:52.58 Eric Blouin,15,LAVAL
4:52.68 Todd Meulenbeld,15,UCSC
4:52.84 David Kwasny,17,TBT
4:53.21 Peter Robbie,16,MANTA
4:53.85 Lee Dean,15,ROD
4:53.90 Martin Giroux,16,DDO
4:53.96 Al Harper,16,CASC
4:53.98 Louis-M. Girouard,16,SFOY
4:54.49 Tom Evans,16,EKSC
4:54.59 Reagan Williams,16,EKSC
4:54.63 David McFadyen,17,ROD
4:55.00 Rob Traynor,17,CDSC
4:55.48 Robert Martin,17,MM
4:55.60 Oino Antonacci,15,POM
4:55.61 Bruce Squires,16,LYAC
4:55.90 David Leblanc,15,UM
4:55.99 Tarek Raafat,17,SJSC
4:56.04 Mark Tewksbury,16,UCSC

4x50 M MEDLEY REL QUATRE NAGES
Rec:1:54.00 Select Quebec,76
1:54.61 Edm Keyano,EKSC
1:56.45 Thun Bay,TBT
1:57.66 Cdn.Dolphin,CDSC
1:57.80 Mississauga,TOMAC
1:57.95 Cascade,CASC
1:58.10 Oakville,OAK
1:59.65 Man Marlin,MM
1:59.73 Goldfin,GOLD
2:01.40 Elliot Lake,ELAC
2:01.88 Hyack SC,HYACK
2:02.17 Victoria,COHO
2:02.61 Guelph,GMAC
2:03.61 Brampton,COBRA
2:03.66 Scarboro,SSAC
2:04.28 Regina,ROD
2:04.37 Olympian,OSC
2:04.62 Okanagan,OST
2:04.85 Nanaimo,NRST
2:05.24 Laurentian,LUSC
2:05.32 Cambridge,CAJ
2:06.30 Brantford,BRANT
2:06.39 Dorado,STARS
2:06.40 London,LYAC
2:07.37 Victoria,VICO
2:07.60 Soo Y Dol,SYD
2:08.57 West Van,WVOSC
2:08.90 St.James,SJS
2:08.92 St.John's,SJAK
2:08.97 Surrey,SKSC
2:09.05 Burlington,BSCC
2:10.46 Chatham,CYPS
2:11.29 Chena SC,CHENA
2:12.12 YMCA Laser,YLSC
2:12.13 Univ.Calgary,UCSC
2:12.20 York AC,YORK
2:12.50 East York,SEALS
2:14.59 Kenora,KA
2:14.70 Selkirk,SD
2:14.94 Duncan,DAST
2:18.86 Edm Bluefin,BLUE
2:20.02 Medley,MMSC
2:20.33 Pr.George,PGB
2:22.38 Brock Univ.,BROCK
2:25.40 Etobicoke,ESC
2:27.08 Kinsmen FF,MJKFF
2:28.16 Leduc,LOSC
2:29.90 Timmins,TMSC

4x50 M FREE REL LIBRE
Rec:1:41.95 Univ.Calgary,82
1:42.21 Edm.Keyano,EKSC
1:42.75 Pt-Claire,PCSC
1:43.13 Thun Bay,TBT
1:43.75 Nanaimo,NRST
1:43.80 Nepean,NSC
1:43.80 Mississauga,TOMAC
1:44.15 Dartmouth,DCSC
1:44.16 Hyack SC,HYACK
1:44.65 Cascade,CASC
1:45.25 Cdn.Dolphin,CDSC
1:46.12 Burlington,BSCC
1:46.31 Brossard,SAMAK
1:47.15 Dollard,DDO
1:47.68 Victoria,COHO
1:47.74 Cambridge,CAJ
1:47.82 Oakville,OAK
1:47.96 Dorado,STARS
1:48.13 Manta AC,MANTA
1:48.44 London,LYAC
1:48.58 Slt.S.Marie,SSMAC
1:48.77 Univ.Calgary,UCSC
1:48.80 Rimouski,CNDRI
1:48.91 Elliot Lake,ELAC
1:49.00 Regina,ROD
1:49.20 Granby,CNNG
1:49.31 Guelph,GMAC
1:49.39 Montreal,POM
1:49.40 Longueuil,ORCA
1:50.01 Man Marlin,MM
1:50.08 Olympian,OSC
1:50.71 Brantford,BRANT
1:50.82 Okanagan,OST
1:50.91 Victoria,VICO
1:51.19 Laurentian,LUSC
1:51.50 Goldfin,GOLD
1:51.67 Sherbooke,CNS
1:52.34 West Van,WVOSC
1:52.97 St.James,SJS
1:53.26 Scarboro,SSAC
1:53.29 St.John's,SJAK
1:53.89 Hull,DH
1:54.39 Charlesbourg,CHAR
1:54.81 Stettler,SSC
1:55.20 East York,SEALS
1:55.29 Quebec,CNCQ
1:55.80 Loretteville,CNL
1:56.34 Kenora,KA
1:56.49 YMCA Laser,YLSC
1:56.50 Hautrive,CNRH
1:56.51 Chena SC,CHENA

CANADA CUP

NOV.30 – DEC.2, 1984

Short Course (25 m pool)

ETOBICOKE SWIM CLUB

ENTRY STANDARDS (25m)

FRIDAY, Nov.30 Women	Event	Men	SATURDAY, Dec.1 Women	Event	Men	SUNDAY, Dec.2 Women	Event	Men
•	50 fly	•	2:12.4	200 free	1:59.0	9:17.8	800 fr	
•	50 bk	•	1.18.8	100 br	1:08.9		1500 fr	16:45.3
•	50 br	•	5:14.1	400 im	4:46.2	1 02.3	100 fr	56.5
4 35 6	400 free	4:10.9	1:10.6	100 bk	1:02.8	2:49.9	200 br	2:27.5
2 30 9	200 im	2·14.6	1:08.9	100 fly	1:00.2	2:32.2	200 bk	2:14.9
	4x100 MR			4x50 FR		2:27.7	200 fly	2:12.0
							4x100 FR	

** use 100 entry time for seeding*

PLAN TO ATTEND OTHER MEETS HOSTED BY THE ETOBICOKE SC

- LC SPRINT MEET – JUNE 1 - 2
- LC AGE GROUP INTERNATIONAL – JULY 19 - 21

If you're available to officiate please contact Anne Montgomery at (416) 245-0363

ENTRY FORMS & INFORMATION

Etobicoke Swim Club
590 Rathburn Road
Etobicoke, Ontario, M9C 3T3
Tel.: (416) 622-0154

RECORD SETTERS

50 M POOL (Records bettered during July - August 1984)

COMMONWEALTH RECORD

100 free	50.06	Mark Stockwell,AUS	F.Laud'le	Aug.15

NAGIONAL AGE GROUP

11-12 GIRLS

400 free	4:31.48	Nancy Birchenough,PCSC	Montreal	Aug.2

11-12 BOYS

400 free	4:26.89	Nicolas Richards,PCSC	Dollard	Jul.2
	4:26.47	Nicolas Richards,PCSC	Montreal	Aug.2
800 free	9:04.82	Nicolas Richards,PCSC	Montreal	Aug.4
1500 free	17:05.50	Nicolas Richards,PCSC	Montreal	Aug.4
200 fly	2:20.87	Nicolas Richards,PCSC	Pt.Claire	Aug.9
4x50 free rel	1:57.28	Pointe Claire SC (S.Mulrooney,M.Neuheimer,D.Ferguson,N.Richards)	Dollard	Jul.22

25 M POOL

CANADIAN SENIOR

800 free	7:57.54	Chris Bowie CDSC	Melbourne	Aug.24

NATIONAL AGE GROUP

11-12 BOYS

4x100 med.rel	4:42.00	SAMAK de Brossard (C.Ramos, J-C.Marin, M.Boileau, B.Gosselin)	Brossard	Jul.26

15-17 BOYS

800 free	7:57.54	Chris Bowie,CDSC	Melbourne	Aug.24

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YOUR CHILD IS THE MAIN CHARACTER STORY BOOKS

Full colour lively illustrations are featured on every page of these *one of a kind* story books. Your child is the main character and his family, friends, pet and school are all part of the story.

CHILD'S INFORMATION

First Name _____ Last Name _____

Girl ☐ Boy ☐

Address _____

City _____ Province _____ Postal Code _____

School or Park * (Optional) _____ School ☐ Park ☐

Three friends (Can be relatives but must have 3 names)

1. _____ 2. _____ 3. _____

Pet's Name * (Optional) _____ Kind of Pet * (Optional) _____

BUYER – As the giver of the book, how do you wish your name(s) to appear in the book? (e.g. From . . . Mommy & Daddy, Gramma, Uncle Ken & Aunt Sue, Billy and Mary, etc.)

From _____ Send book to Buyer ☐ Child ☐

BUYER'S INFORMATION

Name Mr. Mrs. Ms. _____

Address _____ Phone _____

City _____ Province _____ Postal Code _____

Check book(s) you wish to order:

Titles and suggested story lines	*Quantity*	*Price*	*Total*
* Holiday Dragon – 1-7 years		$14.95	
Scented Mountain – 2-8 years		$14.95	
*** Riddle Planet – 3-8 years		$14.95	

* Holiday Dragon makes reference to Christmas and Easter

** Prince includes mailing to anywhere in Canada *** Great birthday book

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Mississauga, Ontario, M4Y 1J4
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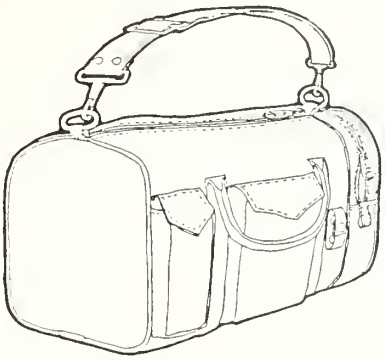
GDR DOMINATES EUROPEAN JUNIORS

EUROPEAN JUNIOR CHAMPS
Luxemburg, Jul 26-29 (50 m)

GIRLS (born in 1969-70)
100 M FREE
56.86 H.Friederich,GDR
57.94 K.Konig,GDR
58.20 J.Exner,FRG
200 M FREE
2:01.02 N.Bergnecht,GDR
2:01.09 K.Konig,GDR
2:03.48 M.Gyuro,HUN
400 M FREE
4:13.19 G.Richter,GDR
4:15.59 K.Hartmann,GDR
4:16.62 M.Gyuro,HUN
800 M FREE
8:37.29 G.Richter,GDR
8:43.78 K.Hartmann,GDR
8:44.81 M.Gyuro,HUN
100 M BACK
1:04.40 H.Harzer,GDR
1:05.20 A.Schneider,GDR
1:05.35 G.Patane,ITA
200 M BACK
2:17.30 K.Hartmann,GDR
2:17.72 M.Gyuro,HUN
2:18.32 I.Mateescu,ROM
100 M BREAST
1:09.87 S.Gerasch,GDR
1:11.60 S.Kuzmina,SOV
1:13.50 S.Dubrovina,SOV
200 M BREAST
2:30.81 S.Gerasch,GDR
2:33.76 S.Kuzmina,SOV
2:38.77 S.Parker,GBR
100 M FLY
1:00.78 K.Gressler,GDR
1:02.61 J.Zenner,GDR
1:03.73 I.Mateescu,ROM
200 M FLY
2:14.45 J.Zenner,GDR
2:15.47 K.Gressler,GDR
2:18.37 I.Mateescu,ROM
200 M IND.MEDLEY
2:17.83 S.Gerasch,GDR
2:21.16 M-P.Wirth,FRA
2:21.31 S.Schacke,GDR
400 M IND.MEDLEY
4:56.32 S.Schacke,GDR
4:56.98 K.Hartmann,GDR
4:57.59 I.Curzi,ITA
4x100 MEDLEY RELAY
4:14.88 German Dem.Rep
4:18.80 Soviet Union
4:23.96 Fed.R.Germany
4x100 FREE RELAY
3:50.58 German Dem.Rep
3:54.19 Fed.R.Germany
3:56.90 Holland
4x200 FREE RELAY
8:19.35 German Dem.Rep
8:28.16 Sweden
8:28.26 Fed.R.Germany

BOYS (born 1968-69)
100 M FREE
52.69 R.Wanzlik,GDR
52.96 A.Wodjat,POL
53.15 H.Mattsson,SWE
200 M FREE
1:54.05 R.Wanzlik,GDR
1:54.92 A.Wodjat,POL
1:55.36 B.Knetter,FRG
400 M FREE
3:59.91 F.Goetze,FRG
4:00.61 R.Hannemann,GDR
4:01.25 A.Wodjat,POL
1500 M FREE
15:46.95 Y.Cardineau,FRA
15:49.42 A.Ciucci,ITA
15:52.76 M.Goetze,GDR
100 M BACK
57.65 G.Mihalev,BUL
59.30 P.Kuehl,GDR
59.74 T.Deutsch,HUN
200 M BACK
2:05.41 G.Mihalve,BUL
2:07.22 P.Kuehl,GDR
2:08.48 P.Kudriatsev,SOV
100 M BREAST
1:04.88 A.Polschuk,SOV
1:05.29 A.Kobylin,SOV
1:06.48 A.Cecchi,ITA
200 M BREAST
2:23.34 P.Szabo,HUN
2:23.43 L.Sacchi,ITA
2:25.20 I.Milidakis,GRE
100 M FLY
57.60 A.Oriente,ITA
57.61 V.Vlasenko,SOV
57.98 D.Elspass,FRG
200 M FLY
2:04.23 R.Pinter,ROM
2:04.43 V.Vlasenko,SOV
2:06.77 C.Bordeau,FRA
200 M IND.MEDLEY
2:08.36 R.Hannemann,GDR
2:09.78 A.Osipov,SOV
2:09.92 M.Erdmann,GDR
400 M IND.MEDLEY
4:30.12 J.Szabo,HUN
4:32.43 R.Hannemann,GDR
4:33.14 L.Sacchi,ITA
4x100 MEDLEY RELAY
3:55.92 Soviet Union
3:59.29 Fed.R.Germany
4:00.07 France
4x100 FREE RELAY
3:31.78 Fed.R.Germany
3:32.26 Italy
3:33.80 Sweden
4x200 FREE RELAY
7:44.15 Italy
7:44.22 German Dem.Rep
7:51.00 France

SWIMCO
SUN & FUN FASHIONS



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56 NAMED TO YOUTH TEAM
47 TO RECEIVE ATHLETE ASSISTANCE

1984-85 YOUTH TEAM

GIRLS	AGE	CLUB
Nancy Birchenough	12	PCSC
Krista Brennan	12	SJS
Guylaine Cloutier	12	MTMY
Jennifer Hutchison	12	PCSC
Lori Mellen	12	AAC
Sophie Dufour	13	CRY
Chris Hashimoto	13	CHENA
Andrea Lefort	13	MJKFF
Janna Promislow	13	EKSC
Genevieve Biron	14	PCSC
Mojca Cater	14	NYAC
Serena Copenace	14	CASC
Karyn Hatton	14	STARS
Marie-A.Lafontaine	14	SAMAK
Lois Mare	14	KA
Janet McKetsy	14	LUSC
Kim Milne	14	LYAC
Patricia Noall	14	BBF
Kim Paterson	14	HWAC
Paula Pelley	14	CVAC
Kaili Salmon	14	GO
Jennifer Smith	14	BROCK
Anne Taylor	14	EKSC
Miriam Ticktin	14	PCSC
Kati Vehghely	14	PCSC
BOYS		
Jason Brandt	13	ESC
Kyle Seeback	13	STARS
Paul Block	14	HYACK
James Bretzlaff	14	LUSC
Tyler Clair	14	ROW
Jean-P.Cote	14	SFOY
Brad Creelman	14	TOMAC
Patrick Gagnon	14	SAMAK
Don Haddow	14	ESC
Chris Johnston	14	MJKFF
Mark Kivinen	14	LUSC
Sean Koeller	14	CASC
Pierre Labbe	14	SAMAK
Rick Lawrence	14	WAC
Stephen McLeish	14	VICO
Kevin O'Connell	14	DDO
Mark Oldham	14	UCSC
Taras Pawlowsky	14	PCSC
David Smith	14	KA
Brandt Summers	14	CASC
Matthew Young	14	UNATT
Gary Anderson	15	NYAC
Raymond Brown	15	CAJ
Scott Flowers	15	EKSC
Mike Gurzi	15	ESC
Scott Isaac	15	CASC
Peter Stratford	15	PCSC
Paul Szekula	15	PCSC
Harry Taylor	15	EKSC
Steven VanderMeulen,	15	VKSC
Steve Verseghy	15	AAC

SELECTION CRITERIA FOR ATHLETE ASSISTANCE based on 1984 world rankings

"A" Card—Top 8 / 2 per country
—Ind. Olympic medal
"B" Card—Top 16 / 2 per country
—Olympic relay 1st-4th
"C" Card—Top 50 absolute
—Olympic relay 5th-8th
Mid-season "C" Card status — top 16 / 2 per country (long course only) available for period Sept.84 to Sept 85. *No time trials.
"C" Development Card— top 16 absolute plus 3% 1984 world rankings. Available Oct.1, 1984. Program is available to athletes who have not previously been carded. Athletes are eligible once only for the talent I.D. Program.

Mid-Season "C" Standards

Men	Event	Women
51.14	100 free	57.34
1:51.39	200 free	2:02.96
3:55.65	400 free	4:16.17
15:30.09	1500/800 fr	8:46.55
57.85	100 back	1:04.52
2:04.25	200 back	2:16.93
1:04.44	100 breast	1:11.62
2:20.07	200 breast	2:36.00
55.08	100 fly	1:02.11
2:01.24	200 fly	2:14.18
2:05.88	200 i.m.	2:20.19
4:27.98	400 i.m.	4:54.29

"C" Development Standards

Men	Event	Women
52.09	100 free	58.48
1:54.32	200 free	2:04.39
4:01.42	400 free	4:21.26
15:52.52	1500/800 fr	8:56.67
58.68	100 back	1:05.43
2:06.63	200 back	2:19.97
1:06.00	100 breast	1:13.58
2:22.99	200 breast	2:38.37
56.48	100 fly	1:03.22
2:03.96	200 fly	2:17.49
2:09.12	200 i.m.	2:22.52
4:34.27	400 i.m.	5:00.37

CARDED ATHLETES 1984-85

* retirements to date
© grace period

WOMEN

"A"
Anne Ottenbrite, AAC
©Julie Daigneault, PCSC
©Jill Horstead, ESC
©Michelle MacPherson, ESC

"B"
Pam Rai, HYACK
Jane Kerr, ESC
Donna McGinnis, EKSC
Karen Ward, PCSC
Reema Abdo, TD
Cindy Ounpouu, ESC
Mary Lubawski, ESC
Dominique Roussy, SELCT
Marie Moore, DCSC
Alison Dozzo, NYAC
Nathalie Gingras, PCSC
*Kathy Richardson, BROCK
Cheryl McArton, ESC
*Lisa Borsholt, CDSC
Jennifer Campbell, LUSC
Natalie Deschamps, SELCT
Jennifer McElroy, ROW

"C"
Melinda Copp, EKSC
Kathy Bald, NSC
Carol Klimpel, SSAC

"C" Development
Pascale Choquet, CNB
Karin Helmstaedt, KYBM
Debbie Wurzburger, LYAC

MEN

"A"
Alex Baumann, LUSC
Victor Davis, ROW
Tom Ponting, UCSC
Mike West, ROW
*Wade Flemons, CDSC©
Cameron Henning, EKSC

"B"
Dave Churchill, UTSC
Peter Dobson, ESC
Sandy Goss, NYAC
Ken Fitzpatrick, LYAC
Jon Kelly, VICO
Sean Murphy, ESC
*Peter Szmidt, EKSC
David Shemilt, BROCK
Marco Veilleux, CDSC
Peter Ward, ESC

"C"
Bruce Berger, EKSC
Vlastimil Cerny, MANTA
Rob Chernoff, UCSC
Levente Mady, UCSC
Mark Tewksbury, UCSC
Lance Schroeder, EKSC
Bernhard Volz, NYAC
Rob Wallenius, UTSC
Wayne Kelly, VICO
Blair Hicken, UTSC

"C" Development
Deke Botsford, ESC
Chris Bowie, CDSC
Chris Chalmers, LYAC
Benoit Clement, LAVAL
Serge Score, HYACK
Peter Webster, LYAC

For any further information on Athlete Assistance or the Youth Team contact either Trevor Tiffany, CASA Chief Coach or Hilda Brownlee at

Swimming Canada
333 River Road,
Ottawa, Ontario, K1L 8B9
Tel: (613)741-5111

CLUB GRANTS

The club grant operated by CASA is unique to our sport. It has been in existence for 12 years. In 1984 it had a budget of $150,000.

Sponsorship of the program is from three sources: the Canadian Olympic Association, Labatts Brewing Company and Imperial Oil Ltd.

The aim of the program is to assist elite swimming clubs to provide an environment of excellence for world class athletes.

There were 16 clubs in the program for 1984.

A basic criteria is to have one or more swimmers ranked among the top 50 in the world (long course). Clubs received from a high of $24,000 down to $1,500.

Application forms for the 1985 season are being prepared by the CASA National Office. At the time of writing, there is still some uncertainty that all the funding sources will continue their support of this program. In the event of reduced funding, clubs would reduce a pro-rated amount.

CASA is optimistic that our $150,000 budgeted figure will again be available to help the elite clubs.

Leo-Paul Bonin, Vice Chairman of the CASA Board of Directors, receives a Labatt Olympic Coaches cheque for $91,000 from Barry Snetsinger, National Director of Promotions and Public Relations for the Labatt Brewing Company.

HOW TO SUBSCRIBE

If you'd like to receive your own copy of SWIM, or if you're already receiving it, this is the last issue of the 1984 season. You may sign up through your swim club for a 1985 subscription *at a considerable saving* or return this form with your cheque for **$25** for the 1985 subscription year. Please include your birthdate and club affiliation if you are a swimmer.

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DAVE CHURCHILL

DAVE CHURCHILL
Born: Aug.18, 1963
Coach: Byron MacDonald
Club: Univ.of Toronto SC

1980–84 LONG COURSE PROGRESSION

Event	*1980*	*1981*	*1982*	*1983*	*1984*
100 fr	55.44	53.90	53.89	52.57	51.65
100 fly	59.34	57.68	57.42	56.12	54.91

OVERVIEW
by Byron MacDonald,
head coach, Univ.of Toronto SC

I have coached Dave since 1981 when he enrolled at the University of Toronto. He remained with me even the summers because his club coach left the Toronto area.

I discovered that Dave needs a lot of rest with high quality work. This is for physical as well as psychological reasons(motivation).

Dave was on the verge of retiring when he came to U of T. He has been carefully nurtured to his current status (Olympic team member).

With an increased awareness of his potential his motivation is higher — as is his success.

ABOUT THE WORKOUTS:

The taper for Dave and the Toronto sprinters group begins approximately six weeks out from the major meet of the season (Nationals/Trials).

During the final few weeks the sprinters group will seldom do anything with the rest of the team. Their mileage rarely goes over 3000 meters per day in the last of couple weeks. Rest and short, intense repeats are the cornerstone of Dave's and the Toronto sprinters workouts.

The high quality workouts are usually alternated in the final four weeks: one day hard, one day low pressure. The major sets are short, and fast.

Effort is as important as speed. A total drop-dead effort on a stress day is mandatory. Anything less and they might as well do high mileage.

The final week encompasses a lot of sleep, no broken swims, rarely a sprint over 25 meters, and usually just a lot of dive 15 metre sprints.

Kicking is treated like swimming. Dave does high quality kicking — often broken sets, and then tapers down to virtually none right before the meet. Dave is a good kicker, going 1:10 (100 m) and 2:37 (200 m) in workout two weeks from the Trials.

Strength training is done daily, alternating weight lifting days with pulley days with stair running-bounding.

Four weeks out from the meet all strength training is stopped. This allows maximum swim efforts and return of flexibility/looseness.

Dave has had very good success with 'second shaves.'

This summer Dave tapered and shaved for the Quebec Cup four weeks out from the Trials. The next four weeks are then a condensed season: ten days of weights and higher mileage, then a two week taper down to our usual last week of very little pressure.

I find it very important to post the day by day workout schedule for the entire four week taper period. This would include such detail as low/high pressure days, main sets, goals, and days off. I believe that such a plan is a must if you want maximum performance.

Athletes will perform better when they know what's ahead.

WORKOUT COMMENTS:

FRIDAY: The whistle 100's are all-out efforts for nearly 100 meters. Dave sets his goal time(e.g.100 fly is 53.9) and attempts to do the 100 meters in that time. I blow the whistle when the clock reads 53.9 and Dave stops right where he is in the water. We try to see how close we can come to the 100 meters. Dave did well and reached 95 metres in the fly and 94.5 metres in the free. This set helps to establish what the swimmers goal time is, and plants it firmly in the mind and the body. The hard 50 kick at the end of workout was a surprise set. Dave was second fastest with a 33 second(long course).

SATURDAY: Dave takes a minimum of one day off per week, and often two during the final stages of the taper.

SUNDAY: Low pressure day, trying to swim off the day out of the pool and the quality of last week. We usually swim Sundays instead of Saturdays all season.

MONDAY: Morning session was to loosen up. Evening session was high pressure and had two goals: working on the back half of the race, and overtax the legs. Dave's 100's were what we wanted. He likes to go out controlled in his freestyle and then let it rip coming home so his 55 second 100's with the first 50 at 30 seconds was fine. The fly was equally as strong.The kick was o.k. but I felt it could have been done faster.

TUESDAY: Medium pressure day. All stroke sets (non-freestyle) for all of our stroke people are usually done on equal work/rest ratio — all year. The idea is to descend, and to insure good technique. Dave likes the sets we did today and did a good job on them. The tubing is done with it attached ten feet or more above the surface of the pool to ensure the swimmer is not plowing down as he strains against the tubing. The final four repeats are done with the swimmer walking to the bulkhead and having the tubing assist him to swim fast home. Dave is to go under 10 seconds.

WEDNESDAY: Very high pressure day. The dive efforts are to be flat out. The swimmers are not to hold back anything because there are six repeats. A failure at the end of the set would be better than less than 100% effort on the earlier swims. These swims are not swum in circles but are straight up and down the pool — as is virtually all of our quality high pressure swimming. This eliminates the dragging effect, ensures that excessive waves do not alter stroke technique, and permits me a better chance to view the athletes. Dave swam well today. His fly is slightly out of synch right now, as it usual at this point of the taper. He is having trouble with turnover and finishing the pull in time with his legs. We emphasize forcing the stroke turnover when necessary, to attain the effort. The stroke will come over the next week.

It should be noted that I have one of the 'slowest' watches around. For timed repeats the watch starts on the gun.

FINAL WEEK: A lot of easy swimming, and more than even rest for sets of 25's and 50's. Most repeats are done as build-ups. Mostly we do dive 15 metre sprints. We do sprint on one day in the final week — exactly one week out from the competition we go a time trial: either a broken 75 and a straight 50, or a straight 100 from a relay takeover. Dave went 53.8 for his 100 freestyle. He's not real sharp on the finish of his pull yet, but that is normal. He will not really feel good until the last couple days, or possibly not even until the morning of his race. That's the scary thing about tapering sprinters, and why it is very important to know your athletes well.

WORKOUT
FRIDAY
AM 2000 choice
PM 2000 warmup choice
2 x 'whistle' 100's
400 swim
3 sets 4x50 kick @1:05
(descend 50 to 40 sec)
50 kick sprint = 33.6
200 easy
SUNDAY
PM Warm-up set
5 x 50 @1:10, 4 x 100 @1:40
3 x 150 @2:10, 2 x 200 @ 2:40
1 x 250 @3:10
3 set of 200 kick
3 x 50 K @65, 55, 45
(desc 50 to 40 sec)
12 x 50 @ 1:00
1 - 4 desc (free 37-28)
(fly 34-29)
MONDAY — 19 days out
AM 6 x 150 @ 2:30
6 x 100K @ 2:00
6 x 50 (desc 1-3)@ 1:00
PM 200 swim
16 x 75 @1:05 (1-8 desc)
(55 to 48 secs)
300 kick
8 x 50 drill/full stroke @1:05
2 x 25 dive sprints
6 x 100 dive, in 3 groups @6 min
(10 sec broken at 50 and 75,
50 build-up, last 50 fast)
Free times 57, 56, 55.
Fly times 1:02, 1:01, 1:00
300 easy
6 x 100 K @2:05, 3 x 100 K @3:00
with 10 sec at 50, times are 1:30+
400 easy
TUESDAY
PM 800 swim
400 kick
10 x 50 K @ 1:05,10 x 50 S @ 1:05
4 sets of
4 x 25 pullbuoy @ 35
4 x 25 stroke @ 35
4 x 25 stretch tubing
4 x 25 tubing assisted
100 easy
WEDNESDAY — 17 days out
AM 2000 miscellaneous
PM 5 x 100 @ 1:40 descending
6 x 50, 3 @ 45, 3 @ 40
5 x 100 K @ 2:05 descending
6 x 50 drill/full stroke @1:05
300 drill
2 sets
1 x dive 25, 1 x dive 50
1 x dive 75 (10 sec at 50)
free: 11.3, 25.4, 39
fly 12.0, 26.9, 42.5
8 to 10 minutes rest between set
200 swim
4 sets of
50 kick easy
@1:30, 50 kick build @1:00
50 kick 25 fly / 25 free @1:30
50 kick fast @45
200 easy
8 DAYS OUT
PM 10 x 75 @ 1:05, 10 x 50 K @ 1:05
100 swim
3 sets of
2 x 25 @ 35, 1 x 50 @ 1:00
3 x 25 dive, 1 x 50 dive
400 swim
7 DAYS OUT
AM 1500 choice
PM 2000 warm up choice
1 x dive 15
1 x dive 100 time trial
6 x 150 @ 2:30
200 easy
LAST 6 DAYS
mostly 15-metre sprints
occasional 25 or 50
LOTS OF SLEEP

SWIMMER'S COMMENTS

My daily routine during the school period varies depending on my class schedule. During a winter taper — if I have no morning classes — which I try to arrange, I start the day at 10:30 am.

For breakfast I would eat a muffin or a bowl of cereal from my fridge. (I live in residence at U.of T.)

I go to the pool to swim my 2000 metres during rec. swim. Lunch is at the residence dining hall. Most of my classes are from 1 to 4 pm. That fits in well with the evening workout from 4 to 6 pm.

Dinner is at 6:30 pm. I usually have short sleep (40 min.) to recuperate. Evenings are spent on school work or with friends.

During the middle of the season my routine changes as I would attend the second workout, 8 to 9:45 am. Sometimes I do this workout on my own during rec. swim.

Land training and weights are done in the evening after I have studied for an hour or two, usually around 9:30 pm in the Athletic Centre.

SFU SWIM PROGRAM AXED

END OF AN ERA FOR PAUL SAVAGE

BURNABY—Budget cuts will eliminate the varsity swim program at Simon Fraser University at the end the current season.

Paul Savage, coach of the Clansmen for 19 years will also lose his job.

SFU athletic director Lorne Davies revealed that due to drastic budget cuts the decision was made to cut one of the six major sports programs.

The high cost of the SFU swimming program ($80,000) made it the best candidate for the axe.

"Swimming is the second most expensive sport (after football, which has an endowment fund and student athletic fees to help fund it)," Davies said. "We would have to cut two other programs to meet the same numbers."

Ironically, coach Savage has the longest tenure at SFU and boasts the most success of any sport with 12 NAIA championships during the period.

SFU pioneered athletic scholarships, and for that reason has never competed in the Canadian Interuniversity Athletic Union.

SFU swimming alumni are in the early stages of planning a fund-raising drive which will seek to make the swim team financially independent through establishment of an edowment fund. To put the team on a sound financial base $1 million would be needed. □

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50 fly	200 free	200 fly
50 back	100 fly	200 back
50 breast	100 back	200 breast
50 free	100 breast	800/1500 free
200 i.m.	4x50 free relay	
4x50 medley relay		

For information contact:
Kerry Mummery
Head Coach, Saskatoon Goldfin SC
(306) 373-2937

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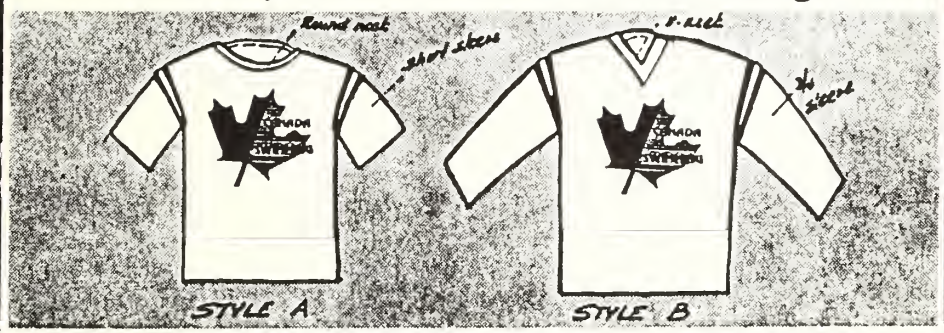

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Making Waves® Leader

Melissa Evans, *13, Edmonton Keyano SC*

Short Course (12)		*Long Course (13)*	
100 bk	3) 1:09.61	100 bk	12) 1:10.04
200 bk	3) 2:29.85	200 bk	15) 2:31.79
100 fly	29) 1:13.05		
100 fly	29) 1:13.05		
200 fly	17) 2:37.93		
200 im	10) 2:33.14		

Backstroker Melissa Evans reached her goal this summer of competing at Summer Nationals.

Swimming since the age of five, initially in Thunder Bay, with the last three years in Edmonton. Melissa likes backstroke best as she's been able to make the biggest drops in that stroke.

She finally qualified for nationals while competing at the Esso Youth Championships. She was a finalist in both her specialties, just under the national standard in the 100.

Training eight workouts a week, Melissa works constantly on her technique. "I have to remember to keep my knees low," she said, "Or I'll bounce too much. I try to make sure my little finger leads my hand entry."

At nationals, Melissa swam backstroke for the Keyanos in one of the three medley relay teams they placed in the final. Her time of 1:10.04 was her best of the summer.

She's fortunate to have a very strong girls team to train with, as well as being part of a 'real' swimming family. She's the youngest of three swimming children, and her father has accompanied some of Canada's international teams as a sport psychologist.

Brandt Summers, *14, Cascade Swim Club*

Short Course		*Long Course*	
50 fr	8) 25.71	50 fr	3) 26.29
100 fr	18) 57.24	100 fr	4) 57.16
200 fr	37) 2:06.50	200 fr	11) 2:05.70
100 fly	24) 1:04.25	100 fly	13) 1:03.27
200 im	33) 2:23.33		

A sprint specialist, in his fifth season of swimming, Summers has benefited from increased long course training.

Since the opening of the Lindsay Park Aquatic Centre in Calgary, it's become the home facility for the Cascade Swim Club.

"My coach wants me to work on my i.m." Summers said, "My best events are the sprint free and fly."

Ranked among the best in Alberta for the 13-14 age category, Summers, won the provincial title in the 100 free this July.

The grade eight student trains four mornings and six afternoons a week.

A finalist in the 100 free at the Western Junior Nationals, Summers helped his club to a third place finish in the 4x50 free relay with his 25.51 split.

His strong showing in the 13-14 age class earned him a spot on the Youth Team.

Gail Lorentz, *13, Edmonton Keyano SC*

Short Course (12)		*Long Course (13)*	
50 fr	4) 28.15	50 fr	9) 28.39
100 fr	7) 1:02.22	100 fr	28) 1:02.85
200 fr	12) 2:15.33	200 fr	47) 2:17.18
400 fr	17) 4:46.20	200 im	26) 2:32.30
800 fr	20) 9:53.07		
100 br	26) 1:23.22		
200 br	27) 2:58.80		
100 fly	11) 1:10.63		
200 im	2) 2:30.14		
400 im	4) 5:15.92		

The winner of the Western Junior Nationals 50 free, Lorentz is a top sprint free prospect.

Her winning time was 1/100th of a second under the national standard which she spent all year trying to reach.

Gail had her birthday in June which meant a change in age groups. She managed to rank in the top 10 in her specialty in both 11-12 and 13-14 categories.

Coached by Don Packer in the top age group at the Keyanos, Gail works on her endurance. "I train with the distance group," she said. "My best events are the sprint free, fly and i.m. but I don't have a strong finish in any of them."

The grade seven student is having the usual problem of fitting the training in with the schoolwork.

"Travel is one of the incentives," she said. "But you just got to want to do it."

It's been worthwhile as Gail recently earned a spot on the Youth Team.

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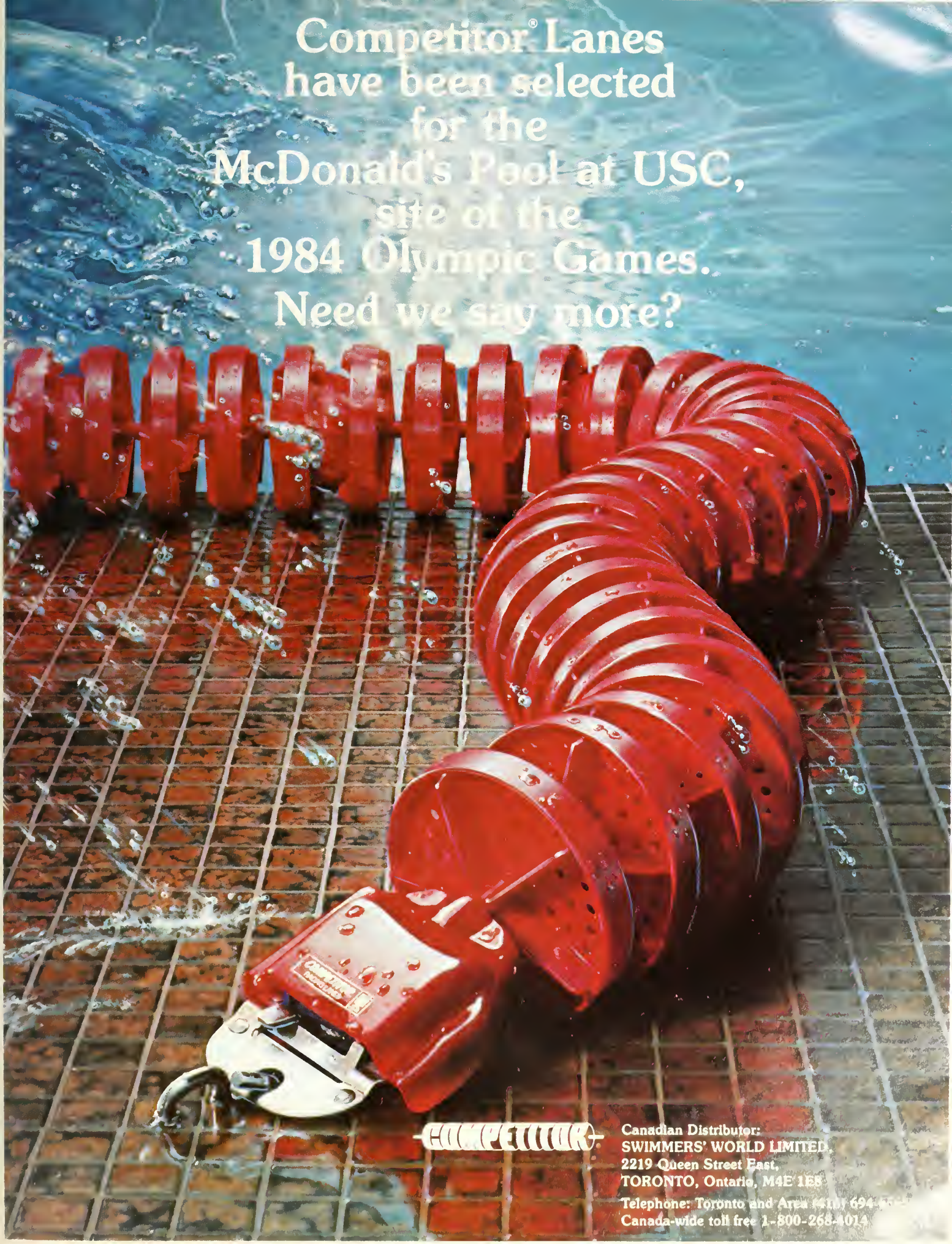

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